

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 60 Metre Sprint 30-34**

	Name	Age	Team	Finals	Wind
Finals					
1	Wolski, Lisa	30	Randwick Botany Harriers Athle	8.20	-0.1
2	Morison, Liz	34	Sydney Pacific Athletic Club I	9.61	-0.1

Women 100 Metre Sprint 30-34

	Name	Age	Team	Finals	Wind
Finals					
1	Wolski, Lisa	30	Randwick Botany Harriers Athle	12.80	0.9
2	Harris, Teresa	30	Hills District Athletic Club I	13.08	0.9
3	Morison, Liz	34	Sydney Pacific Athletic Club I	15.32	0.9
4	Austin, Katie	30	Armidale Athletics Club	15.37	0.9

Women 200 Metre Sprint 30-34

	Name	Age	Team	Finals	Wind
Finals					
1	Smith, Melissa	31	Asics Wests Track & Field Club	28.52	NWI
2	Riley, Michelle	31	Hills District Athletic Club I	28.90	NWI

Women 400 Metre Sprint 30-34

	Name	Age	Team	Finals
Finals				
1	Rich, Amber	31	Orange Runners Club	70.98
2	Austin, Katie	30	Armidale Athletics Club	73.66

Women 800 Metre Run 30-34

	Name	Age	Team	Finals
Finals				
1	Austin, Katie	30	Armidale Athletics Club	2:49.65

Women 1500 Metre Run 30-34

	Name	Age	Team	Finals
Finals				
1	Rich, Amber	31	Orange Runners Club	5:19.46
2	Austin, Katie	30	Armidale Athletics Club	5:56.15

Women 5000 Metre Run 30-34

	Name	Age	Team	Finals
Finals				
1	Thompson, Lisa	34	Athletics East	19:22.71
2	Simpson, Elizabeth	34	Orange Runners Club	20:49.77

Women 100 Metre Hurdles 84.0cm 30-34

	Name	Age	Team	Finals	Wind
Finals					
1	Harris, Teresa	30	Hills District Athletic Club I	15.72	1.0

Women Pole Vault 30-34

Competition called due to thunderstorms

	Name	Age	Team	Finals
Finals				
1	Nalpas, Scarlett	30	Bankstown Sports Senior Athlet	2.70m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women Long Jump 30-34**

	Name	Age	Team	Finals	Wind
Finals					
1	Riley, Michelle	31	Hills District Athletic Club I	4.67m	NWI
2	Smith, Melissa	31	Asics Wests Track & Field Club	4.66m	NWI

Women Triple Jump 30-34

	Name	Age	Team	Finals	Wind
Finals					
1	Harris, Teresa	30	Hills District Athletic Club I	10.46m	NWI
2	Smith, Melissa	31	Asics Wests Track & Field Club	10.12m	NWI

Women Shot Put 4kg 30-34

	Name	Age	Team	Finals
Finals				
1	Dickson, Sharyn	34	Nsw Masters Athletics Inc.	9.18m

Women Discus Throw 1kg 30-34

	Name	Age	Team	Finals
Finals				
1	Dickson, Sharyn	34	Nsw Masters Athletics Inc.	33.87m
2	Austin, Katie	30	Armidale Athletics Club	26.21m
3	Micallef, Ashley	30	Girraween Athletics Club	19.90m

Women Hammer Throw 4kg 30-34

	Name	Age	Team	Finals
Finals				
1	Dickson, Sharyn	34	Nsw Masters Athletics Inc.	29.83m
2	Austin, Katie	30	Armidale Athletics Club	16.65m

Women Javelin Throw 600g 30-34

	Name	Age	Team	Finals
Finals				
1	Austin, Katie	30	Armidale Athletics Club	28.32m
2	Dickson, Sharyn	34	Nsw Masters Athletics Inc.	27.77m

Women Weight Throw 9.080kg 30-34

	Name	Age	Team	Finals
Finals				
1	Dickson, Sharyn	34	Nsw Masters Athletics Inc.	9.72m
2	Austin, Katie	30	Armidale Athletics Club	6.15m

Women 60 Metre Sprint 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Bolakis, Alison	37	Westlakes Athletic Club Inc.	8.87	-0.1
2	Photi, Diana	38	Nsw Masters Athletics Inc.	9.35	-0.1
3	Nelson, Danielle	35	Campbelltown Uws Collegians At	9.67	-0.1
4	Steele, Amanda	38	Campbelltown Uws Collegians At	9.77	-0.1

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 100 Metre Sprint 35-39**

	Name	Age	Team	Finals	Wind
Finals					
1	Reed, Yael	36	U.T.S. Northern Suburbs Athlet	13.22	0.9
2	Smart, Erin	36	Nowra Athletics Club	13.34	0.9
3	Bolakis, Alison	37	Westlakes Athletic Club Inc.	13.86	0.9
4	Photi, Diana	38	Nsw Masters Athletics Inc.	15.00	0.9
5	Westcott, Belinda	38	Nepean District Athletic Club	15.40	0.9
6	Steele, Amanda	38	Campbelltown Uws Collegians At	16.64	0.9

Women 200 Metre Sprint 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Smart, Erin	36	Nowra Athletics Club	27.11	-2.3
2	Reed, Yael	36	U.T.S. Northern Suburbs Athlet	27.48	-2.3
3	Cooper, Kylie	37	Campbelltown Uws Collegians At	27.48	-2.3
4	Steele, Amanda	38	Campbelltown Uws Collegians At	36.28	-2.3

Women 400 Metre Sprint 35-39

	Name	Age	Team	Finals
Finals				
1	Smart, Erin	36	Nowra Athletics Club	58.63
2	Cooper, Kylie	37	Campbelltown Uws Collegians At	61.31
3	Reed, Yael	36	U.T.S. Northern Suburbs Athlet	62.60
4	Westcott, Belinda	38	Nepean District Athletic Club	76.55

Women 800 Metre Run 35-39

	Name	Age	Team	Finals
Finals				
1	Cooper, Kylie	37	Campbelltown Uws Collegians At	2:29.17
2	Smart, Erin	36	Nowra Athletics Club	2:29.42
3	Clayton, Alice	38	Hills District Athletic Club I	2:36.76
4	Miller-Pickering, Nikki	37	Armidale Athletics Club	3:19.71

Women 1500 Metre Run 35-39

	Name	Age	Team	Finals
Finals				
1	Clayton, Alice	38	Hills District Athletic Club I	5:09.86
2	Vrachliotis, Heather	35	Sydney Pacific Athletic Club I	5:12.15

Women 5000 Metre Run 35-39

	Name	Age	Team	Finals
Finals				
1	Crossley, Stephanie	36	Athletics East	19:18.28
2	Keehn, Bianca	36	Nepean District Athletic Club	24:35.44

Women 100 Metre Hurdles 84.0cm 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Jones, Angela	39	Mingara Athletics Club Inc.	23.09	1.0

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 2000 Metre Steeplechase 76.2cm 35-39**

	Name	Age	Team	Finals
Finals				
1	Miller-Pickering, Nikki	37	Armidale Athletics Club	11:17.72

Women High Jump 35-39

	Name	Age	Team	Finals
Finals				
1	Jones, Angela	39	Mingara Athletics Club Inc.	1.25m

Women Long Jump 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Wilcock, Ingrid	39	Illawong Revesby Workers Athle	4.40m	NWI
2	Photi, Diana	38	Nsw Masters Athletics Inc.	4.16m	NWI
3	Bolakis, Alison	37	Westlakes Athletic Club Inc.	3.88m	NWI
4	Nelson, Danielle	35	Campbelltown Uws Collegians At	3.83m	NWI

Women Triple Jump 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Wilcock, Ingrid	39	Illawong Revesby Workers Athle	9.47m	NWI
2	Photi, Diana	38	Nsw Masters Athletics Inc.	8.37m	NWI
3	Bolakis, Alison	37	Westlakes Athletic Club Inc.	8.34m	NWI
4	Jones, Angela	39	Mingara Athletics Club Inc.	8.06m	NWI
5	Miller-Pickering, Nikki	37	Armidale Athletics Club	7.19m	NWI

Women Shot Put 4kg 35-39

	Name	Age	Team	Finals
Finals				
1	Thomson, Audrey	39	Wyong Athletics Centre Inc	9.20m
2	Nelson, Danielle	35	Campbelltown Uws Collegians At	8.75m
3	Jones, Angela	39	Mingara Athletics Club Inc.	8.75m
4	Photi, Diana	38	Nsw Masters Athletics Inc.	8.10m
5	Keehn, Bianca	36	Nepean District Athletic Club	6.98m

Women Discus Throw 1kg 35-39

	Name	Age	Team	Finals
Finals				
1	Jones, Angela	39	Mingara Athletics Club Inc.	33.81m
2	Nelson, Danielle	35	Campbelltown Uws Collegians At	30.07m
3	Thomson, Audrey	39	Wyong Athletics Centre Inc	25.64m
4	Photi, Diana	38	Nsw Masters Athletics Inc.	23.30m
5	Holahan, Melissa	35	Wallsend Rsl Athletic Club	22.61m
6	Baulman, Melissa	35	U.T.S. Northern Suburbs Athlet	21.32m
7	Wilcock, Ingrid	39	Illawong Revesby Workers Athle	19.26m

Women Hammer Throw 4kg 35-39

	Name	Age	Team	Finals
Finals				
1	Holahan, Melissa	35	Wallsend Rsl Athletic Club	38.98m
2	Thomson, Audrey	39	Wyong Athletics Centre Inc	29.47m
3	Baulman, Melissa	35	U.T.S. Northern Suburbs Athlet	26.06m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Women Hammer Throw 4kg 35-39)**

	Name	Age	Team	Finals
4	Nelson, Danielle	35	Campbelltown Uws Collegians At	23.46m
5	Jones, Angela	39	Mingara Athletics Club Inc.	21.86m
6	Photi, Diana	38	Nsw Masters Athletics Inc.	18.85m
7	Westcott, Belinda	38	Nepean District Athletic Club	16.66m

Women Javelin Throw 600g 35-39

	Name	Age	Team	Finals
Finals				
1	Jones, Angela	39	Mingara Athletics Club Inc.	25.32m
2	Photi, Diana	38	Nsw Masters Athletics Inc.	25.03m
3	Smith, Madeleine	35	Hills District Athletic Club I	23.49m
4	Crossley, Stephanie	36	Athletics East	20.53m
5	Miller-Pickering, Nikki	37	Armidale Athletics Club	20.23m
6	Baulman, Melissa	35	U.T.S. Northern Suburbs Athlet	17.63m
7	Holahan, Melissa	35	Wallsend Rsl Athletic Club	16.84m

Women Weight Throw 9.080kg 35-39

	Name	Age	Team	Finals
Finals				
1	Holahan, Melissa	35	Wallsend Rsl Athletic Club	12.47m
2	Thomson, Audrey	39	Wyong Athletics Centre Inc	9.20m
3	Jones, Angela	39	Mingara Athletics Club Inc.	8.56m
4	Baulman, Melissa	35	U.T.S. Northern Suburbs Athlet	6.35m

Women 60 Metre Sprint 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Perry, Monique	44	U.T.S. Northern Suburbs Athlet	8.28	-2.6
2	Hill, Alina	42	Coffs Harbour Track and Field	8.54	-2.6
3	Davis, Joanna	42	U.T.S. Northern Suburbs Athlet	9.29	-2.6
4	Guevara, Sarah	40	Illawarra Blue Stars Athletic	9.48	-2.6

Women 100 Metre Sprint 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Perry, Monique	44	U.T.S. Northern Suburbs Athlet	12.87	0.4
2	Hill, Alina	42	Coffs Harbour Track and Field	13.42	0.4
3	Davis, Joanna	42	U.T.S. Northern Suburbs Athlet	14.58	0.4
4	Guevara, Sarah	40	Illawarra Blue Stars Athletic	15.54	0.4

Women 200 Metre Sprint 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Perry, Monique	44	U.T.S. Northern Suburbs Athlet	27.15	-0.7
2	Hill, Alina	42	Coffs Harbour Track and Field	28.07	-0.7
3	Davis, Joanna	42	U.T.S. Northern Suburbs Athlet	31.07	-0.7
4	Guevara, Sarah	40	Illawarra Blue Stars Athletic	32.33	-0.7

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 400 Metre Sprint 40-44**

	Name	Age	Team	Finals
Finals				
1	Briffa, Renee	44	Athletics East	60.89
2	Fletcher, Kimberley	40	Maitland Senior and Little Ath	61.49
3	Hill, Alina	42	Coffs Harbour Track and Field	64.01
4	Bailey, Joanna	44	Unattached	70.41
5	Davis, Joanna	42	U.T.S. Northern Suburbs Athlet	71.34
6	Guilfoyle, Louise	41	Sydney Pacific Athletic Club I	71.63

