

NSWMA Indoor Records

22 June 2021

AGE GROUP	EVENT	HOLDER	RECORD	COMPETITION	DATE	AR/WR
M35	200 Meter Dash	Stone, Jay	22.68	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M35	400 Meter Run	Stone, Jay	50.25	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M35	Shot Put	Dowling, Ryan	10.89	NSWMA Indoor Meet, Somersby	12-May-19	
M35	Super Weight Throw	Jones, Warren	5.98	NSWMA Indoor Meet, Somersby	12-May-19	AR
M35	Weight Throw	Jones, Warren	10.62	NSWMA Indoor Meet, Somersby	03-Nov-19	
M40	60 Meter Dash	McMahon, Ashley	7.21	Southern Counties, Lee Valley, UK	21-Feb-16	AR
M40	200 Meter Dash	McMahon, Ashley	23.53	Southern Counties, Lee Valley, UK	21-Feb-16	AR
M40	400 Meter Run	McMahon, Ashley	53.32	UK Indoor, Lee Valley, UK	11-Mar-17	
M40	Triple Jump	Muscat, Jamie	8.04	NZ Indoor Masters Championships	05-Aug-18	AR
M40	Shot Put	Muscat, Jamie	13.61	NZ Indoor Masters Championships	04-Aug-18	AR
M40	Super Weight Throw	Muscat, Jamie	9.14	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
M40	Weight Throw	Muscat, Jamie	13.66	NSWMA Indoor Meet, Somersby	12-May-19	AR
M45	200 Meter Dash	Wardecki, Krzysztof	24.1	WMA Indoor VI Budapest, Hungary	25-Mar-14	
M45	400 Meter Run	Wardecki, Krzysztof	55.15	WMA Indoor VI Budapest, Hungary	25-Mar-14	
M45	1500 Meter Run	Purcell, Darren	4:21.88	WMA Indoor VIII Torun, Poland	24-Mar-19	
M45	1 Mile	Dalton, Colin	5:34.88	Houston, Texas, USA	13-Feb-16	AR
M45	3000 Meter Run	Purcell, Darren	9:14.14	WMA Indoor VIII Torun, Poland	24-Mar-19	AR
M45	60 Short Hurdles	Wardecki, Krzysztof	10.12	WMA Indoor VI Budapest, Hungary	25-Mar-14	AR
M45	Shot Put	Watson, Rodney	12.09	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
M45	Super Weight Throw	Watson, Rodney	7.19	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
M45	Weight Throw	Watson, Rodney	10.74	NSWMA Indoor Meet, Somersby	12-May-19	AR
M50	60 Meter Dash	Taylor, Dean	8.37	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M50	200 Meter Dash	Taylor, Dean	27.53	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M50	400 Meter Run	Taylor, Dean	1:01.10	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M50	800 Meter Run	PATERSON, Stuart	2:16.28	WMA Indoor III Clermond-Ferrand, France	15-Mar-08	
M50	1000 Meter Run	Jankowski, George	4:06.38	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M50	1500 Meter Run	Wilson, Kenneth	4:29.14	WMA Indoor VIII Torun, Poland	24-Mar-19	AR
M50	60 Short Hurdles	Taylor, Dean	10.59	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M50	High Jump	Jankowski, George	1.18	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M50	Long Jump	Jankowski, George	4.07	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M50	Pole Vault	Jankowski, George	2.65	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M50	Shot Put	Howlett, Anthony	9.09	NSWMA Indoor Meet, Somersby	20-Jun-21	
M50	Super Weight Throw	Howlett, Anthony	4.71	NSWMA Indoor Meet, Somersby	20-Jun-21	
M50	Weight Throw	Gibbs, Terrence	14.25	Unknown carnival (2007)		AR
M50	Indoor Pentathlon	Jankowski, George	1975	WMA Indoor VII Daegu, South Korea	19-Mar-17	

