

# NEW SOUTH WALES MASTERS ATHLETICS ANNUAL GENERAL MEETING

SUNDAY JUNE 30, 2019
BANKSTOWN SPORTS CLUB

# **AGENDA**

Minutes of Last Meeting (24 Jun 2018)

**Business Arising from the Minutes** 

**Annual Report - President** 

**Annual Report - Secretary** 

**Annual Report - Treasurer** 

**Election of Officers** (nominations received for election)

President (Mark Johnston)Vice President (Amanda Coombe)

Hon. Secretary (John Clark)

Treasurer (Anatoly Kirievsky)

Waratah Editor (Jill Taylor)Records and Awards (Peter Murray)

o Registrar

Website/Social Media (Maria Cimino)
 Track Rep (Maria Cimino)
 Field Rep (Gabi Watts)
 Walks Rep (Anne Weekes)
 Distance Rep (Bianca Keehn)
 Uniforms (Belinda Westcott)

## **General Business**

- Proposed Amendments to the NSWMA Constitution
- Proposed motions for the 2019 AMA AGM for discussion
- Life Membership

# **Any Other Business**

# **Committee Reports**

#### PRESIDENTS REPORT – Mark Johnston

Firstly I would like to take the opportunity to thank the committee for their untiring work over the past 12 months. In particular, I'd like to thank retiring committee members Garry Womsley (resigned), Audrey Muscat, Donna Hiscox (resigned), and Janet Naylon for their work. These people have spent several years on the committee and made valuable contributions.

## Competition

The major competitions for members this past 12 months have been the AMA Winter Throws in Wollongong, World Indoors in Poland, NSW State Titles at Homebush and AMA Nationals in Melbourne. The NSW Country Championships is also a major event for a number of our members. More than 60 people entered the Winter Throws event held in Wollongong for the third time justifying our bid to run this event for the AMA and taking over from the ACT which had run it since its inception. We bid to run the event again for another three years starting in 2019. Some 330 masters-aged athletes competed at the state titles, about 200 or so NSWMA members.

170 members entered the AMA Championships in Melbourne with an impressive 116 Gold, 120 Silver and 75 Bronze medals won by the NSW team, placing our state 2nd in the overall medal tally, behind Victoria having almost triple the number of athletes. I believe one Australian record and fifteen NSW records were broken, another fine effort. Overall since last year's AGM NSWMA athletes set 41 state records, 11 national records and 1 world record. Another wonderful achievement was the elevation of long-time thrower and keen masters athlete Mary Thomas into the AMA Hall of Fame. She becomes just the third NSW masters athlete to be inducted after sprinting greats Reg Austin and Peter Crombie OAM. In a further exciting new development NSWMA ran an indoor throwing trial competition the first of its kind in NSW and in Australia we believe for masters athletes. We also partnered with one of the Park Run groups to support one of their events at Penrith in an effort to encourage some of that group to try masters athletics.

#### Administration

There were no major changes in administration this year. We continued our use of the Cloud based platforms introduced last year. We did purchase a new computer for the registrar to maintain our membership database.

#### **Communication**

We continue to produce The Waratah, our newsletter, four times a year or more and email news to members. Our Facebook group generates good traffic and provides another avenue for communication and discussion. Additionally, a major survey of some 5000 masters-aged athletes past and present was conducted in conjunction with ANSW to obtain a better feel for what people want.

#### <u>Awards</u>

After a substantial amount of work was carried out revising the Club awards in 2017-18 we made some further revisions to better cater to members. Details are on the Club website. This

year the Club reverted back to the awards lunch after the nationals had been held, a format we have used in previous years. We did however still struggle somewhat to get good numbers attending and would welcome feedback on how to improve attendance. The possibility of combining our awards with those of ANSW is being considered. We also made several nominations to the AMA for their annual awards and were successful with Heather Lee being recognized as best walker after her world record breaking efforts in early 2018.

