

Heavy Weight Pentathlon Score Sheet					NSWMA HWP Championships					Saturday, March 22, 2014						
(Version 2.1 - 24 September 2009 (incorporating the 45lb weight) (This temporary version amended June 2010 by Don Quinn))								Kerryn McCann Athletics Centre, Wollongong								
Bob Banens, Australian Masters Athletics, banens@ozemail.com.au; +61 2 62623405																
Competitor	Origin	Age Grp	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Distance	Score	Total score	Age Grp		
M30-M45			20lb		25lb		35lb		45lb		56lb					
Anatoly Kirievsky		M35-39	15.64	524	12.99	519	9.84	465	7.89	510	6.51	546	2564	M35	1st	
Rodney Watson		M40-44	16.21	597	12.85	561	10.86	575	7.29	508	5.86	526	2767	M40	1st	
Matt Stenning		M45-49	15.74	631	14.45	704	10.60	613	6.71	506	5.93	594	3048	M45	1st	
M50-M55			16lb		20lb		25lb		35lb		45lb (20kg)					
Stuart Gyngell		M50-54	21.26	800	20.04	921	17.43	984	13.39	907	9.94	916	4528	M50	1st	NSWMA Record
Gavin Murray		M55-59	17.59	705	15.85	785	13.20	781	8.83	605	7.94	765	3641	M55	1st	NSWMA Record
M60-M65			12lb		16lb		20lb		25lb		35lb					
Dave Ross		M60-64	13.26	453	12.49	549	10.50	573	9.26	590	7.55	573	2738	M60	1st	NSWMA Record
M70-M75			8.8lb (4kg)		12lb		16lb		20lb		25lb					
Ron Bragg		M70-74	12.95	543	12.18	623	10.24	635	7.97	559	5.66	449	2809	M70	1st	
Ron Simcock		M75-79	17.70	937	15.78	994	12.82	959	10.54	925	8.86	936	4751	M75	1st	
W30-W45			12lb		16lb		20lb		25lb		35lb					
Samantha Latanis		W40-44	13.91	651	12.39	760	9.80	724	7.94	675	5.67	571	3381	W40	1st	NSWMA Record
Kellie Watson		W40-44	11.73	535	10.22	608	7.81	552	5.66	441	5.30	523	2659	W40	2nd	
W60-W75			6.6lb (3kg)		8.8lb (4kg)		12lb		16lb		20lb					
Adriana van Bockel		W60-64	11.91	478	9.21	431	8.06	482	6.94	506	5.23	440	2337	W60	1st	