NSWMA Indoor Records

22 June 2021

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M55	60 Meter Dash	Crombie, Peter	7.81	USATF Indoor	29-Mar-03	AR
M55	200 Meter Dash	Crombie, Peter	24.85	USATF Indoor	30-Mar-03	AR
M55	400 Meter Run	Crombie, Peter	57.04	WMA Indoor I Sindelfingen, Germany	10-Mar-04	AR
M55	800 Meter Run	Sharpe, Brad	2:22.03	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M55	1000 Meter Run	FIENIEG, John	3:43.62	WMA Indoor V Jyvaskyla, Finland	03-Apr-12	
M55	1500 Meter Run	Sharpe, Brad	4:56.21	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M55	60 Short Hurdles	McGugan, Steve	9.94	WMA Indoor IV Kamloops, Canada	01-Mar-10	AR
M55	High Jump	FIENIEG, John	1.48	WMA Indoor V Jyvaskyla, Finland	03-Apr-12	AR
M55	Long Jump	MARRIOTT, Wayne	4.88	WMA Indoor V Jyvaskyla, Finland	03-Apr-12	
M55	Shot Put	Liggins, Stephen	10.83	NSWMA Indoor Championships, Somersby	01-Nov-20	
M55	Super Weight Throw	Clark, Robert	6.51	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
M55	Weight Throw	Clark, Robert	15.2	NSWMA Indoor Meet, Somersby	02-May-21	
M55	Indoor Pentathlon	FIENIEG, John	2932	WMA Indoor V Jyvaskyla, Finland	03-Apr-12	AR
M60	60 Meter Dash	Crombie, Peter	7.98	WMA Indoor II Linz, Austria	15-Mar-06	AR
M60	200 Meter Dash	Crombie, Peter	25.59	WMA Indoor II Linz, Austria	15-Mar-06	AR
M60	400 Meter Run	Crombie, Peter	57.62	USATF Indoor	25-Mar-06	AR
M60	1000 Meter Run	FIENIEG, John	3:46.38	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M60	1500 Meter Run	Mcdonnell, Roscoe	5:27.96	WMA Indoor VIII Torun, Poland	24-Mar-19	
M60	3000 Meter Run	Mcdonnell, Roscoe	11:45.31	WMA Indoor VIII Torun, Poland	24-Mar-19	
M60	60 Short Hurdles	BURGE, Conrad	9.78	WMA Indoor V Jyvaskyla, Finland	03-Apr-12	
M60	High Jump	FIENIEG, John	1.36	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M60	Long Jump	MARRIOTT, Wayne	4.44	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M60	Triple Jump	MARRIOTT, Wayne	8.64	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M60	Shot Put	BURGE, Conrad	8.87	WMA Indoor V Jyvaskyla, Finland	03-Apr-12	
M60	Indoor Pentathlon	FIENIEG, John	2891	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M65	60 Meter Dash	Crombie, Peter	8.35	WMA Indoor IV Kamloops, Canada	01-Mar-10	AR
M65	200 Meter Dash	Crombie, Peter	26.95	WMA Indoor IV Kamloops, Canada	01-Mar-10	AR
M65	400 Meter Run	Crombie, Peter	62.36	WMA Indoor IV Kamloops, Canada	01-Mar-10	AR
M65	1500 Meter Run	Schwebel, Ron	5:23.38	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M65	3000 Meter Run	Schwebel, Ron	11:28.11	WMA Indoor VII Daegu, South Korea	19-Mar-17	
M65	Shot Put	Murray, Gavin	11.69	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
M65	Super Weight Throw	Murray, Gavin	7.59	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
M65	Weight Throw	Murray, Gavin	15.24	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
M70	60 Meter Dash	Crombie, Peter	8.39	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M70	200 Meter Dash	Crombie, Peter	27.3	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M70	400 Meter Run	Crombie, Peter	1:03.29	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
M70	Shot Put	Archer, Robert	9.15	NSWMA Indoor Championships, Somersby	01-Nov-20	
M75	Shot Put	Donohoe, Noel	6.4	NSWMA Indoor Meet, Somersby	12-May-19	
M75	Super Weight Throw	Donohoe, Noel	4.77	NSWMA Indoor Meet, Somersby	12-May-19	AR
M75	Weight Throw	Donohoe, Noel	9.2	NSWMA Indoor Meet, Somersby	12-May-19	
M80	Shot Put	Donohoe, Noel	7.01	NSWMA Indoor Championships, Somersby	01-Nov-20	AR
M80	Super Weight Throw	Donohoe, Noel	7.51	NSWMA Indoor Championships, Somersby	01-Nov-20	AR
M80	Weight Throw	Donohoe, Noel	9.63	NSWMA Indoor Championships, Somersby	01-Nov-20	AR