#### <u>Membership</u>

The Club currently has 286 financial members which is up slightly but broadly consistent with numbers from the previous couple of seasons.

#### Relationship with Athletics NSW

We continue to endeavour to work closely with Athletics NSW to ensure masters' athletes can avail themselves of the best opportunities for competition and enjoyment. Most importantly, as reported last year, we are participating in a three-way joint working party with ANSW and LANSW to develop the best structure for delivery of athletics in NSW in line with the OneSport concept. Twelve priority areas have been identified such as participation, membership, coaching/officiating, human resources etc. For each of these priority areas a strategy is being developed. As reported last year NSWMA applied for a grant for \$10,000 from the AMA Perth 2016 Trust Fund to support the membership strategy development and was successful. This report has been completed and following that we are working with ANSW to develop a new membership structure and system for masters-aged athletes in NSW. If the restructuring of membership is fruitful then a roadmap for further integration should be able to be developed. Ideas under consideration for reduction of duplication of services include the combining of awards previously mentioned, and also use of the regular ANSW state uniform. Some preliminary work has also been done on the competition, coaching and officiating strategies. Some restructuring and sharing of job roles is inevitable but what the final outcome is remains to be seen.

#### NSWMA Committee 2018/19

President: Mark Johnston; Vice President: Garry Womsley (until resignation)

Hon. Secretary: Jill Taylor; Hon. Treasurer: Anatoly Kirievsky; Registrar: Audrey Muscat;

Records officer: Peter Murray; Waratah Editor: Janet Naylon;

Field Rep: Gabi Watts; Track rep: Donna Hiscox (until resignation); Walks rep: Anne Weekes; Distance rep: Bianca Keehn; Uniforms: Belinda Westcott; Publicity & website: Maria Cimino

# **HON. SECRETARY – Jill Taylor**

Over the past year I've compiled information sheets on several of our Life Members and had them uploaded to our website. Have also been working on compiling historical files of Committee members and Awards, for our Committee to reference.

The Committee continues to use Google Drive as a central repository for documents and for conducting our committee meetings electronically.

NSWMA will continue to run the AMA Winter Throws Championships for the next 3 years, and organisation is well underway for the 2019 event being held Oct 5-7. As Convenor of this event, I am stepping off the main committee for the coming few seasons in order to

concentrate on running that, and working on some other projects we have coming up in the future.

# TREASURERS REPORT – Anatoly Kirievsky (separate)

#### **REGISTRAR – Audrey Muscat**

During the 2018/2019 season NSWMA recorded 288 members. Of these 41 members were joining us for the first time, leaving 247 as renewals from previous seasons. Association members (\$40) were the largest proportion of members with 253 noted, with 35 Club members; 21 Opens (\$190) and 14 Concessions (\$150). Approximately 20% of members registered prior to the start of the new season (1 Oct 2018) followed by another 25% in October. By the end of the 2018 calendar year ~62% of members had completed registration. Prior to NSWMA State Championships (8-10 Feb 2019) another 10% of members registered followed by a large influx of another 26% prior to AMA Championships (26-29 April 2019). The final registrations (2%) late in the season were mainly due to interest the NSWMA Indoor Throws (12 May 2019) and AMA Half Marathon in Canberra (26 May 2019).

#### **WEBSITE – Maria Cimino**

Website has been updated with correct information and links, new scrolling images added which get updated each season, Waratah page has older years added. News articles are regularly archived. New page with previous award winners has been added.

Looking at keeping website updated with relevant information accessible for all our members. Facebook is kept up to date, with relevant articles and information.

#### **RECORDS – Peter Murray**

Since the last AGM we have seen 1 World Record ratified, 1 World Best not ratified, 11 AMA records, and another 39 State records set by NSWMA members. Both of those World marks were achieved in the W90 Walks and on consecutive days by the indomitable Heather Lee, who continues to astound and inspire all of us in the master's athletics community. No less inspirational was Belinda Martin in the W40 and W45 in the Middle and Distance categories, with a total of 7 Australian records. Belinda broke the AMA W40 1500m record by 5 seconds only 2 days before her 45<sup>th</sup> birthday, a very impressive performance. The other 4 Australian record breakers were Gianna Mogentale (W55 60m) who also broke 5 additional State records, Ashley McMahon (M40 60m), Nicholas Bastas (M80 Triple Jump), and Gabriele Watts (W50 Pentathlon HW).