Women 800 Metre Run 40-44

	Name	Age	Team	Finals
Finals				
1	Fletcher, Kimberley	40	Maitland Senior and Little Ath	2:25.22
2	Paisio, Cindy	40	Athletics East	2:31.88
3	Bailey, Joanna	44	Unattached	2:38.83
4	Dellow, Anna	42	Armidale Athletics Club	2:52.94
5	Heinecke, Kayleen	40	Mingara Athletics Club Inc.	2:59.02

Women 1500 Metre Run 40-44

	Name	Age	Team	Finals
Finals				
1	Bailey, Joanna	44	Unattached	5:33.87
2	Dellow, Anna	42	Armidale Athletics Club	6:04.16
3	Heinecke, Kayleen	40	Mingara Athletics Club Inc.	6:06.11

Women 5000 Metre Run 40-44

	Name	Age	Team	Finals
Finals				
1	Fitzgerald, Anna	41	Run Crew	18:49.35
2	Heinecke, Kayleen	40	Mingara Athletics Club Inc.	23:34.48

Women High Jump 40-44

	Name	Age	Team	Finals
Finals				
1	Ros, Montse	40	Athletics Wollongong Inc.	1.35m
2	Hill, Alina	42	Coffs Harbour Track and Field	1.35m

Women Pole Vault 40-44

	Name	Age	Team	Finals
Finals				
1	Ros, Montse	40	Athletics Wollongong Inc.	2.50m

Women Long Jump 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Guevara, Sarah	40	Illawarra Blue Stars Athletic	4.33m	NWI
2	Hill, Alina	42	Coffs Harbour Track and Field	4.27m	NWI

Women Triple Jump 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Ros, Montse	40	Athletics Wollongong Inc.	8.99m	NWI

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Women Triple Jump 40-44)**

	Name	Age	Team	Finals	Wind
2	Hill, Alina	42	Coffs Harbour Track and Field	8.93m	NWI
3	Heinecke, Kayleen	40	Mingara Athletics Club Inc.	7.31m	NWI

Women Shot Put 4kg 40-44

	Name	Age	Team	Finals
Finals				
1	Blackman, Kate	40	Mudgee Athletics	8.93m
2	Barton, Trudie	40	Illawong Revesby Workers Athle	7.23m

Women Discus Throw 1kg 40-44

	Name	Age	Team	Finals
Finals				
1	Blackman, Kate	40	Mudgee Athletics	27.65m
2	Barton, Trudie	40	Illawong Revesby Workers Athle	23.43m
3	Dellow, Anna	42	Armidale Athletics Club	14.50m
4	Maclaine, Angela	43	Epping Athletics Club	13.17m

Women Hammer Throw 4kg 40-44

	Name	Age	Team	Finals
Finals				
1	Barton, Trudie	40	Illawong Revesby Workers Athle	20.82m
2	Heinecke, Kayleen	40	Mingara Athletics Club Inc.	16.63m

Women Javelin Throw 600g 40-44

	Name	Age	Team	Finals
Finals				
1	Knowles, Renae	44	Nsw Masters Athletics Inc.	20.37m
2	Barton, Trudie	40	Illawong Revesby Workers Athle	20.11m

Women Weight Throw 9.080kg 40-44

	Name	Age	Team	Finals
Finals				
1	Knowles, Renae	44	Nsw Masters Athletics Inc.	8.20m
2	Barton, Trudie	40	Illawong Revesby Workers Athle	7.86m
3	Heinecke, Kayleen	40	Mingara Athletics Club Inc.	5.35m

Women 60 Metre Sprint 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Lambert, Lenore	49	Nsw Masters Athletics Inc.	8.62	-2.9
2	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	8.79	-2.9
3	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	9.08	-2.9
4	Bishop, Jennifer	48	Cherrybrook Senior & Little At	9.20	-2.9
5	Iggulden, Mia	46	Coffs Harbour Track and Field	9.26	-2.9
6	Carter, Janie	49	Coastal Track and Trail Runner	10.03	-2.9

Women 100 Metre Sprint 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	13.74	0.7
2	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	14.38	0.7
3	Iggulden, Mia	46	Coffs Harbour Track and Field	14.67	0.7

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Women 100 Metre Sprint 45-49)**

	Name	Age	Team	Finals	Wind
4	Bishop, Jennifer	48	Cherrybrook Senior & Little At	14.77	0.7

Women 200 Metre Sprint 45-49

	Name	Age	Team	Finals	Wind
1	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	28.99	-0.7
2	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	31.86	-0.7

Women 400 Metre Sprint 45-49

	Name	Age	Team	Finals
1	Lambert, Lenore	49	Nsw Masters Athletics Inc.	61.54
2	Carter, Janie	49	Coastal Track and Trail Runner	72.14

Women 800 Metre Run 45-49

	Name	Age	Team	Finals
1	Kovacs, Kriszta	45	Cantoo	2:28.27
2	Horley, Kirsten	45	Sydney Pacific Athletic Club I	2:41.98

Women 1500 Metre Run 45-49

	Name	Age	Team	Finals
1	Kovacs, Kriszta	45	Cantoo	5:24.61
2	Gregory, Jude	49	Athletics East	5:45.52

Women 5000 Metre Run 45-49

	Name	Age	Team	Finals
1	hannah, Sally	46	Athletics East	20:41.97

Women 80 Metre Hurdles 76.2cm 45-49

	Name	Age	Team	Finals	Wind
1	Lambert, Lenore	49	Nsw Masters Athletics Inc.	12.94	-1.3
2	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	13.42	-1.3
3	Bishop, Jennifer	48	Cherrybrook Senior & Little At	14.37	-1.3
4	Iggulden, Mia	46	Coffs Harbour Track and Field	17.03	-1.3

Women 2000 Metre Steeplechase 76.2cm 45-49

	Name	Age	Team	Finals
1	Suffolk, Cristine	48	Victory Runners Inc.	10:00.18

Women High Jump 45-49

	Name	Age	Team	Finals
1	Bishop, Jennifer	48	Cherrybrook Senior & Little At	1.40m
2	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	1.40m
3	Iggulden, Mia	46	Coffs Harbour Track and Field	1.20m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women Long Jump 45-49**

	Name	Age	Team	Finals	Wind
Finals					
1	Lambert, Lenore	49	Nsw Masters Athletics Inc.	4.97m	NWI
2	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	4.78m	NWI
3	Bishop, Jennifer	48	Cherrybrook Senior & Little At	4.08m	NWI
4	Iggulden, Mia	46	Coffs Harbour Track and Field	4.04m	NWI
5	Carter, Janie	49	Coastal Track and Trail Runner	3.75m	NWI

Women Triple Jump 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	9.99m	NWI
2	Bishop, Jennifer	48	Cherrybrook Senior & Little At	8.56m	NWI
3	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	8.48m	NWI
4	Iggulden, Mia	46	Coffs Harbour Track and Field	7.77m	NWI

Women Shot Put 4kg 45-49

	Name	Age	Team	Finals
Finals				
1	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	8.92m
2	Bishop, Jennifer	48	Cherrybrook Senior & Little At	8.90m
3	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	8.77m

Women Discus Throw 1kg 45-49

	Name	Age	Team	Finals
Finals				
1	Carter, Janie	49	Coastal Track and Trail Runner	28.62m
2	Bishop, Jennifer	48	Cherrybrook Senior & Little At	27.05m
3	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	27.04m

Women Hammer Throw 4kg 45-49

	Name	Age	Team	Finals
Finals				
1	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	34.77m
2	Gardner, Rachel	47	Athletics Wollongong Inc.	21.93m

Women Javelin Throw 600g 45-49

	Name	Age	Team	Finals
Finals				
1	Bohdan, Alice	46	U.T.S. Northern Suburbs Athlet	26.61m
2	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	25.04m
3	Bishop, Jennifer	48	Cherrybrook Senior & Little At	18.10m

Women Weight Throw 9.080kg 45-49

	Name	Age	Team	Finals
Finals				
1	Cimino, Maria	47	U.T.S. Northern Suburbs Athlet	11.12m
2	Gardner, Rachel	47	Athletics Wollongong Inc.	7.96m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 5000 Metre Race Walk 45-49**

Name	Age	Team	Finals
Finals			
--- Suffolk, Cristine	48	Victory Runners Inc.	DQ

Women 60 Metre Sprint 50-54

Name	Age	Team	Finals	Wind
Finals				
1 Townsend, Vicki	54	Nsw Masters Athletics Inc.	9.44	-2.7
2 Moore, Rosemarie	53	U.T.S. Northern Suburbs Athlet	9.80	-2.7
3 culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	10.01	-2.7
4 Malovic, Veronica	51	Mounties	10.14	-2.7

Women 100 Metre Sprint 50-54

Name	Age	Team	Finals	Wind
Finals				
1 Townsend, Vicki	54	Nsw Masters Athletics Inc.	14.41	0.2
2 Wearne, Sylvette	54	Mounties	14.66	0.2
3 Moore, Rosemarie	53	U.T.S. Northern Suburbs Athlet	15.57	0.2
4 culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	15.59	0.2
5 Malovic, Veronica	51	Mounties	15.80	0.2
6 Koribalski, Baerbel	54	Epping Athletics Club	15.83	0.2

Women 200 Metre Sprint 50-54

Name	Age	Team	Finals	Wind
Finals				
1 Townsend, Vicki	54	Nsw Masters Athletics Inc.	30.50	-1.0
2 Wearne, Sylvette	54	Mounties	30.69	-1.0
3 Webster, Alissa	50	Athletics Wollongong Inc.	31.48	-1.0
4 culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	32.70	-1.0

Women 400 Metre Sprint 50-54

Name	Age	Team	Finals
Finals			
1 Webster, Alissa	50	Athletics Wollongong Inc.	72.29
2 Coombe, Amanda	51	Sydney Pacific Athletic Club I	74.19
3 culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	75.26
4 Durston, Bev	54	Mingara Athletics Club Inc.	1:38.23

Women 800 Metre Run 50-54

Name	Age	Team	Finals
Finals			
1 Coombe, Amanda	51	Sydney Pacific Athletic Club I	2:56.13
2 Smith, Robyn	52	Athletics East	2:57.10
3 Hernando, Linda	50	UP Coaching	3:05.20

Women 1500 Metre Run 50-54

Name	Age	Team	Finals
Finals			
1 Stanley, Karen	54	Illawong Revesby Workers Athle	5:27.70
2 Hernando, Linda	50	UP Coaching	5:48.88
3 Smith, Robyn	52	Athletics East	6:24.36
4 Durston, Bev	54	Mingara Athletics Club Inc.	7:19.21

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 5000 Metre Run 50-54**

	Name	Age	Team	Finals
Finals				
1	Hernando, Linda	50	UP Coaching	21:30.20
2	Chase, Colette	50	UP Coaching	22:03.06
3	Wright, Jacquelyn	51	Athletics East	24:36.78
4	Durston, Bev	54	Mingara Athletics Club Inc.	26:10.33

Women 80 Metre Hurdles 76.2cm 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Townsend, Vicki	54	Nsw Masters Athletics Inc.	15.12	2.1
2	Wearne, Sylvette	54	Mounties	17.80	2.1

Women High Jump 50-54

	Name	Age	Team	Finals
Finals				
1	Townsend, Vicki	54	Nsw Masters Athletics Inc.	1.25m
1	Koribalski, Baerbel	54	Epping Athletics Club	1.25m

Women Long Jump 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Townsend, Vicki	54	Nsw Masters Athletics Inc.	3.82m	NWI
2	Koribalski, Baerbel	54	Epping Athletics Club	3.73m	NWI
3	culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	3.70m	NWI

Women Triple Jump 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Townsend, Vicki	54	Nsw Masters Athletics Inc.	8.38m	NWI
2	culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	8.20m	NWI
3	Malovic, Veronica	51	Mounties	6.67m	NWI

Women Shot Put Seated 50-54

	Name	Age	Team	Finals
Finals				
1	Neuenkirchen, Kim	51	U.T.S. Northern Suburbs Athlet	3.36m

Women Shot Put 3kg 50-54

	Name	Age	Team	Finals
Finals				
1	Watts, Gabriele	52	Nepean District Athletic Club	11.59m
2	Townsend, Vicki	54	Nsw Masters Athletics Inc.	10.27m
3	Koribalski, Baerbel	54	Epping Athletics Club	8.60m
4	Moore, Rosemarie	53	U.T.S. Northern Suburbs Athlet	7.91m
5	White, alison	53	Mounties	7.50m
6	Malovic, Veronica	51	Mounties	6.77m

Women Discus Throw Seated 50-54

	Name	Age	Team	Finals
Finals				
1	Neuenkirchen, Kim	51	U.T.S. Northern Suburbs Athlet	6.32m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women Discus Throw 1kg 50-54**

	Name	Age	Team	Finals
Finals				
1	Watts, Gabriele	52	Nepean District Athletic Club	32.85m
2	Townsend, Vicki	54	Nsw Masters Athletics Inc.	27.55m
3	Smith, Robyn	52	Athletics East	20.53m
4	culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	20.35m
5	Moore, Rosemarie	53	U.T.S. Northern Suburbs Athlet	19.76m
6	Koribalski, Baerbel	54	Epping Athletics Club	17.90m
7	Durston, Bev	54	Mingara Athletics Club Inc.	13.84m