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W35	60 Meter Dash	Hobson, Ranell	8.17	WMA Indoor IV Kamloops, Canada	01-Mar-10	
W35	200 Meter Dash	Hobson, Ranell	28.67	WMA Indoor IV Kamloops, Canada	01-Mar-10	AR
W35	Long Jump	Hobson, Ranell	4.43	WMA Indoor IV Kamloops, Canada	01-Mar-10	
W35	Shot Put	Adams, Kathleen	10.41	NSWMA Indoor Meet, Somersby	12-May-19	AR
W35	Super Weight Throw	Holahan, Melissa	6.89	NSWMA Indoor Meet, Somersby	12-May-19	AR
W35	Weight Throw	Holahan, Melissa	13.45	NSWMA Indoor Meet, Somersby	12-May-19	
W40	60 Meter Dash	Perry, Monique	7.94	WMA Indoor VIII Torun, Poland	24-Mar-19	AR
W40	200 Meter Dash	Perry, Monique	26.68	WMA Indoor VIII Torun, Poland	24-Mar-19	AR
W40	400 Meter Run	Kay, Marie	61.58	WMA Indoor I Sindelfingen, Germany	10-Mar-04	AR
W40	800 Meter Run	Coombe, Amanda	2:33.31	WMA Indoor IV Kamloops, Canada	01-Mar-10	
W40	1500 Meter Run	Kovacs, Kriszta	5:02.89	WMA Indoor VI Budapest, Hungary	25-Mar-14	AR
W40	60 Short Hurdles	Kay, Marie	9.71	WMA Indoor I Sindelfingen, Germany	10-Mar-04	AR
W40	High Jump	Kay, Marie	1.45	WMA Indoor I Sindelfingen, Germany	10-Mar-04	
W40	Long Jump	Kay, Marie	5.13	WMA Indoor I Sindelfingen, Germany	10-Mar-04	
W40	Shot Put	Hunter, Kelly	10.58	NSWMA Indoor Meet, Somersby	02-May-21	AR
W40	Super Weight Throw	Hunter, Kelly	6.67	NSWMA Indoor Meet, Somersby	02-May-21	AR
W40	Weight Throw	Hunter, Kelly	11.88	NSWMA Indoor Championships, Somersby	01-Nov-20	
W40	Indoor Pentathlon	Kay, Marie	3431	WMA Indoor I Sindelfingen, Germany	10-Mar-04	AR
W45	60 Meter Dash	Lambert, Lenore	8.22	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W45	200 Meter Dash	Delaney, Janelle	26.24	WMA Indoor VII Daegu, South Korea	19-Mar-17	
W45	400 Meter Run	Delaney, Janelle	58.68	WMA Indoor VII Daegu, South Korea	19-Mar-17	
W45	800 Meter Run	Kay, Marie	2:39.79	WMA Indoor II Linz, Austria	15-Mar-06	
W45	60 Short Hurdles	Kay, Marie	9.43	WMA Indoor II Linz, Austria	15-Mar-06	AR
W45	High Jump	Lambert, Lenore	1.54	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W45	Long Jump	Kay, Marie	5.41	WMA Indoor II Linz, Austria	15-Mar-06	
W45	Pole Vault	Ellis, Selina	1.9	WMA Indoor VII Daegu, South Korea	19-Mar-17	
W45	Triple Jump	Ellis, Selina	6.7	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W45	Shot Put	Layt, Caroline	10.93	WMA Indoor VI Budapest, Hungary	25-Mar-14	AR
W45	Super Weight Throw	Cimino, Maria	7.24	NSWMA Indoor Championships, Somersby	01-Nov-20	AR
W45	Weight Throw	LAYT, Caroline	11.67	WMA Indoor VI Budapest, Hungary	25-Mar-14	
W45	Indoor Pentathlon	Kay, Marie	4259	WMA Indoor II Linz, Austria	15-Mar-06	AR
W45	Relay 4x200 Meters	Suttor, Robyn Mogentale, Gianna Layt, Caroline Naylon, Janet	2:00.02	WMA Indoor VI Budapest, Hungary	25-Mar-14	AR
W50	60 Meter Dash	Mogentale, Gianna	8.21	WMA Indoor VI Budapest, Hungary	25-Mar-14	
W50	200 Meter Dash	Mogentale, Gianna	27.54	WMA Indoor VI Budapest, Hungary	25-Mar-14	
W50	400 Meter Run	Mogentale, Gianna	1:02.20	WMA Indoor VI Budapest, Hungary	25-Mar-14	AR
W50	800 Meter Run	Coombe, Amanda	3:01.83	WMA Indoor VIII Torun, Poland	24-Mar-19	
W50	3000 Meter Race Walk	Weekes, Anne	17:32.63	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W50	60 Short Hurdles	Wight, Philippa	11.16	WMA Indoor VII Daegu, South Korea	19-Mar-17	
W50	Long Jump	Naylon, Janet	3.87	WMA Indoor VII Daegu, South Korea	19-Mar-17	
W50	Shot Put	Watts, Gabriele	11.44	NSWMA Indoor Meet, Somersby	12-May-19	
W50	Super Weight Throw	Watts, Gabriele	11.11	NSWMA Indoor Meet, Somersby	12-May-19	AR
W50	Weight Throw	Watts, Gabriele	14.22	NSWMA Indoor Meet, Somersby	12-May-19	TBC