#### Full list of NSWMA records broken in the last 12 months:

Athlete	Age Group	Event	Date	Performance	AR/WR	Age Grade %
Heather Lee	W90	3000m Walk	10-Nov-18	24:45.29	WR	98.72%
Heather Lee	W90	10km Walk Road	11-Nov-18	1:24:21	WR	113.83%
Ashley McMahon	M40	60m	12-Jan-19	7.14	AR	96.15%
Belinda Martin	W40	3000m	10-Nov-18	9:20.05	AR	93.72%
Belinda Martin	W40	1500m	25-Jan-19	4:25.62	AR	96.77%

Athlete	Age Group	Event	Date	Performance	AR/WR	Age Grade %
Belinda Martin	W45	5000m	02-Feb-19	16:28.66	AR	95.38%
Belinda Martin	W45	3000m	16-Feb-19	9:37.57	AR	95.71%
Belinda Martin	W45	Mile	19-Feb-19	4:57.20	AR	94.58%
Belinda Martin	W45	1500m	09-Mar-19	4:29.08	AR	96.67%
Belinda Martin	W45	1500m	04-Apr-19	4:28.23	AR	96.77%
Gabriele Watts	W50	Pentathlon HW	01-Oct-18	4750 points	AR	
Gianna Mogentale	W55	60m	26-Apr-19	8.44	AR	99.76%
Nicholas Bastas	M80	Triple Jump	11-Nov-18	8.34	AR	92.15%
Alice Bohdan	W45	Pentathlon Field	03-Feb-19	3282 points		91.88%
Andrew Kohlrusch	M50	Decathlon	2/3-Feb-19	5872 points		95.22%
Anne Weekes	W55	10000m Walk	20-Oct-18	1:05:41.94		75.20%
Antoinette Woodward	W60	3000m Walk	10-Nov-18	21:20.57		68.87%
Belinda Martin	W40	10000m	06-Oct-18	34:34.09		92.66%
Belinda Martin	W40	5000m	03-Nov-18	16:48.97		91.17%
Darren Hughes (56) Ernie Leseberg (47) Todd Devery (58) Trevor Young (61)	M45	Relay 4x400m	28-Apr-19	3:54.13		
David Chantrill	M80	100m	26-Apr-19	15.40		92.21%
David Riches	M60	10000m	06-Oct-18	35:37.65		92.72%
Deborah Drennan, (60) Julie Forster, (58) Linda McDowell, (61) Robyn Suttor, (60)	W55	Relay 4x400m	28-Apr-19	5:08.69		
Donald Mathewson	M70	6km CC	26-Apr-19	26:58.00		82.04%
Doug Barrett	M65	3000m Walk	13-Oct-18	19:33.01		71.85%
Edward Van Der Jagt	M50	Long Jump	25-Jan-19	5.88		83.52%
Ernie Leseberg	M45	60m	26-Apr-19	7.37		95.91%
Gavin Murray	M65	Hammer	06-Apr-19	39.59		72.36%
Gavin Murray	M65	Weight	13-Apr-19	15.76		76.88%
Gianna Mogentale	W55	60m	12-Jan-19	8.69		96.89%
Gianna Mogentale	W55	100m	09-Feb-19	13.69		94.28%
Gianna Mogentale	W55	100m	26-Apr-19	13.63		94.70%
Gianna Mogentale	W55	Long Jump	26-Apr-19	4.39		78.82%
Gianna Mogentale	W55	Pentathlon Field	29-Apr-19	3708 points		
John Searle	M70	High Jump	11-Nov-18	1.38		89.16%
Kathleen Cook	W80	200m	10-Nov-18	44.80		87.63%
Kathleen Cook	W80	Discus	09-Feb-19	11.25		36.68%
Margaret Thomas	W60	Pentathlon Field	29-Apr-19	2294 points		
Montse Ros	W40	Pole Vault	11-Nov-18	2.90		66.82%
Nicholas Bastas	M80	Long Jump	09-Feb-19	3.84		90.32%
Nicholas Hanna	M30	8km CC	26-Apr-19	34:12.00		61.06%
Paula Moorhouse	W70	400m	26-Apr-19	1:26.44		83.30%
Paula Moorhouse	W70	200m	27-Apr-19	37.67		82.68%
Robert Clark	M55	Weight 100lb	16-Mar-19	3.09		71.86%
Robert Clark	M55	Weight	30-Mar-19	15.67		73.35%
Robyn Basman	W60	10000m	26-Apr-19	44:14.18		89.05%
Robyn Suttor	W60	80m Hurdles	26-Apr-19	14.65		87.81%
Ron Simcock	M80	Weight 56lb	16-Mar-19	3.44		80.00%
Tracie Hoban	W50	Marathon	14-Oct-18	3:05:57		85.99%
Trish Stallard	W60	2000m Steeple	24-Jan-19	11:34.38		71.29%
Trish Stallard	W60	Pole Vault	24-Jan-19	1.40		47.46%
Trish Stallard	W60	Pole Vault	09-Feb-19	1.60		54.24%