Women Hammer Throw 3kg 50-54

	Name	Age	Team	Finals
Finals				
1	Watts, Gabriele	52	Nepean District Athletic Club	40.84m
2	Townsend, Vicki	54	Nsw Masters Athletics Inc.	27.51m
3	White, alison	53	Mounties	23.85m
4	Smith, Robyn	52	Athletics East	21.84m

Women Javelin Throw 500g 50-54

	Name	Age	Team	Finals
Finals				
1	Watts, Gabriele	52	Nepean District Athletic Club	22.08m
2	Koribalski, Baerbel	54	Epping Athletics Club	20.24m
3	culhane, Sarah	54	U.T.S. Northern Suburbs Athlet	20.12m
4	Townsend, Vicki	54	Nsw Masters Athletics Inc.	19.37m
5	Moore, Rosemarie	53	U.T.S. Northern Suburbs Athlet	16.96m
6	White, alison	53	Mounties	16.91m
7	Durston, Bev	54	Mingara Athletics Club Inc.	13.38m

Women Javelin Throw Seated 50-54

	Name	Age	Team	Finals
Finals				
1	Neuenkirchen, Kim	51	U.T.S. Northern Suburbs Athlet	6.95m

Women Weight Throw 7.260kg 50-54

	Name	Age	Team	Finals
Finals				
1	Watts, Gabriele	52	Nepean District Athletic Club	14.31m
2	Townsend, Vicki	54	Nsw Masters Athletics Inc.	10.34m
3	White, alison	53	Mounties	7.90m

Women 5000 Metre Race Walk 50-54

	Name	Age	Team	Finals
Finals				
1	Parker, Carmel	53	U.T.S. Northern Suburbs Athlet	34:21.42

Women 60 Metre Sprint 55-59

	Name	Age	Team	Finals	Wind
Finals					
1	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	8.81	-1.8
2	shaw, christine	59	Athletics Wollongong Inc.	9.49	-1.8
3	Suttor, Robyn	59	Mounties	9.84	-1.8

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Women 60 Metre Sprint 55-59)**

	Name	Age	Team	Finals	Wind
4	Flynn, Rina	56	Illawarra Blue Stars Athletic	10.52	-1.8

Women 100 Metre Sprint 55-59

	Name	Age	Team	Finals	Wind
--	------	-----	------	--------	------

Finals

1	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	13.69	1.2
2	shaw, christine	59	Athletics Wollongong Inc.	14.92	1.2
3	Suttor, Robyn	59	Mounties	15.65	1.2
4	Flynn, Rina	56	Illawarra Blue Stars Athletic	16.41	1.2
5	Rowney, Catherine	55	Rejoov Runners	19.51	1.2

Women 200 Metre Sprint 55-59

	Name	Age	Team	Finals	Wind
--	------	-----	------	--------	------

Finals

1	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	29.31	-0.5
2	shaw, christine	59	Athletics Wollongong Inc.	32.42	-0.5
3	Suttor, Robyn	59	Mounties	33.49	-0.5
4	Walker, Margaret	59	Epping Athletics Club	33.64	-0.5
5	Flynn, Rina	56	Illawarra Blue Stars Athletic	35.47	-0.5

Women 400 Metre Sprint 55-59

	Name	Age	Team	Finals
--	------	-----	------	--------

Finals

1	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	67.45
2	Suttor, Robyn	59	Mounties	1:21.70
3	Flynn, Rina	56	Illawarra Blue Stars Athletic	1:22.49
4	Peksis, Julie	59	Mingara Athletics Club Inc.	1:27.77

Women 800 Metre Run 55-59

	Name	Age	Team	Finals
--	------	-----	------	--------

Finals

1	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	2:44.18
2	Hunt, Sally	55	Mingara Athletics Club Inc.	2:46.80
3	Yarnell, Caroline	58	Sydney Striders Road Runners C	3:00.86
4	Peksis, Julie	59	Mingara Athletics Club Inc.	3:26.03

Women 1500 Metre Run 55-59

	Name	Age	Team	Finals
--	------	-----	------	--------

Finals

1	Hunt, Sally	55	Mingara Athletics Club Inc.	5:45.84
2	MacCallum, Susan	55	Rejoov Runners	6:39.31
3	Peksis, Julie	59	Mingara Athletics Club Inc.	7:17.90

Women 5000 Metre Run 55-59

	Name	Age	Team	Finals
--	------	-----	------	--------

Finals

1	Petley, Karen	59	Nsw Masters Athletics Inc.	24:48.87
---	---------------	----	----------------------------	----------

Women 80 Metre Hurdles 76.2cm 55-59

	Name	Age	Team	Finals	Wind
--	------	-----	------	--------	------

Finals

1	Suttor, Robyn	59	Mounties	15.53	2.1
---	---------------	----	----------	-------	-----

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 2000 Metre Steeplechase 76.2cm 55-59**

	Name	Age	Team	Finals
Finals				
1	Yarnell, Caroline	58	Sydney Striders Road Runners C	9:29.94

Women High Jump 55-59

	Name	Age	Team	Finals
Finals				
1	shaw, christine	59	Athletics Wollongong Inc.	1.20m
2	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	1.10m

Women Pole Vault 55-59

	Name	Age	Team	Finals
Finals				
1	Suttor, Robyn	59	Mounties	1.90m

Women Long Jump 55-59

	Name	Age	Team	Finals	Wind
Finals					
1	shaw, christine	59	Athletics Wollongong Inc.	4.16m	NWI
2	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	4.04m	NWI
3	Walker, Margaret	59	Epping Athletics Club	3.19m	NWI
4	Whatley, Susan	55	Illawong Revesby Workers Athle	2.55m	NWI

Women Triple Jump 55-59

	Name	Age	Team	Finals	Wind
Finals					
1	Mogentale, Gianna	55	Illawarra Blue Stars Athletic	8.80m	NWI
2	Ball, Robin	56	Rejoov Runners	6.13m	NWI
3	Whatley, Susan	55	Illawong Revesby Workers Athle	5.54m	NWI

Women Shot Put 3kg 55-59

	Name	Age	Team	Finals
Finals				
1	Cox, Pauline	58	Nsw Masters Athletics Inc.	9.06m
2	Engeler, Deborah	56	Illawong Revesby Workers Athle	6.86m
3	Weekes, Anne	56	Illawong Revesby Workers Athle	5.97m

Women Discus Throw 1kg 55-59

	Name	Age	Team	Finals
Finals				
1	Engeler, Deborah	56	Illawong Revesby Workers Athle	24.92m
2	Cox, Pauline	58	Nsw Masters Athletics Inc.	23.91m
3	shaw, christine	59	Athletics Wollongong Inc.	23.71m
4	Ball, Robin	56	Rejoov Runners	21.73m
5	Whatley, Susan	55	Illawong Revesby Workers Athle	19.10m

Women Hammer Throw 3kg 55-59

	Name	Age	Team	Finals
Finals				
1	Hord, Wendy	58	Blacktown City Athletics Club	35.65m
2	shaw, christine	59	Athletics Wollongong Inc.	26.78m
3	Engeler, Deborah	56	Illawong Revesby Workers Athle	22.36m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women Javelin Throw 500g 55-59**

	Name	Age	Team	Finals
Finals				
1	shaw, christine	59	Athletics Wollongong Inc.	25.59m
2	Walker, Margaret	59	Epping Athletics Club	19.20m
3	Hord, Wendy	58	Blacktown City Athletics Club	18.00m
4	Whatley, Susan	55	Illawong Revesby Workers Athle	15.19m
5	Engeler, Deborah	56	Illawong Revesby Workers Athle	14.89m

Women Weight Throw 7.260kg 55-59

	Name	Age	Team	Finals
Finals				
1	Hord, Wendy	58	Blacktown City Athletics Club	10.58m
2	shaw, christine	59	Athletics Wollongong Inc.	10.04m
3	Engeler, Deborah	56	Illawong Revesby Workers Athle	8.55m

Women 5000 Metre Race Walk 55-59

	Name	Age	Team	Finals
Finals				
1	Weekes, Anne	56	Illawong Revesby Workers Athle	31:14.58

Women 60 Metre Sprint 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	O'Toole, Diane	60	Illawarra Blue Stars Athletic	9.80	-0.6
2	Lowe, June	64	Illawarra Blue Stars Athletic	10.08	-0.6
3	Celnikier, Diane	63	Nsw Masters Athletics Inc.	10.26	-0.6
4	Taylor, Jill	63	Cherrybrook Senior & Little At	10.87	-0.6
5	Douglas, Karen	61	Sydney Pacific Athletic Club I	10.89	-0.6
6	Stallard, Trish	60	Wallsend Rsl Athletic Club	12.23	-0.6

Women 100 Metre Sprint 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	O'Toole, Diane	60	Illawarra Blue Stars Athletic	15.68	1.0
2	Lowe, June	64	Illawarra Blue Stars Athletic	16.38	1.0
3	Celnikier, Diane	63	Nsw Masters Athletics Inc.	16.79	1.0
4	Douglas, Karen	61	Sydney Pacific Athletic Club I	17.17	1.0
5	Stallard, Trish	60	Wallsend Rsl Athletic Club	19.00	1.0

Women 200 Metre Sprint 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	O'Toole, Diane	60	Illawarra Blue Stars Athletic	34.45	1.0
2	Celnikier, Diane	63	Nsw Masters Athletics Inc.	36.29	1.0
3	Douglas, Karen	61	Sydney Pacific Athletic Club I	36.73	1.0

Women 400 Metre Sprint 60-64

	Name	Age	Team	Finals
Finals				
1	Drennan, Deborah	60	U.T.S. Northern Suburbs Athlet	76.45
2	Roediger, Rosemary	64	Hills District Athletic Club I	1:28.44

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 800 Metre Run 60-64**

	Name	Age	Team	Finals
Finals				
1	Drennan, Deborah	60	U.T.S. Northern Suburbs Athlet	2:47.76
2	Thomas, Margaret	62	U.T.S. Northern Suburbs Athlet	3:12.58
3	Stallard, Trish	60	Wallsend Rsl Athletic Club	3:51.98

Women 1500 Metre Run 60-64

	Name	Age	Team	Finals
Finals				
1	Roediger, Rosemary	64	Hills District Athletic Club I	6:01.85
2	Thomas, Margaret	62	U.T.S. Northern Suburbs Athlet	6:41.00
3	Stallard, Trish	60	Wallsend Rsl Athletic Club	8:10.15

Women 5000 Metre Run 60-64

	Name	Age	Team	Finals
Finals				
1	Basman, Robyn	60	Illawong Revesby Workers Athle	21:32.17

Women 80 Metre Hurdles 68.6cm 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	Lowe, June	64	Illawarra Blue Stars Athletic	19.41	2.1

Women 2000 Metre Steeplechase 76.2cm 60-64

	Name	Age	Team	Finals
Finals				
1	Stallard, Trish	60	Wallsend Rsl Athletic Club	11:59.72

Women High Jump 60-64

	Name	Age	Team	Finals
Finals				
1	Lowe, June	64	Illawarra Blue Stars Athletic	1.10m
2	Stallard, Trish	60	Wallsend Rsl Athletic Club	1.05m
3	Taylor, Jill	63	Cherrybrook Senior & Little At	1.00m

Women Pole Vault 60-64

	Name	Age	Team	Finals
Finals				
1	Stallard, Trish	60	Wallsend Rsl Athletic Club	1.60m

Women Long Jump 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	Lowe, June	64	Illawarra Blue Stars Athletic	3.23m	NWI
2	Taylor, Jill	63	Cherrybrook Senior & Little At	3.11m	NWI
3	Stallard, Trish	60	Wallsend Rsl Athletic Club	2.52m	NWI

Women Triple Jump 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	Taylor, Jill	63	Cherrybrook Senior & Little At	6.55m	NWI

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women Shot Put 3kg 60-64**

	Name	Age	Team	Finals
Finals				
1	Lowe, June	64	Illawarra Blue Stars Athletic	9.35m
2	Taylor, Jill	63	Cherrybrook Senior & Little At	8.87m
3	Cubban, Ellena	61	Epping Athletics Club	8.16m

Women Discus Throw 1kg 60-64

	Name	Age	Team	Finals
Finals				
1	Taylor, Jill	63	Cherrybrook Senior & Little At	22.59m
2	Cubban, Ellena	61	Epping Athletics Club	22.55m

Women Hammer Throw 3kg 60-64

	Name	Age	Team	Finals
Finals				
1	Lowe, June	64	Illawarra Blue Stars Athletic	33.81m
2	Cubban, Ellena	61	Epping Athletics Club	33.60m
3	Taylor, Jill	63	Cherrybrook Senior & Little At	33.09m