NSWMA Indoor Records			22 June 2021			
AGE GROUP	EVENT	HOLDER	RECORD	COMPETITION	DATE	AR/WR
W55	60 Meter Dash	Douglass, Lynda	8.71	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W55	200 Meter Dash	Douglass, Lynda	29.52	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W55	400 Meter Run	SUTTOR, Robyn	1:09.99	WMA Indoor VI Budapest, Hungary	25-Mar-14	AR
W55	800 Meter Run	Drennan, Deborah	2:42.69	Unknown carnival (2016)		AR
		Drennan, Deborah	2:43.00	WMA Indoor VII Daegu, South Korea	19-Mar-17	
W55	1500 Meter Run	Drennan, Deborah	5:48.28	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W55	3000 Meter Race Walk	Weekes, Anne	18:16.19	WMA Indoor VIII Torun, Poland	24-Mar-19	
W55	60 Short Hurdles	Stagles, Sally	9.82	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W55	Long Jump	Stagles, Sally	4.13	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W55	Shot Put	Watts, Gabriele	11.31	NSWMA Indoor Meet, Somersby	02-May-21	AR
W55	Super Weight Throw	Watts, Gabriele	9.87	NSWMA Indoor Meet, Somersby	02-May-21	AR
W55	Weight Throw	Watts, Gabriele	14.08	NSWMA Indoor Meet, Somersby	02-May-21	AR
W60	60 Meter Dash	Suttor, Robyn	9.48	WMA Indoor VIII Torun, Poland	24-Mar-19	
W60	200 Meter Dash	Suttor, Robyn	31.91	WMA Indoor VIII Torun, Poland	24-Mar-19	
W60	400 Meter Run	Suttor, Robyn	1:17.07	WMA Indoor VIII Torun, Poland	24-Mar-19	
W60	800 Meter Run	Drennan, Deborah	2:48.23	WMA Indoor VIII Torun, Poland	24-Mar-19	
W60	1500 Meter Run	Drennan, Deborah	5:49.57	WMA Indoor VIII Torun, Poland	24-Mar-19	
W60	60 Short Hurdles	Suttor, Robyn	10.35	WMA Indoor VIII Torun, Poland	24-Mar-19	
W60	Triple Jump	Taylor, Jill	6.55	WMA Indoor VIII Torun, Poland	24-Mar-19	
W60	Shot Put	Taylor, Jill	9.01	WMA Indoor VIII Torun, Poland	24-Mar-19	AR
W60	Super Weight Throw	Taylor, Jill	9.43	NSWMA Indoor Meet, Somersby	03-Nov-19	
W60	Weight Throw	Taylor, Jill	13.78	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
W65	200 Meter Dash	Moorhouse, Paula	34.61	WMA Indoor VI Budapest, Hungary	25-Mar-14	
W65	400 Meter Run	Moorhouse, Paula	1:15.94	WMA Indoor VI Budapest, Hungary	25-Mar-14	
W65	800 Meter Run	Moorhouse, Paula	3:03.06	WMA Indoor VII Daegu, South Korea	19-Mar-17	
W65	1500 Meter Run	Moorhouse, Paula	6:24.89	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W65	Shot Put	Taylor, Jill	8.45	NSWMA Indoor Championships, Somersby	01-Nov-20	AR
W65	Super Weight Throw	Taylor, Jill	9.94	NSWMA Indoor Championships, Somersby	01-Nov-20	AR
W65	Weight Throw	Taylor, Jill	14.44	NSWMA Indoor Meet, Somersby	20-Jun-21	AR
W70	400 Meter Run	Moorhouse, Paula	1:28.71	WMA Indoor VIII Torun, Poland	24-Mar-19	AR
W70	800 Meter Run	Moorhouse, Paula	3:35.10	WMA Indoor VIII Torun, Poland	24-Mar-19	
W70	1500 Meter Run	Moorhouse, Paula	7:35.95	WMA Indoor VIII Torun, Poland	24-Mar-19	
W70	Shot Put	Thomas, Mary	8.08	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W70	Super Weight Throw	Thomas, Mary	6.29	NSWMA Indoor Meet, Somersby	12-May-19	AR
W70	Weight Throw	Thomas, Mary	10.34	WMA Indoor VII Daegu, South Korea	19-Mar-17	AR
W75	Shot Put	Thomas, Mary	8.36	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
W75	Super Weight Throw	Thomas, Mary	7.86	NSWMA Indoor Meet, Somersby	03-Nov-19	AR
W75	Weight Throw	Thomas, Mary	11.34	NSWMA Indoor Meet, Somersby	03-Nov-19	