#### **NSW** members Indoor records:

Jay Stone 39, Ashley McMahon 43 (also: Adam Farlow	M35	4 x 200m Relay	1m 33.25s	2019
36, NSW non-member, William Little 37, VIC)				
Ashley McMahon	M40	60 metres	7.08s	2019
Jamie Muscat	M40	Shot put	13.61m	2018
Jamie Muscat	M40	Triple jump	8.04m	2018
Darren Purcell	M45	3000 metres	9m 14.14s	2019
Ken Wilson 52 (also: Andrew Brooker 50, WA, Mark	M45	4 x 200m Relay	1m 45.47s	2019
Giglio 46, VIC, Nathan Crowley 45, VIC)				
Ken Wilson	M50	1500 metres	4m 29.14s	2019
Audrey Thomson	W35	Shot put	9.27m	2018
Monique Perry	W40	200 metres	26.68s	2019
Monique Perry	W40	60 metres	7.94s	2019
Jill Taylor	W60	Shot put	9.01m	2019
Jill Taylor	W60	Weight Throw	13.44m	2019
Paula Moorhouse	W70	400 metres	88.71s	2019

### WARATAH NEWSLETTER – Janet Naylon

Four editions of The Waratah were published - August 2018, October 2018, March 2019 and May 2019. Distribution is a mixture of post (45 copies) and email (270 contacts). Email distribution has been set up via Mail Chimp and from this we can see that between 60 and 70% of members open the newsletter. The Waratah is also placed on the Association's website and Facebook page. Articles and photos come primarily from committee members. An updated template has been created using Indesign and is available on the Google drive. Further, previous electronic versions of The Waratah since 2006 have been located and added to the Google drive for archiving.

#### FIELD REP – Gabi Watts

It has been another busy year on the field for NSWMA. For the third year we successfully ran the AMA Winter Throws Championships in Wollongong. The championships continue to grow in popularity with a good turnout for the 2018 championships, including numerous interstate competitors. NSWMA have been awarded the Championships for a further three years until 2021. Preparations are well under way for the 2019 Championships in October.

In February ANSW successfully ran our state titles. Some were not too pleased with the addition of Friday night events, but at least the pole vaulters were happy that at least this year they were able to conduct their events during the actual championships.

The State Throws Pentathlon was held in Campbelltown on March 2. We continue to struggle to attract officials from ANSW, a problem we are working on to address. Despite that the event ran smoothly and was very enjoyable in perfect sunny weather.