Women Javelin Throw 500g 60-64

	Name	Age	Team	Finals
Finals				
1	Lowe, June	64	Illawarra Blue Stars Athletic	22.35m
2	Cubban, Ellena	61	Epping Athletics Club	19.66m
3	Taylor, Jill	63	Cherrybrook Senior & Little At	16.04m

Women Weight Throw 5.450kg 60-64

	Name	Age	Team	Finals
Finals				
1	Taylor, Jill	63	Cherrybrook Senior & Little At	13.08m
2	Lowe, June	64	Illawarra Blue Stars Athletic	12.65m
3	Cubban, Ellena	61	Epping Athletics Club	12.25m

Women 60 Metre Sprint 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Muscat, Marion	65	Nsw Masters Athletics Inc.	14.68	-1.1

Women 100 Metre Sprint 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Muscat, Marion	65	Nsw Masters Athletics Inc.	23.97	1.0

Women 200 Metre Sprint 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Muscat, Marion	65	Nsw Masters Athletics Inc.	61.67	1.0

Women 400 Metre Sprint 65-69

	Name	Age	Team	Finals
Finals				
1	Perry, Rosalind	66	Athletics Wollongong Inc.	1:52.33

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women 1500 Metre Run 65-69**

	Name	Age	Team	Finals
Finals				
1	Perry, Rosalind	66	Athletics Wollongong Inc.	8:17.25

Women High Jump 65-69

	Name	Age	Team	Finals
Finals				
1	Muscat, Marion	65	Nsw Masters Athletics Inc.	0.95m

Women Long Jump 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Muscat, Marion	65	Nsw Masters Athletics Inc.	1.54m	NWI

Women Triple Jump 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Muscat, Marion	65	Nsw Masters Athletics Inc.	4.30m	NWI

Women Shot Put 3kg 65-69

	Name	Age	Team	Finals
Finals				
1	Clarke, Kate	66	Nsw Masters Athletics Inc.	7.21m
2	Jones, Kerrie	65	Nowra Athletics Club	6.87m
3	Perry, Rosalind	66	Athletics Wollongong Inc.	6.01m
4	Conroy, Doreen	67	Queensland Masters Athletics	5.96m
5	Muscat, Marion	65	Nsw Masters Athletics Inc.	5.84m
6	Van Bockel, Adriana	66	Athletics Wollongong Inc.	5.77m

Women Discus Throw 1kg 65-69

	Name	Age	Team	Finals
Finals				
1	Clarke, Kate	66	Nsw Masters Athletics Inc.	18.90m
2	Jones, Kerrie	65	Nowra Athletics Club	17.29m
3	Van Bockel, Adriana	66	Athletics Wollongong Inc.	15.76m
4	Muscat, Marion	65	Nsw Masters Athletics Inc.	12.80m

Women Hammer Throw 3kg 65-69

	Name	Age	Team	Finals
Finals				
1	Muscat, Marion	65	Nsw Masters Athletics Inc.	23.39m
2	Clarke, Kate	66	Nsw Masters Athletics Inc.	23.19m
3	Jones, Kerrie	65	Nowra Athletics Club	20.29m
4	Van Bockel, Adriana	66	Athletics Wollongong Inc.	18.67m
5	Conroy, Doreen	67	Queensland Masters Athletics	15.55m

Women Javelin Throw 500g 65-69

	Name	Age	Team	Finals
Finals				
1	Clarke, Kate	66	Nsw Masters Athletics Inc.	17.49m
2	Jones, Kerrie	65	Nowra Athletics Club	13.95m
3	Van Bockel, Adriana	66	Athletics Wollongong Inc.	12.41m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Women Javelin Throw 500g 65-69)**

	Name	Age	Team	Finals
4	Conroy, Doreen	67	Queensland Masters Athletics	11.97m
5	Muscat, Marion	65	Nsw Masters Athletics Inc.	11.45m

Women Weight Throw 5.450kg 65-69

	Name	Age	Team	Finals
Finals				
1	Jones, Kerrie	65	Nowra Athletics Club	8.91m
2	Muscat, Marion	65	Nsw Masters Athletics Inc.	8.82m
3	Clarke, Kate	66	Nsw Masters Athletics Inc.	8.63m
4	Van Bockel, Adriana	66	Athletics Wollongong Inc.	8.04m
5	Conroy, Doreen	67	Queensland Masters Athletics	6.70m

Women Shot Put 3kg 70-74

	Name	Age	Team	Finals
Finals				
1	Thomas, Mary	74	Illawarra Blue Stars Athletic	6.85m

Women Discus Throw 1kg 70-74

	Name	Age	Team	Finals
Finals				
1	Thomas, Mary	74	Illawarra Blue Stars Athletic	14.65m

Women Hammer Throw 3kg 70-74

	Name	Age	Team	Finals
Finals				
1	Thomas, Mary	74	Illawarra Blue Stars Athletic	22.41m

Women Javelin Throw 500g 70-74

	Name	Age	Team	Finals
Finals				
1	Thomas, Mary	74	Illawarra Blue Stars Athletic	15.71m

Women Weight Throw 5.450kg 70-74

	Name	Age	Team	Finals
Finals				
1	Thomas, Mary	74	Illawarra Blue Stars Athletic	8.17m

Women 5000 Metre Run 75-79

	Name	Age	Team	Finals
Finals				
1	Siepmann, Dorothy	75	Bankstown Sports Senior Athlet	45:49.0h

Women 5000 Metre Race Walk 75-79

	Name	Age	Team	Finals
Finals				
---	Purcell, Joan	77	Nepean District Athletic Club	DNF

Women 100 Metre Sprint 80-84

	Name	Age	Team	Finals	Wind
Finals					
---	Cook, Kathleen	81	U.T.S. Northern Suburbs Athlet	DNF	1.0

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Women Discus Throw 0.75kg 80-84**

	Name	Age	Team	Finals
Finals				
1	Cook, Kathleen	81	U.T.S. Northern Suburbs Athlet	11.25m

Men 100 Metre Sprint 30-34

	Name	Age	Team	Finals	Wind
Finals					
1	Griffiths, Ben	33	Sydney Pacific Athletic Club I	11.48	0.5
2	Wearne, Bradley	32	Mounties	12.05	0.5
3	Wearne, Shawn	34	Mounties	12.53	0.5

Men 200 Metre Sprint 30-34

	Name	Age	Team	Finals	Wind
Finals					
1	Griffiths, Ben	33	Sydney Pacific Athletic Club I	23.08	-0.6
2	Kellett, Jonathan	34	Athletics East	26.54	-0.6

Men 400 Metre Sprint 30-34

	Name	Age	Team	Finals
Finals				
1	Roff, James	33	Randwick Botany Harriers Athle	52.06
2	Fuller, Andrew	33	Sydney Pacific Athletic Club I	54.50
3	Kellett, Jonathan	34	Athletics East	61.92

Men 1500 Metre Run 30-34

	Name	Age	Team	Finals
Finals				
1	Williamson, Mitchell	32	Orange Runners Club	4:11.97
2	Mugarula, Godwin	33	Athletics East	4:25.33
3	Sheargold, Geoff	32	Girraween Athletics Club	4:35.73

Men 5000 Metre Run 30-34

	Name	Age	Team	Finals
Finals				
1	Mugarula, Godwin	33	Athletics East	16:19.67
2	Lotter, Christian	33	Unattached	16:21.31
3	Sheargold, Geoff	32	Girraween Athletics Club	17:39.44
---	Hanna, Nicholas	31	Girraween Athletics Club	DNF

Men 3000 Metre Steeplechase 91.4cm 30-34

	Name	Age	Team	Finals
Finals				
1	Williamson, Mitchell	32	Orange Runners Club	10:56.02

Men Hammer Throw 7.26kg 30-34

Competition called at end of Rnd 5 due to thunderstorms

	Name	Age	Team	Finals
Finals				
1	Button, Warren	30	Illawong Revesby Workers Athle	59.55m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Weight Throw 15.880kg 30-34**

	Name	Age	Team	Finals
Finals				
1	Button, Warren	30	Illawong Revesby Workers Athle	18.26m

Men 60 Metre Sprint 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Cooper, Ruwan	36	Armidale Athletics Club	8.16	-0.7
2	Jones, Warren	38	U.T.S. Northern Suburbs Athlet	10.27	-0.7

Men 100 Metre Sprint 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	de Jager, Aaron	35	Athletics Nsw	12.09	0.5
2	Cooper, Ruwan	36	Armidale Athletics Club	12.30	0.5

Men 200 Metre Sprint 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Stone, Jay	39	Armidale Athletics Club	22.77	-0.6
2	Cooper, Ruwan	36	Armidale Athletics Club	25.86	-0.6

Men 400 Metre Sprint 35-39

	Name	Age	Team	Finals
Finals				
1	Stone, Jay	39	Armidale Athletics Club	50.21
2	Cooper, Ruwan	36	Armidale Athletics Club	63.85

Men 5000 Metre Run 35-39

	Name	Age	Team	Finals
Finals				
1	Thompson, Josh	35	Athletics East	17:45.46
---	Fink, Brendan	39	Nicks Run Club	DNF

Men 3000 Metre Steeplechase 91.4cm 35-39

	Name	Age	Team	Finals
Finals				
1	Barry, Graeme	39	Sydney Pacific Athletic Club I	14:26.13

Men High Jump 35-39

	Name	Age	Team	Finals
Finals				
1	Fletcher, Shaun	36	Macquarie Hunter Athletics	1.80m
2	Cooper, Ruwan	36	Armidale Athletics Club	1.50m

Men Long Jump 35-39

	Name	Age	Team	Finals	Wind
Finals					
1	Fletcher, Shaun	36	Macquarie Hunter Athletics	6.29m	NWI
2	Cooper, Ruwan	36	Armidale Athletics Club	4.55m	0.9
3	Jones, Warren	38	U.T.S. Northern Suburbs Athlet	3.31m	0.7

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Triple Jump 35-39**

	Name	Age	Team	Finals	Wind
Finals					
1	Fletcher, Shaun	36	Macquarie Hunter Athletics	12.48m	NWI
2	Cooper, Ruwan	36	Armidale Athletics Club	10.10m	NWI

Men Shot Put 7.26kg 35-39

	Name	Age	Team	Finals
Finals				
1	Jones, Warren	38	U.T.S. Northern Suburbs Athlet	8.18m

Men Discus Throw 2kg 35-39

	Name	Age	Team	Finals
Finals				
1	Jones, Warren	38	U.T.S. Northern Suburbs Athlet	24.68m

Men Hammer Throw 7.26kg 35-39

Competition called at end of Rnd 5 due to thunderstorms

	Name	Age	Team	Finals
Finals				
1	Jones, Warren	38	U.T.S. Northern Suburbs Athlet	33.48m
2	Dowling, Ryan	39	U.T.S. Northern Suburbs Athlet	25.48m

Men Javelin Throw 800g 35-39

	Name	Age	Team	Finals
Finals				
1	Jones, Warren	38	U.T.S. Northern Suburbs Athlet	25.13m

Men Weight Throw 15.880kg 35-39

	Name	Age	Team	Finals
Finals				
1	Jones, Warren	38	U.T.S. Northern Suburbs Athlet	9.21m

Men 60 Metre Sprint 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	McMahon, Ashley	43	U.T.S. Northern Suburbs Athlet	7.33	-1.6
2	Bruce, Gregory	41	Nsw Masters Athletics Inc.	7.88	-1.6
3	Joliffe, Caleb	41	Ginninderra Athletics Club	7.97	-1.6
4	Gregson, Alex	44	Balmmain Athletics Club	8.05	-1.6
5	Cheney, Jason	44	Mingara Athletics Club Inc.	8.09	-1.6
6	caztel, ryan	43	Nsw Masters Athletics Inc.	8.11	-1.6
7	Martin, Christopher	43	Mounties	8.17	-1.6
8	Murray, Caerl	43	U.T.S. Northern Suburbs Athlet	8.26	-1.6
9	Lee, Andy	42	Mounties	8.49	-1.6
10	Pickering, Rob	43	Armidale Athletics Club	9.50	-1.6

Men 100 Metre Sprint 40-44

	Name	Age	Team	Finals	Wind	H#
Finals						
1	McMahon, Ashley	43	U.T.S. Northern Suburbs Athlet	11.01	2.5	2
2	Smith, Nathan	43	Armidale Athletics Club	12.15	2.5	2
3	Bruce, Gregory	41	Nsw Masters Athletics Inc.	12.16	2.4	1

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Men 100 Metre Sprint 40-44)**

	Name	Age	Team	Finals	Wind	H#
4	Veerhuis, Peter	43	Athletics Wollongong Inc.	12.31	2.4	1
5	Cheney, Jason	44	Mingara Athletics Club Inc.	12.32	2.4	1
6	caztel, ryan	43	Nsw Masters Athletics Inc.	12.52	2.5	2
7	Gregson, Alex	44	Balmain Athletics Club	12.57	2.5	2
8	Wehrrhahn, Michael	44	Epping Athletics Club	12.62	2.4	1
9	Lee, Andy	42	Mounties	13.34	2.4	1
10	Pickering, Rob	43	Armidale Athletics Club	14.80	2.5	2