NSWMA Indoor Records 22 June 2021							
AGE GROUP	EVENT	HOLDER	RESULT	POINTS	COMPETITION	DATE	AR/WR
M50	Indoor Pentathlon	Jankowski, George	1975		WMA Indoor VII Daegu, South Korea	19-Mar-17	
	60 Short Hurdles		11.21	539			
	Long Jump		4.05	377			
	Shot Put		7.38	405			
	High Jump		1.18	297			
	1000 Meter Run		4:06.38	357			
M55	Indoor Pentathlon	FIENIEG, John	2932		WMA Indoor V Jyväskylä, Finland	03-Apr-12	
	60 Short Hurdles		11.45	581			
	Long Jump		4.57	584			
	Shot Put		8.51	534			
	High Jump		1.48	636			
	1000 Meter Run		3:43.62	597			
M60	Indoor Pentathlon	FIENIEG, John	2891		WMA Indoor VII Daegu, South Korea	19-Mar-17	
	60 Short Hurdles		12.04	539			
	Long Jump		4.19	563			
	Shot Put		8.55	526			
	High Jump		1.36	602			
	1000 Meter Run		3:46.38	661			
W40	Indoor Pentathlon	Kay, Marie	3431		WMA Indoor Sindelfingen, Germany	10-Mar-04	
	60 Short Hurdles		9.71	952			
	High Jump		1.45	736			
	Shot Put 4kg		8.8	514			
	Long Jump		5.13	756			
	800 Meter Run		2:57.32	473			
W45	Indoor Pentathlon	Kay, Marie	4259		WMA Indoor II Linz, Austria	15-Mar-06	
	60 Short Hurdles		9.43	1026			
	High Jump		1.51	916			
	Shot Put 4kg		10.02	658			
	Long Jump		5.27	912			
	800 Meter Run		2:39.79	747			