The State Heavy Weight Pentathlon and ultra-heavy weight (56lb and 100lb) championships were held in Wollongong on March 16. Rain threatened to dampen the event early but luckily the weather cleared for a great day of competition. The event was reduced to one day this year and reportedly most participants were happy with this change of format, so we look likely to keep the event to one day in the future.

An exciting first for NSWMA and indeed AMA was the trialling of an indoor throwing competition. A test event was held on May 12 at an equestrian centre in Somersby. A purpose-built indoor circle was commissioned and we ran competitions in shot, weight and super-weight. Plans are to possibly purchase another indoor circle and some portable cages, and expand the event further, perhaps to a master's indoor throws championships. This is an exciting initiative for the future of masters throwing events in NSW and Australia.

The NSWMA trailer (home to the entire master's throws equipment) was given an overhaul, which included a respray to fix some rust damage and the addition of gas struts to the doors to make operations easier. This should ensure the safe keeping of all equipment for the near future.

# TRACK REPORT – compiled by Maria Cimino

NSW Masters track athletes have had 2018/19 success, breaking 11 state records and 3 Australian records this season. Ashley McMahon opened up the New Year, breaking the M40 60m Australian record at the Illawarra Track challenge, followed by Gianna Mogentale breaking the W55 60m Australian record at the National Championships in Melbourne this April

The following athletes also broke the NSW Masters state records:

David Chantrill M80 100m – National Championship Melbourne April

Ernie Leseberg M45 60m - National Championship Melbourne April

Gianna Mogentale W 55 60m – Illawarra Track Challenge January

Gianna Mogentale W55 100m – NSW State Championships February

Gianna Mogentale W55 100m – National Championship Melbourne

Kathleen Cook W80 200m - Pan Pacific Masters Games Gold coast November

Paula Moorhouse W70 200m and 400m – National Championship Melbourne

Robyn Suttor W60 80m Hurdles – National Championship Melbourne

The following athletes made the finals at the World Masters Championships in Malaga September:

Trevor Young M60 finished 2<sup>nd</sup> 400m, 3<sup>rd</sup> 200m and 7<sup>th</sup> 100m

John Wall M70 finished 7th in 100m and 8th in 200m

Jay Stone M35 finished 4th 400m

Donald Mathewson M70 finished 7<sup>th</sup> 800m

Todd Devery M55 finished 7<sup>th</sup> 400m Hurdles

Jacqueline Bezuidenhout W50 finished  $1^{st}$  4 x 100m relay, 2nd in both 300m Hurdles and 4 x 400m relay,  $7^{th}$  in 100m and 200m

Robyn Suttor W55 finished 7th 300m Hurdles

Deborah Drennan W60 finished 3<sup>rd</sup> in both 800m and 4 x 400m relay

At the recent World Indoor Championships in Torun Poland, several NSW athletes were successful in bringing home medals: Ashley McMahon equalled his Australian Record finishing fifth in the M40 Monique Perry W40 finished 3<sup>rd</sup> in 60m. Ashley ran an Australian record in the heats of the 200m W40, lowering it again in the semi-finals, before finishing fifth in the finals.

Paula Moorhouse W70 finished 3<sup>rd</sup> 400m achieving an Australian record. She also finished third in the 800m. Both Robyn Suttor W60 and Lenore Lambert W45 snatched a silver medal in the 60m Hurdles. Jay Stone M35 finished 3<sup>rd</sup> 400m, Lenore Lambert W45 finished 7<sup>th</sup> in the 400m and Peter Crombie M70 finished 6<sup>th</sup> in the 200m

#### **DISTANCE REP – Bianca Keehn**

The main objective for my first term in this role was to get information to as many runners as possible that NSW Masters Athletics exists. Information was sent to every active parkrun in NSW, as well as every running club that I was able to find. I assisted with co-ordinating a Volunteer takeover of the Penrith Lakes parkrun, with the volunteer roles being filled by Masters athletes. That enabled us to get the attention of over 300 runners in less than an hour. I have also taken flyers to a number of parkrun events that I have participated in myself. Whilst a slow progress, we are also starting to gain the attention of trail runners who are interested in the longer events that are now available (Half Marathon, Trail / Mountain running events).