Men 200 Metre Sprint 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	McMahon, Ashley	43	U.T.S. Northern Suburbs Athlet	22.98	-2.1
2	Joliffe, Caleb	41	Ginninderra Athletics Club	25.42	-2.1
3	Bruce, Gregory	41	Nsw Masters Athletics Inc.	25.78	-2.1
4	Cheney, Jason	44	Mingara Athletics Club Inc.	25.93	-2.1
5	Gregson, Alex	44	Balmain Athletics Club	26.26	-2.1
6	Mountford, Hamish	40	Rejoov Runners	27.49	-2.1
7	Murray, Caerl	43	U.T.S. Northern Suburbs Athlet	27.60	-2.1

Men 400 Metre Sprint 40-44

	Name	Age	Team	Finals
Finals				
1	Smith, Nathan	43	Armidale Athletics Club	55.15
2	Veerhuis, Peter	43	Athletics Wollongong Inc.	57.27
3	Wehrrhahn, Michael	44	Epping Athletics Club	59.17

Men 800 Metre Run 40-44

	Name	Age	Team	Finals
Finals				
1	Halls, Brett	41	Sydney University Athletics Cl	2:08.12
2	White, Simon	43	Nsw Masters Athletics Inc.	2:09.16
3	Mountford, Hamish	40	Rejoov Runners	2:13.41

Men 1500 Metre Run 40-44

	Name	Age	Team	Finals
Finals				
1	Mountford, Hamish	40	Rejoov Runners	4:38.44

Men 5000 Metre Run 40-44

	Name	Age	Team	Finals
Finals				
1	Heyden, Andrew	44	Rejoov Runners	16:10.79
2	Marshall, Alasdair	42	Athletics East	18:10.85

Men 110 Metre Hurdles 99.1cm 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Wehrrhahn, Michael	44	Epping Athletics Club	18.76	1.6

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men High Jump 40-44**

	Name	Age	Team	Finals
Finals				
1	Muscat, Jamie	42	Wyong Athletics Centre Inc	1.30m
2	Clifford, Morgan	42	Raymond Terrace Athletic Centr	0.90m

Men Long Jump 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Wehrrhahn, Michael	44	Epping Athletics Club	5.34m	0.5
2	Maclaine, Ivan	42	Epping Athletics Club	4.42m	0.8
3	Kirievsky, Anatoly	40	Asics Wests Track & Field Club	3.73m	1.2
4	Muscat, Jamie	42	Wyong Athletics Centre Inc	2.95m	0.5

Men Triple Jump 40-44

	Name	Age	Team	Finals	Wind
Finals					
1	Wehrrhahn, Michael	44	Epping Athletics Club	10.67m	NWI
2	Kirievsky, Anatoly	40	Asics Wests Track & Field Club	8.27m	NWI
3	Maclaine, Ivan	42	Epping Athletics Club	7.67m	NWI

Men Shot Put 7.26kg 40-44

	Name	Age	Team	Finals
Finals				
1	Muscat, Jamie	42	Wyong Athletics Centre Inc	13.54m
2	Clifford, Morgan	42	Raymond Terrace Athletic Centr	10.26m
3	Kirievsky, Anatoly	40	Asics Wests Track & Field Club	9.01m
4	Maclaine, Ivan	42	Epping Athletics Club	7.45m

Men Discus Throw 2kg 40-44

	Name	Age	Team	Finals
Finals				
1	Muscat, Jamie	42	Wyong Athletics Centre Inc	40.94m
2	Kirievsky, Anatoly	40	Asics Wests Track & Field Club	31.07m
3	Cheney, Jason	44	Mingara Athletics Club Inc.	29.54m
4	Clifford, Morgan	42	Raymond Terrace Athletic Centr	24.99m
5	Pickering, Rob	43	Armidale Athletics Club	20.08m
6	Maclaine, Ivan	42	Epping Athletics Club	18.54m

Men Hammer Throw 7.26kg 40-44

Competition called at end of Rnd 5 due to thunderstorms

	Name	Age	Team	Finals
Finals				
1	Muscat, Jamie	42	Wyong Athletics Centre Inc	45.09m
2	Kirievsky, Anatoly	40	Asics Wests Track & Field Club	33.36m

Men Javelin Throw 800g 40-44

	Name	Age	Team	Finals
Finals				
1	Pickering, Rob	43	Armidale Athletics Club	35.85m
2	Muscat, Jamie	42	Wyong Athletics Centre Inc	35.09m
3	Clifford, Morgan	42	Raymond Terrace Athletic Centr	34.00m
4	Kirievsky, Anatoly	40	Asics Wests Track & Field Club	30.98m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Weight Throw 15.880kg 40-44**

	Name	Age	Team	Finals
Finals				
1	Muscat, Jamie	42	Wyong Athletics Centre Inc	13.38m
2	Kirievsky, Anatoly	40	Asics Wests Track & Field Club	9.72m
3	Clifford, Morgan	42	Raymond Terrace Athletic Centr	7.15m

Men 60 Metre Sprint 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Leseberg, Ernest	47	Mingara Athletics Club Inc.	7.51	-2.6
2	Phillips, Andrew	47	Adamstown New Lambton Athletic	7.92	-2.6
3	Cassin, Andrew	47	Nsw Masters Athletics Inc.	8.04	-2.6
4	Stinson, Paul	47	U.T.S. Northern Suburbs Athlet	8.13	-2.6
5	Corvalan, Claudio	45	Girraween Athletics Club	8.51	-2.6
6	Davie, EJ	47	Sydney Striders Road Runners C	10.44	-2.6

Men 100 Metre Sprint 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Leseberg, Ernest	47	Mingara Athletics Club Inc.	11.49	0.5
2	Phillips, Andrew	47	Adamstown New Lambton Athletic	12.08	0.5
3	Cassin, Andrew	47	Nsw Masters Athletics Inc.	12.28	0.5
4	Greene, Paul	46	Sydney University Athletics Cl	12.33	0.5
5	Stinson, Paul	47	U.T.S. Northern Suburbs Athlet	12.58	0.5
6	Corvalan, Claudio	45	Girraween Athletics Club	13.19	0.5
7	Steyn, Jacques	45	Blacktown City Athletics Club	13.76	0.5
8	Davie, EJ	47	Sydney Striders Road Runners C	15.57	0.5

Men 200 Metre Sprint 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Leseberg, Ernest	47	Mingara Athletics Club Inc.	23.36	-1.8
2	Phillips, Andrew	47	Adamstown New Lambton Athletic	24.96	-1.8
3	Stavrianos, Michael	45	U.T.S. Northern Suburbs Athlet	26.97	-1.8
4	Bouveng, Paul	45	Sydney Pacific Athletic Club I	28.11	-1.8
5	sinibaldi, tony	49	Bankstown Sports Senior Athlet	29.14	-1.8
6	Corvalan, Claudio	45	Girraween Athletics Club	33.26	-1.8

Men 400 Metre Sprint 45-49

	Name	Age	Team	Finals
Finals				
1	Leseberg, Ernest	47	Mingara Athletics Club Inc.	52.22
2	1405, Ed	45	Sydney Pacific Athletic Club I	54.30
3	Demasi, Lawrence	46	Camden Athletics Club	56.97
4	Delaney, Todd	49	Sydney Pacific Athletic Club I	58.11
5	Stavrianos, Michael	45	U.T.S. Northern Suburbs Athlet	61.46
6	Hotait, Jim	46	Athletics East	62.25
7	Bouveng, Paul	45	Sydney Pacific Athletic Club I	64.59
8	Carr, Dominic	48	Girraween Athletics Club	65.47

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men 800 Metre Run 45-49**

	Name	Age	Team	Finals
Finals				
1	Demasi, Lawrence	46	Camden Athletics Club	2:14.99
2	Doggett, Michael	45	Asics Wests Track & Field Club	2:16.80
3	alexopoulos, roussos	45	Asics Wests Track & Field Club	2:20.69
4	Shute, Nathan	45	U.T.S. Northern Suburbs Athlet	2:24.81
5	Harris, Andrew	49	Athletics East	2:28.96
6	sinibaldi, tony	49	Bankstown Sports Senior Athlet	2:35.24
7	Davie, EJ	47	Sydney Striders Road Runners C	3:16.38

Men 1500 Metre Run 45-49

	Name	Age	Team	Finals
Finals				
1	Purcell, Darren	48	Athletics East	4:25.71
2	Gregory, Mark	46	Athletics East	4:33.06
3	alexopoulos, roussos	45	Asics Wests Track & Field Club	4:44.03
4	Doggett, Michael	45	Asics Wests Track & Field Club	4:46.73
5	Bennett, Nick	47	Sutherland District Athletic C	4:46.93
6	Davie, EJ	47	Sydney Striders Road Runners C	6:01.88

Men 5000 Metre Run 45-49

	Name	Age	Team	Finals
Finals				
1	Keane, Jason	49	Hills District Athletic Club I	16:28.65
2	Bennett, Nick	47	Sutherland District Athletic C	17:13.04
3	alexopoulos, roussos	45	Asics Wests Track & Field Club	17:18.73
4	Dunn, Robert	49	Camden Athletics Club	19:43.65
5	Jeffery, James	47	Asics Wests Track & Field Club	21:25.98
6	Kistle, David	49	St. George District Athletic C	22:30.52
---	Davie, EJ	47	Sydney Striders Road Runners C	DNF

Men 110 Metre Hurdles 99.1cm 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Speed, Brian	49	Camden Athletics Club	20.22	1.6
2	Phillips, Andrew	47	Adamstown New Lambton Athletic	21.51	1.6
3	Carr, Dominic	48	Girraween Athletics Club	22.44	1.6

Men 400 Metre Hurdles 91.4cm 45-49

	Name	Age	Team	Finals
Finals				
1	Carr, Dominic	48	Girraween Athletics Club	76.59

Men 3000 Metre Steeplechase 91.4cm 45-49

	Name	Age	Team	Finals
Finals				
1	Davie, EJ	47	Sydney Striders Road Runners C	15:52.80

Men High Jump 45-49

	Name	Age	Team	Finals
Finals				
1	Cassin, Andrew	47	Nsw Masters Athletics Inc.	1.55m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Men High Jump 45-49)**

	Name	Age	Team	Finals
2	Speed, Brian	49	Camden Athletics Club	1.50m
3	Watson, Andrew	49	Balmain Athletics Club	1.50m
4	Carr, Dominic	48	Girraween Athletics Club	1.35m
---	Davie, EJ	47	Sydney Striders Road Runners C	NH

Men Pole Vault 45-49

Competition called due to thunderstorms

	Name	Age	Team	Finals
Finals				
1	Watson, Andrew	49	Balmain Athletics Club	2.50m

Men Long Jump 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Demasi, Lawrence	46	Camden Athletics Club	5.50m	NWI
2	Cassin, Andrew	47	Nsw Masters Athletics Inc.	5.26m	NWI
3	Phillips, Andrew	47	Adamstown New Lambton Athletic	5.20m	NWI
4	Carr, Dominic	48	Girraween Athletics Club	4.74m	NWI
5	Davie, EJ	47	Sydney Striders Road Runners C	2.07m	NWI

Men Triple Jump 45-49

	Name	Age	Team	Finals	Wind
Finals					
1	Demasi, Lawrence	46	Camden Athletics Club	10.98m	NWI
2	Carr, Dominic	48	Girraween Athletics Club	10.63m	NWI
3	Dunn, Robert	49	Camden Athletics Club	9.97m	NWI
4	Davie, EJ	47	Sydney Striders Road Runners C	5.58m	NWI

Men Shot Put 7.26kg 45-49

	Name	Age	Team	Finals
Finals				
1	Watson, Rodney	45	Woolgoolga Athletic Club (Inc.	11.94m
2	Watson, Andrew	49	Balmain Athletics Club	11.39m
3	Sutton, Stuart	49	Mingara Athletics Club Inc.	10.40m
4	Corvalan, Claudio	45	Girraween Athletics Club	9.41m
5	Prentice, Drue	47	Balmain Athletics Club	8.54m
6	Speed, Brian	49	Camden Athletics Club	7.91m
7	Davie, EJ	47	Sydney Striders Road Runners C	4.97m

Men Discus Throw 2kg 45-49

	Name	Age	Team	Finals
Finals				
1	Sutton, Stuart	49	Mingara Athletics Club Inc.	32.47m
2	Watson, Andrew	49	Balmain Athletics Club	32.30m
3	Watson, Rodney	45	Woolgoolga Athletic Club (Inc.	31.29m
4	Prentice, Drue	47	Balmain Athletics Club	23.27m
5	Speed, Brian	49	Camden Athletics Club	18.56m
6	Davie, EJ	47	Sydney Striders Road Runners C	11.96m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Hammer Throw 7.26kg 45-49**

Competition called at end of Rnd 5 due to thunderstorms

	Name	Age	Team	Finals
Finals				
1	Sutton, Stuart	49	Mingara Athletics Club Inc.	29.64m
2	Prentice, Drue	47	Balmain Athletics Club	25.06m

Men Javelin Throw 800g 45-49

	Name	Age	Team	Finals
Finals				
1	Speed, Brian	49	Camden Athletics Club	42.21m
2	Watson, Andrew	49	Balmain Athletics Club	37.44m
3	Phillips, Andrew	47	Adamstown New Lambton Athletic	31.20m
4	Corvalan, Claudio	45	Girraween Athletics Club	29.08m
5	Davie, EJ	47	Sydney Striders Road Runners C	10.56m

Men Weight Throw 15.880kg 45-49

	Name	Age	Team	Finals
Finals				
1	Sutton, Stuart	49	Mingara Athletics Club Inc.	9.56m
2	Prentice, Drue	47	Balmain Athletics Club	8.24m
3	Speed, Brian	49	Camden Athletics Club	5.96m
4	Davie, EJ	47	Sydney Striders Road Runners C	3.67m

Men 5000 Metre Race Walk 45-49

	Name	Age	Team	Finals
Finals				
1	Kistle, David	49	St. George District Athletic C	43:39.92

Men 60 Metre Sprint 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Gedz, Michael	53	U.T.S. Northern Suburbs Athlet	7.90	-1.1
2	Reid, Brett	54	Mingara Athletics Club Inc.	8.29	-1.1
3	Carter, Geoff	52	Coastal Track and Trail Runner	8.38	-1.1
4	oldridge, steve	54	Girraween Athletics Club	9.09	-1.1
5	Kirk, James	54	Blacktown City Athletics Club	12.60	-1.1

Men 100 Metre Sprint 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Gedz, Michael	53	U.T.S. Northern Suburbs Athlet	12.14	0.6
2	Carter, Geoff	52	Coastal Track and Trail Runner	12.84	0.6
3	Reid, Brett	54	Mingara Athletics Club Inc.	12.87	0.6

Men 200 Metre Sprint 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Gedz, Michael	53	U.T.S. Northern Suburbs Athlet	25.24	-3.4
2	Reid, Brett	54	Mingara Athletics Club Inc.	27.15	-3.4
3	Culhane, Jim	52	U.T.S. Northern Suburbs Athlet	28.66	-3.4

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men 400 Metre Sprint 50-54**

	Name	Age	Team	Finals
Finals				
1	Lynch, Michael	51	Sydney Pacific Athletic Club I	57.52
2	Wilson, Kenneth	52	Athletics East	58.80
3	Starr, Peter	53	Dubbo Athletics Club Inc.	59.98
4	Kelagher, Paul	50	Mingara Athletics Club Inc.	60.93
5	Williams, Adrian	51	Sutherland District Athletic C	61.46
6	Culhane, Jim	52	U.T.S. Northern Suburbs Athlet	63.54
7	Wendt, Jason	50	Sutherland District Athletic C	77.49

Men 800 Metre Run 50-54

	Name	Age	Team	Finals
Finals				
1	Wilson, Kenneth	52	Athletics East	2:12.47
2	Kelagher, Paul	50	Mingara Athletics Club Inc.	2:21.17
3	Starr, Peter	53	Dubbo Athletics Club Inc.	2:26.39
4	Scholle, Lindsay	50	Asics Wests Track & Field Club	2:28.94
---	Kirk, James	54	Blacktown City Athletics Club	DNF

Men 1500 Metre Run 50-54

	Name	Age	Team	Finals
Finals				
1	Wilson, Kenneth	52	Athletics East	4:26.23
2	Scholle, Lindsay	50	Asics Wests Track & Field Club	4:55.73
3	Kratzmann, Trevor	50	Dubbo Athletics Club Inc.	5:30.85
4	Kirk, James	54	Blacktown City Athletics Club	5:41.55

Men 5000 Metre Run 50-54

	Name	Age	Team	Finals
Finals				
1	Scholle, Lindsay	50	Asics Wests Track & Field Club	18:43.60
2	Kratzmann, Trevor	50	Dubbo Athletics Club Inc.	20:58.81
3	oldridge, steve	54	Girraween Athletics Club	22:46.32
4	Kirk, James	54	Blacktown City Athletics Club	22:56.95
---	West, Andy	51	U.T.S. Northern Suburbs Athlet	DNF

Men 100 Metre Hurdles 91.4cm 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Howlett, Anthony	51	Athletics Wollongong Inc.	20.47	0.6
---	Murphy, David	50	Balmain Athletics Club	DNF	0.6

Men 400 Metre Hurdles 84.0cm 50-54

	Name	Age	Team	Finals
Finals				
1	Murphy, David	50	Balmain Athletics Club	72.99
2	Howlett, Anthony	51	Athletics Wollongong Inc.	74.67
3	Mason, Robert	53	Asics Wests Track & Field Club	1:31.07

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men High Jump 50-54**

	Name	Age	Team	Finals
Finals				
1	Kratzmann, Trevor	50	Dubbo Athletics Club Inc.	1.50m
2	Howlett, Anthony	51	Athletics Wollongong Inc.	1.40m

Men Pole Vault 50-54

	Name	Age	Team	Finals
Finals				
1	Murphy, David	50	Balmain Athletics Club	2.20m

Men Long Jump 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Van der Jagt, Edward	52	Nsw Masters Athletics Inc.	5.69m	NWI
2	Hampton, Gary	52	Athletics Wollongong Inc.	4.67m	NWI
3	Howlett, Anthony	51	Athletics Wollongong Inc.	4.09m	NWI
4	Kirk, James	54	Blacktown City Athletics Club	3.82m	NWI

Men Triple Jump 50-54

	Name	Age	Team	Finals	Wind
Finals					
1	Howlett, Anthony	51	Athletics Wollongong Inc.	7.88m	NWI
2	Kirk, James	54	Blacktown City Athletics Club	7.09m	NWI

Men Shot Put 6kg 50-54

	Name	Age	Team	Finals
Finals				
1	Liggins, Stephen	53	Blue Mountains Athletics Club	11.98m
2	Fassolis, Jim	53	Campbelltown Uws Collegians At	11.00m
3	Bignall, David	50	Macquarie Hunter Athletics	10.73m
4	Howlett, Anthony	51	Athletics Wollongong Inc.	9.42m
5	Murphy, David	50	Balmain Athletics Club	9.38m
6	Stenning, Matthew	52	Asics Wests Track & Field Club	8.99m
7	Malovic, Rob	51	Mounties	8.93m
8	Hampton, Gary	52	Athletics Wollongong Inc.	8.78m
9	Kirk, James	54	Blacktown City Athletics Club	8.40m

Men Discus Throw 1.5kg 50-54

	Name	Age	Team	Finals
Finals				
1	Liggins, Stephen	53	Blue Mountains Athletics Club	39.69m
2	Bignall, David	50	Macquarie Hunter Athletics	35.79m
3	Fassolis, Jim	53	Campbelltown Uws Collegians At	33.77m
4	Howlett, Anthony	51	Athletics Wollongong Inc.	32.12m
5	Stenning, Matthew	52	Asics Wests Track & Field Club	26.80m
6	Hampton, Gary	52	Athletics Wollongong Inc.	25.87m
7	Kirk, James	54	Blacktown City Athletics Club	22.23m

Men Hammer Throw 6kg 50-54

	Name	Age	Team	Finals
Finals				
1	Fassolis, Jim	53	Campbelltown Uws Collegians At	41.77m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Men Hammer Throw 6kg 50-54)**

	Name	Age	Team	Finals
2	Stenning, Matthew	52	Asics Wests Track & Field Club	36.40m
3	Howlett, Anthony	51	Athletics Wollongong Inc.	27.12m
4	Malovic, Rob	51	Mounties	22.28m

Men Javelin Throw 700g 50-54

	Name	Age	Team	Finals
Finals				
1	Liggins, Stephen	53	Blue Mountains Athletics Club	43.74m
2	Howlett, Anthony	51	Athletics Wollongong Inc.	37.92m
3	Scholle, Lindsay	50	Asics Wests Track & Field Club	29.50m

Men Weight Throw 11.340kg 50-54

	Name	Age	Team	Finals
Finals				
1	Fassolis, Jim	53	Campbelltown Uws Collegians At	14.16m
2	Stenning, Matthew	52	Asics Wests Track & Field Club	14.12m
3	Howlett, Anthony	51	Athletics Wollongong Inc.	7.20m

Men 60 Metre Sprint 55-59

	Name	Age	Team	Finals	Wind
Finals					
1	Hughes, Darren	56	Mounties	7.89	-2.5
2	Okusitino, Ofa	56	Blacktown City Athletics Club	8.12	-2.5
3	Devery, Todd	58	Blue Mountains Athletics Club	8.27	-2.5
4	Daly, Mick	56	Sydney Pacific Athletic Club I	8.30	-2.5
5	Crimi, Anthony	57	U.T.S. Northern Suburbs Athlet	8.41	-2.5
6	Smith, Steve	55	Mingara Athletics Club Inc.	8.62	-2.5
7	Taylor, Dean	55	Sydney Pacific Athletic Club I	8.85	-2.5
8	Wrightson, Jeffrey	56	Sydney Pacific Athletic Club I	9.07	-2.5
9	Luck, David	59	Illawong Revesby Workers Athle	9.45	-2.5

Men 100 Metre Sprint 55-59

	Name	Age	Team	Finals	Wind	H#
Finals						
1	Hughes, Darren	56	Mounties	12.18	0.6	1
2	Okusitino, Ofa	56	Blacktown City Athletics Club	12.69	2.0	2
3	Daly, Mick	56	Sydney Pacific Athletic Club I	12.70	2.0	2
4	Devery, Todd	58	Blue Mountains Athletics Club	12.71	0.6	1
5	Izzo, Herman	58	Sydney Pacific Athletic Club I	12.76	2.0	2
6	Crimi, Anthony	57	U.T.S. Northern Suburbs Athlet	12.99	0.6	1
7	Smith, Steve	55	Mingara Athletics Club Inc.	13.33	2.0	2
8	McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	13.49	2.0	2
9	Holmes, Neil	57	Nsw Masters Athletics Inc.	13.50	0.6	1
10	Taylor, Dean	55	Sydney Pacific Athletic Club I	13.69	0.6	1
11	Wrightson, Jeffrey	56	Sydney Pacific Athletic Club I	13.97	0.6	1
12	Clarson, Colin	55	Illawarra Blue Stars Athletic	14.27	0.6	1
13	Luck, David	59	Illawong Revesby Workers Athle	14.60	2.0	2

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men 200 Metre Sprint 55-59**

	Name	Age	Team	Finals	Wind	H#
Finals						
1	Hughes, Darren	56	Mounties	25.12	+0.0	1
2	Okusitino, Ofa	56	Blacktown City Athletics Club	25.99	+0.0	1
3	Devery, Todd	58	Blue Mountains Athletics Club	26.28	+0.0	1
4	Crimi, Anthony	57	U.T.S. Northern Suburbs Athlet	26.98	1.3	2
5	Daly, Mick	56	Sydney Pacific Athletic Club I	27.02	+0.0	1
6	Taylor, Dean	55	Sydney Pacific Athletic Club I	27.48	+0.0	1
7	Smith, Steve	55	Mingara Athletics Club Inc.	27.65	+0.0	1
8	Herger, Georg	56	Illawong Revesby Workers Athle	28.12	1.3	2
9	Clarson, Colin	55	Illawarra Blue Stars Athletic	28.29	1.3	2
10	Wrightson, Jeffrey	56	Sydney Pacific Athletic Club I	29.28	1.3	2
11	Luck, David	59	Illawong Revesby Workers Athle	30.30	1.3	2

Men 400 Metre Sprint 55-59

	Name	Age	Team	Finals
Finals				
1	Hughes, Darren	56	Mounties	56.16
2	Devery, Todd	58	Blue Mountains Athletics Club	57.10
3	Taylor, Dean	55	Sydney Pacific Athletic Club I	61.47
4	Moore, Barry	56	Nsw Masters Athletics Inc.	64.05
5	Herger, Georg	56	Illawong Revesby Workers Athle	64.15
6	Clarson, Colin	55	Illawarra Blue Stars Athletic	64.51
7	Smith, Steve	55	Mingara Athletics Club Inc.	65.55
8	Luck, David	59	Illawong Revesby Workers Athle	78.91

Men 800 Metre Run 55-59

	Name	Age	Team	Finals
Finals				
1	Sharpe, Brad	57	U.T.S. Northern Suburbs Athlet	2:23.30
2	Moore, Barry	56	Nsw Masters Athletics Inc.	2:26.43
3	Cozijnsen, Ronald	56	Sutherland District Athletic C	2:29.69
4	Devery, Todd	58	Blue Mountains Athletics Club	2:33.81
5	Clarson, Colin	55	Illawarra Blue Stars Athletic	2:39.23
6	Herger, Georg	56	Illawong Revesby Workers Athle	2:40.87

Men 1500 Metre Run 55-59

	Name	Age	Team	Finals
Finals				
1	Sharpe, Brad	57	U.T.S. Northern Suburbs Athlet	4:58.32
2	Byrne, Peter	59	Hills District Athletic Club I	5:14.99
3	Cozijnsen, Ronald	56	Sutherland District Athletic C	5:17.29
4	Clarson, Colin	55	Illawarra Blue Stars Athletic	5:26.98

Men 5000 Metre Run 55-59

	Name	Age	Team	Finals
Finals				
1	Byrne, Peter	59	Hills District Athletic Club I	19:25.87
2	Simpson, John	58	Illawong Revesby Workers Athle	19:42.86
3	Watchorn, Alistair	55	Sutherland District Athletic C	20:05.17
4	Byfield, Mark	59	Mingara Athletics Club Inc.	20:21.29

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men 100 Metre Hurdles 91.4cm 55-59**

	Name	Age	Team	Finals	Wind
Finals					
1	McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	18.81	0.6

Men High Jump 55-59

	Name	Age	Team	Finals
Finals				
1	Herger, Georg	56	Illawong Revesby Workers Athle	1.50m

Men Pole Vault 55-59

	Name	Age	Team	Finals
Finals				
1	McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	3.10m
2	Tyler, William	59	Athletics Wollongong Inc.	3.00m
3	Norris, Chris	59	Balmain Athletics Club	2.80m

Men Long Jump 55-59

	Name	Age	Team	Finals	Wind
Finals					
1	McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	4.57m	NWI
2	Clark, Robert	57	Cherrybrook Senior & Little At	3.07m	NWI

Men Shot Put 6kg 55-59

	Name	Age	Team	Finals
Finals				
1	McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	10.54m
2	Herger, Georg	56	Illawong Revesby Workers Athle	10.23m
3	Murray, Peter	58	St. George District Athletic C	9.73m
4	Clark, Robert	57	Cherrybrook Senior & Little At	9.35m
5	Smith, Steve	55	Mingara Athletics Club Inc.	8.54m

Men Discus Throw 1.5kg 55-59

	Name	Age	Team	Finals
Finals				
1	McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	32.88m
2	Clark, Robert	57	Cherrybrook Senior & Little At	31.94m
3	Murray, Peter	58	St. George District Athletic C	29.66m
4	Bergfield, Simon	59	Ryde Athletics Centre Inc	23.36m

Men Hammer Throw 6kg 55-59

	Name	Age	Team	Finals
Finals				
1	Clark, Robert	57	Cherrybrook Senior & Little At	31.83m
2	Murray, Peter	58	St. George District Athletic C	26.51m

Men Javelin Throw 700g 55-59

	Name	Age	Team	Finals
Finals				
1	Hawkins, Alan	55	Nsw Masters Athletics Inc.	43.25m
2	McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	32.71m
3	Clark, Robert	57	Cherrybrook Senior & Little At	27.63m
4	Herger, Georg	56	Illawong Revesby Workers Athle	26.84m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Men Javelin Throw 700g 55-59)**

Name	Age	Team	Finals
5 Bergfield, Simon	59	Ryde Athletics Centre Inc	25.69m

Men Weight Throw 11.340kg 55-59

Name	Age	Team	Finals
1 Clark, Robert	57	Cherrybrook Senior & Little At	13.24m
2 McGrath, Tim	56	U.T.S. Northern Suburbs Athlet	9.95m

Men 60 Metre Sprint 60-64

Name	Age	Team	Finals	Wind
1 Smith, David	63	Mingara Athletics Club Inc.	8.59	-0.8
2 Ross, Ronald	60	U.T.S. Northern Suburbs Athlet	8.91	-0.8
3 Carr, Paul	60	Mingara Athletics Club Inc.	8.96	-0.8

Men 100 Metre Sprint 60-64

Name	Age	Team	Finals	Wind
1 Young, Trevor	60	U.T.S. Northern Suburbs Athlet	12.99	0.7
2 Carr, Paul	60	Mingara Athletics Club Inc.	13.89	0.7
3 Ross, Ronald	60	U.T.S. Northern Suburbs Athlet	14.15	0.7
4 Wood, Richard	62	Sydney Pacific Athletic Club I	14.29	0.7
5 Kratochvil, Karel	61	Athletics East	14.45	0.7

Men 200 Metre Sprint 60-64

Name	Age	Team	Finals	Wind
1 Young, Trevor	60	U.T.S. Northern Suburbs Athlet	26.51	0.9
2 Smith, David	63	Mingara Athletics Club Inc.	28.16	0.9
3 Carr, Paul	60	Mingara Athletics Club Inc.	29.63	0.9

Men 400 Metre Sprint 60-64

Name	Age	Team	Finals
1 Young, Trevor	60	U.T.S. Northern Suburbs Athlet	58.89
2 Carr, Paul	60	Mingara Athletics Club Inc.	67.03
3 Ross, Ronald	60	U.T.S. Northern Suburbs Athlet	68.16
4 Wood, Richard	62	Sydney Pacific Athletic Club I	2:01.44

Men 800 Metre Run 60-64

Name	Age	Team	Finals
1 Dooley, Peter	61	Nowra Athletics Club	2:20.44
2 Young, Trevor	60	U.T.S. Northern Suburbs Athlet	2:29.09
3 Terranova, Nicolas	61	Hills District Athletic Club I	2:35.36
4 Conyers, Mark	63	Koorringal -wagga Athletics Clu	2:35.48

Men 1500 Metre Run 60-64

Name	Age	Team	Finals
1 Dooley, Peter	61	Nowra Athletics Club	4:52.68
2 Carvalho, Jose	60	St. George District Athletic C	4:57.99

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Finals ... (Men 1500 Metre Run 60-64)**

	Name	Age	Team	Finals
3	Hutton, Peter	62	Sutherland District Athletic C	4:59.59
4	Conyers, Mark	63	Koorringal -wagga Athletics Clu	5:25.85
5	Rose, Ian David	60	Hills District Athletic Club I	5:48.08
6	Terranova, Nicolas	61	Hills District Athletic Club I	6:02.43

Men 5000 Metre Run 60-64

	Name	Age	Team	Finals
Finals				
1	Riches, David	61	Bankstown Sports Senior Athlet	17:52.91
2	Carvalho, Jose	60	St. George District Athletic C	17:56.40
3	Hutton, Peter	62	Sutherland District Athletic C	18:52.55
4	Rose, Ian David	60	Hills District Athletic Club I	20:51.89

Men 100 Metre Hurdles 84.0cm 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	Carr, Paul	60	Mingara Athletics Club Inc.	24.57	0.6

Men 300 Metre Hurdles 76.2cm 60-64

	Name	Age	Team	Finals
Finals				
1	Carr, Paul	60	Mingara Athletics Club Inc.	52.36
2	Terranova, Nicolas	61	Hills District Athletic Club I	64.38

Men 2000 Metre Steeplechase 76.2cm 60-64

	Name	Age	Team	Finals
Finals				
1	Conyers, Mark	63	Koorringal -wagga Athletics Clu	8:26.18
2	Terranova, Nicolas	61	Hills District Athletic Club I	9:01.77
3	Gonye, Leslie	61	University of New South Wales	12:14.63

Men Long Jump 60-64

	Name	Age	Team	Finals	Wind
Finals					
1	Harmey, Simon	62	Athletics Wollongong Inc.	3.32m	NWI

Men Shot Put 5kg 60-64

	Name	Age	Team	Finals
Finals				
1	Murray, Gavin	64	Mingara Athletics Club Inc.	11.15m
2	Wood, James	60	Mingara Athletics Club Inc.	10.28m
3	Crumpton, Geoff	64	Mingara Athletics Club Inc.	8.70m
4	Harmey, Simon	62	Athletics Wollongong Inc.	7.85m

Men Discus Throw 1kg 60-64

	Name	Age	Team	Finals
Finals				
1	Murray, Gavin	64	Mingara Athletics Club Inc.	39.91m
2	Atkinson-Howatt, Andrew	62	Ryde Athletics Centre Inc	35.95m
3	Wood, James	60	Mingara Athletics Club Inc.	35.41m
4	Terranova, Nicolas	61	Hills District Athletic Club I	23.10m
5	Harmey, Simon	62	Athletics Wollongong Inc.	21.15m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Hammer Throw 5kg 60-64**

	Name	Age	Team	Finals
Finals				
1	Murray, Gavin	64	Mingara Athletics Club Inc.	35.17m
2	Crumpton, Geoff	64	Mingara Athletics Club Inc.	26.41m

Men Javelin Throw 600g 60-64

	Name	Age	Team	Finals
Finals				
1	Atkinson-Howatt, Andrew	62	Ryde Athletics Centre Inc	40.01m
2	Fisher, Kevin	60	Parramatta City Track & Field	35.14m
3	Hanbury-Brown, Robert	62	Ryde Athletics Centre Inc	32.86m
4	Denning, Steven	64	Hills District Athletic Club I	28.26m
5	Carr, Paul	60	Mingara Athletics Club Inc.	27.38m
6	Young, Trevor	60	U.T.S. Northern Suburbs Athlet	26.51m
7	Terranova, Nicolas	61	Hills District Athletic Club I	21.50m

Men Weight Throw 9.080kg 60-64

	Name	Age	Team	Finals
Finals				
1	Hanbury-Brown, Robert	62	Ryde Athletics Centre Inc	14.94m
2	Murray, Gavin	64	Mingara Athletics Club Inc.	14.71m
3	Crumpton, Geoff	64	Mingara Athletics Club Inc.	10.61m

Men 5000 Metre Race Walk 60-64

	Name	Age	Team	Finals
Finals				
1	Bennett, Rodney	64	Sydney Striders Road Runners C	43:40.45

Men 60 Metre Sprint 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Porter, Ken	65	Nsw Masters Athletics Inc.	8.78	0.7
2	Morphis, Antony	66	Sydney Pacific Athletic Club I	8.87	0.7
3	Hackett, Chris	66	Hills District Athletic Club I	9.31	0.7
4	Carey, Alan	68	Blacktown City Athletics Club	9.54	0.7
5	Morison, John	69	Sydney Pacific Athletic Club I	9.55	0.7

Men 100 Metre Sprint 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Porter, Ken	65	Nsw Masters Athletics Inc.	14.41	0.6
2	Morison, John	69	Sydney Pacific Athletic Club I	15.27	0.6
3	Carey, Alan	68	Blacktown City Athletics Club	15.28	0.6
4	Hackett, Chris	66	Hills District Athletic Club I	15.36	0.6

Men 200 Metre Sprint 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Porter, Ken	65	Nsw Masters Athletics Inc.	31.06	-0.3
2	Morison, John	69	Sydney Pacific Athletic Club I	31.57	-0.3
3	Hackett, Chris	66	Hills District Athletic Club I	31.70	-0.3
4	Carey, Alan	68	Blacktown City Athletics Club	31.80	-0.3

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men 400 Metre Sprint 65-69**

	Name	Age	Team	Finals
Finals				
1	Porter, Ken	65	Nsw Masters Athletics Inc.	71.34
2	Morison, John	69	Sydney Pacific Athletic Club I	73.74
3	Hackett, Chris	66	Hills District Athletic Club I	74.14
4	Nixon, Trevor	67	Hills District Athletic Club I	74.60
5	Grewal, Harsharn Singh	66	Nsw Masters Athletics Inc.	76.13

Men 800 Metre Run 65-69

	Name	Age	Team	Finals
Finals				
1	Grewal, Harsharn Singh	66	Nsw Masters Athletics Inc.	2:49.20
2	Nixon, Trevor	67	Hills District Athletic Club I	2:57.33
3	Schwebel, Ron	67	Sydney Striders Road Runners C	3:02.69
4	Hackett, Chris	66	Hills District Athletic Club I	3:26.06

Men 1500 Metre Run 65-69

	Name	Age	Team	Finals
Finals				
1	Grewal, Harsharn Singh	66	Nsw Masters Athletics Inc.	5:50.82
2	Schwebel, Ron	67	Sydney Striders Road Runners C	5:51.67
3	Nixon, Trevor	67	Hills District Athletic Club I	5:53.96
4	Lee, Andrew	67	Sutherland District Athletic C	6:26.04
5	Hackett, Chris	66	Hills District Athletic Club I	7:11.56

Men 5000 Metre Run 65-69

	Name	Age	Team	Finals
Finals				
1	Grewal, Harsharn Singh	66	Nsw Masters Athletics Inc.	21:10.50
2	Schwebel, Ron	67	Sydney Striders Road Runners C	21:15.15

Men 2000 Metre Steeplechase 76.2cm 65-69

	Name	Age	Team	Finals
Finals				
1	Schwebel, Ron	67	Sydney Striders Road Runners C	9:11.25
2	Lee, Andrew	67	Sutherland District Athletic C	10:22.13

Men Pole Vault 65-69

	Name	Age	Team	Finals
Finals				
1	Carrero, Phillip	67	Bankstown Sports Senior Athlet	2.30m

Men Long Jump 65-69

	Name	Age	Team	Finals	Wind
Finals					
1	Morphis, Antony	66	Sydney Pacific Athletic Club I	3.78m	1.7

Men Discus Throw 1kg 65-69

	Name	Age	Team	Finals
Finals				
1	Ross, Dave	68	Athletics Wollongong Inc.	27.88m
2	Jones, Robert (Bob)	68	U.T.S. Northern Suburbs Athlet	12.76m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Hammer Throw 5kg 65-69**

	Name	Age	Team	Finals
Finals				
1	Ross, Dave	68	Athletics Wollongong Inc.	26.21m
2	Jones, Robert (Bob)	68	U.T.S. Northern Suburbs Athlet	13.18m

Men Javelin Throw 600g 65-69

	Name	Age	Team	Finals
Finals				
1	Greenland, Peter	65	Nsw Masters Athletics Inc.	24.15m

Men Weight Throw 9.080kg 65-69

	Name	Age	Team	Finals
Finals				
1	Ross, Dave	68	Athletics Wollongong Inc.	10.63m
2	Jones, Robert (Bob)	68	U.T.S. Northern Suburbs Athlet	5.54m

Men 60 Metre Sprint 70-74

	Name	Age	Team	Finals	Wind
Finals					
1	Wall, John	72	Mingara Athletics Club Inc.	8.91	1.1
2	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	11.81	1.1

Men 100 Metre Sprint 70-74

	Name	Age	Team	Finals	Wind
Finals					
1	Wall, John	72	Mingara Athletics Club Inc.	14.29	0.4
2	Gillies, Leslie	71	U.T.S. Northern Suburbs Athlet	16.83	0.4
3	Beahan, Gavin	71	Bankstown Sports Senior Athlet	18.74	0.4
4	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	20.10	0.4

Men 200 Metre Sprint 70-74

	Name	Age	Team	Finals	Wind
Finals					
1	Wall, John	72	Mingara Athletics Club Inc.	28.66	1.5
2	Gillies, Leslie	71	U.T.S. Northern Suburbs Athlet	34.75	1.5
3	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	43.93	1.5

Men 400 Metre Sprint 70-74

	Name	Age	Team	Finals
Finals				
1	Gordon, John	71	Nsw Masters Athletics Inc.	71.43
2	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	1:46.83

Men 800 Metre Run 70-74

	Name	Age	Team	Finals
Finals				
1	Mathewson, Donald	74	Hills District Athletic Club I	2:48.03
2	Wright, Noel	72	Hills District Athletic Club I	2:55.57
3	Gordon, John	71	Nsw Masters Athletics Inc.	2:55.87
4	Beahan, Gavin	71	Bankstown Sports Senior Athlet	3:48.81
5	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	4:14.17

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men 1500 Metre Run 70-74**

	Name	Age	Team	Finals
Finals				
1	Mathewson, Donald	74	Hills District Athletic Club I	5:42.50

Men 5000 Metre Run 70-74

	Name	Age	Team	Finals
Finals				
1	Mathewson, Donald	74	Hills District Athletic Club I	21:00.69
2	Scorzelli, Frank	72	St. George District Athletic C	21:28.45

Men High Jump 70-74

	Name	Age	Team	Finals
Finals				
1	Gordon, John	71	Nsw Masters Athletics Inc.	1.35m
2	Searle, John	71	Sydney Pacific Athletic Club I	1.30m
3	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	0.90m

Men Long Jump 70-74

	Name	Age	Team	Finals	Wind
Finals					
1	Searle, John	71	Sydney Pacific Athletic Club I	3.98m	0.7
2	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	2.73m	NWI
3	Gillies, Leslie	71	U.T.S. Northern Suburbs Athlet	1.91m	0.6

Men Triple Jump 70-74

	Name	Age	Team	Finals	Wind
Finals					
1	Searle, John	71	Sydney Pacific Athletic Club I	7.91m	1.1

Men Shot Put 4kg 70-74

	Name	Age	Team	Finals
Finals				
1	Crombie, Peter	74	Sydney Pacific Athletic Club I	9.55m
2	Harris, Allan	70	Bankstown Sports Senior Athlet	9.37m
3	Archer, Robert	72	U.T.S. Northern Suburbs Athlet	9.23m
4	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	8.24m

Men Discus Throw 1kg 70-74

	Name	Age	Team	Finals
Finals				
1	Archer, Robert	72	U.T.S. Northern Suburbs Athlet	30.77m
2	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	21.66m

Men Hammer Throw 4kg 70-74

	Name	Age	Team	Finals
Finals				
1	Ward, Richard	70	Blue Mountains Athletics Club	30.91m
2	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	23.20m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Javelin Throw 500g 70-74**

	Name	Age	Team	Finals
Finals				
1	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	22.35m

Men Weight Throw 7.260kg 70-74

	Name	Age	Team	Finals
Finals				
1	Stubbs, Kenneth	74	Mingara Athletics Club Inc.	9.23m

Men 5000 Metre Race Walk 70-74

	Name	Age	Team	Finals
Finals				
1	Hyde, Brendon	73	Sydney University Athletics Cl	39:24.17

Men 79&U 400 Metre Sprint 75-79

	Name	Age	Team	Finals
Finals				
1	Wills, Ron	79	Ryde Athletics Centre Inc	1:35.69
2	Rix, Brian	77	Nsw Masters Athletics Inc.	1:37.33
3	spinney, john	79	Blue Mountains Athletics Club	1:42.65
4	Warmoll, Bob	76	Hills District Athletic Club I	1:49.56
5	Perry, Ronald	79	Athletics Wollongong Inc.	1:53.23

Men 79&U 800 Metre Run 75-79

	Name	Age	Team	Finals
Finals				
1	spinney, john	79	Blue Mountains Athletics Club	3:48.71
2	Rix, Brian	77	Nsw Masters Athletics Inc.	3:51.21

Men 79&U 1500 Metre Run 75-79

	Name	Age	Team	Finals
Finals				
1	Rix, Brian	77	Nsw Masters Athletics Inc.	7:24.23
2	Warmoll, Bob	76	Hills District Athletic Club I	7:25.73
3	spinney, john	79	Blue Mountains Athletics Club	7:41.71
4	Perry, Ronald	79	Athletics Wollongong Inc.	8:29.71

Men 5000 Metre Run 75-79

	Name	Age	Team	Finals
Finals				
1	Rix, Brian	77	Nsw Masters Athletics Inc.	27:56.92
2	spinney, john	79	Blue Mountains Athletics Club	27:59.85

Men 2000 Metre Steeplechase 76.2cm 75-79

	Name	Age	Team	Finals
Finals				
1	Rix, Brian	77	Nsw Masters Athletics Inc.	12:03.87

Men Shot Put 4kg 75-79

	Name	Age	Team	Finals
Finals				
1	Rix, Brian	77	Nsw Masters Athletics Inc.	6.12m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Discus Throw 1kg 75-79**

	Name	Age	Team	Finals
Finals				
1	Rix, Brian	77	Nsw Masters Athletics Inc.	18.05m

Men Hammer Throw 4kg 75-79

	Name	Age	Team	Finals
Finals				
1	Rix, Brian	77	Nsw Masters Athletics Inc.	17.92m

Men Javelin Throw 500g 75-79

	Name	Age	Team	Finals
Finals				
1	Appleton, John	76	Nsw Masters Athletics Inc.	29.24m
2	Rix, Brian	77	Nsw Masters Athletics Inc.	19.92m

Men Weight Throw 7.260kg 75-79

	Name	Age	Team	Finals
Finals				
1	Rix, Brian	77	Nsw Masters Athletics Inc.	6.88m

Men 60 Metre Sprint 80-84

	Name	Age	Team	Finals	Wind
Finals					
1	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	9.52	1.1
2	Gledhill, Lloyd	81	Sydney Pacific Athletic Club I	10.72	1.1
3	Johnson, Michael	83	U.T.S. Northern Suburbs Athlet	11.13	1.1

Men 100 Metre Sprint 80-84

	Name	Age	Team	Finals	Wind
Finals					
1	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	15.78	-0.2
2	Johnson, Michael	83	U.T.S. Northern Suburbs Athlet	18.51	-0.2
3	Carroll, David	80	Camden Athletics Club	22.66	-0.2

Men 200 Metre Sprint 80-84

	Name	Age	Team	Finals	Wind
Finals					
1	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	33.91	1.5
2	Gledhill, Lloyd	81	Sydney Pacific Athletic Club I	37.37	1.5
3	Johnson, Michael	83	U.T.S. Northern Suburbs Athlet	38.69	1.5

Men 400 Metre Sprint 80-84

	Name	Age	Team	Finals
Finals				
1	Gledhill, Lloyd	81	Sydney Pacific Athletic Club I	1:27.66
2	Brook, Maxwell	82	Nsw Masters Athletics Inc.	1:39.30
3	Johnson, Michael	83	U.T.S. Northern Suburbs Athlet	1:39.40
4	Carroll, David	80	Camden Athletics Club	2:13.42

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men 800 Metre Run 80-84**

	Name	Age	Team	Finals
Finals				
1	Brook, Maxwell	82	Nsw Masters Athletics Inc.	3:50.99
2	Johnson, Michael	83	U.T.S. Northern Suburbs Athlet	4:13.23
3	Re, Tony	80	Bankstown Sports Senior Athlet	4:38.77

Men 1500 Metre Run 80-84

	Name	Age	Team	Finals
Finals				
1	Re, Tony	80	Bankstown Sports Senior Athlet	9:20.27

Men 5000 Metre Run 80-84

	Name	Age	Team	Finals
Finals				
1	Ulloa, Abdon	80	Bankstown Sports Senior Athlet	30:25.29
2	Re, Tony	80	Bankstown Sports Senior Athlet	35:33.81

Men High Jump 80-84

	Name	Age	Team	Finals
Finals				
1	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	1.10m

Men Long Jump 80-84

	Name	Age	Team	Finals	Wind
Finals					
1	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	3.84m	1.6
2	Carroll, David	80	Camden Athletics Club	2.40m	0.7

Men Triple Jump 80-84

	Name	Age	Team	Finals	Wind
Finals					
1	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	8.14m	NWI

Men Shot Put 3kg 80-84

	Name	Age	Team	Finals
Finals				
1	Simcock, Ron	83	Athletics Wollongong Inc.	9.99m
2	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	8.51m
3	Johnson, Michael	83	U.T.S. Northern Suburbs Athlet	7.87m
4	Carroll, David	80	Camden Athletics Club	4.71m

Men Discus Throw 1kg 80-84

	Name	Age	Team	Finals
Finals				
1	Johnson, Michael	83	U.T.S. Northern Suburbs Athlet	22.00m

Men Javelin Throw 400g 80-84

	Name	Age	Team	Finals
Finals				
1	Simcock, Ron	83	Athletics Wollongong Inc.	26.22m
2	Bastas, Nicholas	81	U.T.S. Northern Suburbs Athlet	22.96m

NSW Masters Championships - 8/02/2019 to 10/02/2019**Sydney Olympic Park Athletics Centre****Results****Men Weight Throw 5.450kg 80-84**

	Name	Age	Team	Finals
Finals				
1	Simcock, Ron	83	Athletics Wollongong Inc.	12.78m

Men 5000 Metre Race Walk 80-84

	Name	Age	Team	Finals
Finals				
1	Seymon, Jim	81	U.T.S. Northern Suburbs Athlet	37:13.12

Men 60 Metre Sprint 85+

	Name	Age	Team	Finals	Wind
Finals					
1	Hughes, Richard	86	U.T.S. Northern Suburbs Athlet	10.77	1.1
2	Millridge, Osmo	86	Unattached	11.88	1.1

Men 100 Metre Sprint 85+

	Name	Age	Team	Finals	Wind
Finals					
1	Hughes, Richard	86	U.T.S. Northern Suburbs Athlet	17.52	-0.2
2	Millridge, Osmo	86	Unattached	19.34	-0.2

Men 200 Metre Sprint 85+

	Name	Age	Team	Finals	Wind
Finals					
1	Hughes, Richard	86	U.T.S. Northern Suburbs Athlet	37.52	1.5
2	Millridge, Osmo	86	Unattached	42.77	1.5

Men 400 Metre Sprint 85+

	Name	Age	Team	Finals
Finals				
1	Hughes, Richard	86	U.T.S. Northern Suburbs Athlet	1:29.97

Men 800 Metre Run 85+

	Name	Age	Team	Finals
Finals				
1	Hughes, Richard	86	U.T.S. Northern Suburbs Athlet	4:10.34

Men Discus Throw 1kg 85+

	Name	Age	Team	Finals
Finals				
1	Bennett, Roy	87	Nsw Masters Athletics Inc.	13.54m

Men Javelin Throw 400g 85+

	Name	Age	Team	Finals
Finals				
1	Bennett, Roy	87	Nsw Masters Athletics Inc.	15.76m

Men 5000 Metre Race Walk 85+

	Name	Age	Team	Finals
Finals				
---	Millridge, Osmo	86	Unattached	DNF