#### **WALKS REP – Anne Weekes**

What an amazing year for our accomplished athlete Heather Lee. Competing in the Pan Pacific Masters Games on the Gold Coast, Heather improved her own world record times in both the 3,000m Track Walk and the 10km Road Walk, winning 3 gold overall. Unfortunately, the 3,000m could not be ratified due to lack of official judges but truly inspirational performances regardless. Other gold medallists included Anne Weekes with 3 gold and Antoinette Woodward 1 gold.

Malaga World Championship success came to Jim Seymon with 3rd in 20km walk with Anne Weekes taking 2nd in 5,000m Track Walk and 3rd in 10km Road Walk. Anne followed up with a 4th in the 10km Road Walk at the World Indoors in Poland earlier this year with local resident Joan Purcell defending her world title, taking gold in the 10km event. Amazing results achieved by all.

State Winter Road Walk titles had minimal representatives, with Jim Seymon and Dennis Williams both taking gold. In the women's events, Anne Weekes opted for the Open Age events securing bronze in both the 15km and 20km Road Walks. This saw Anne place 3rd overall in the ANSW Distance Walker of the Year and secured the ANSW Masters Walks award. Rising stars were Carmel Richardson and newcomer Antoinette Woodward, who showed great improvement over the season.

NSW walkers were also successful in the Australian Masters Athletics Championships with Antoinette Woodward securing 3 bronze in her first ever National event. Jim Seymon secured 2 gold and silver with Dennis Williams unlucky in two of the events and securing gold in the 3rd. Congratulations to all.

# **NSWMA** Equipment Inventory @ June 29, 2019

- Trailer 7 x 4 tradesman type, Registration: TC83NY
- Microsoft Surface Book 2 plus bag
- HP Officejet 4620 Printer
- Set relay batons
- Measuring wheel for track and course measuring
- NSWMA blue canvas banner for display at AMA Nationals
- NSWMA team manager vest
- NSWMA Indoor pull up banner
- First Aid kit (trailer)
- Tape measures, 2 x 30m, 2 x 50m (trailer)
- Stop watches x 4 (batteries flat)
- Wedderburn scales 20kg.
- Electric Kettle

#### NOTE:

- Hot water urn (whereabouts unknown)
- HP Compaq 6710b laptop computer (retired)

# **Throwing Implements**

#### Hammer:

Weight	Number	Weight	Number
7.26kg	2	4kg	4
6kg	4	3kg	4
5kg	2	2kg	2

# **Shot Put:**

Weight	Number	Weight	Number
7.26kg	1	4kg	4
6kg	4	3kg	3
5kg	3	2kg	2

# Discus:

Weight	Number	Weight	Number
2kg	8	1kg	8
1.5kg	4	750g	4

# Javelin:

Weight	Number	Weight	Number
800g	3	500g	3
700g	4	400g	2
600g	1		

# Weight Throw:

Weight	Number	Weight	Number
56lb	1		
45lb	0	12lb	2
35lb	NM 1 / SG 1	4kg	2
25lb	NM 4 / SG 1	3kg	0
20lb	2	2kg	1
16lb	3		

Document revised: June 2019

#### Motion to Amend the NSWMA Constitution

A proposed motion that the Constitution of NSW Masters Athletics Inc be amended in the following ways:

#### **Proposed Amendment to the whole document:**

Replacement of the term 'Club' with the term 'Association' throughout the NSWMA Constitution. This change affects Clauses 2, 3(a), (c)i, (c)ii, (d) i, (d)iii, (c)i, 4(a)i, (d)ii, 5, 5(d), (e), (f), (g), 6(a), (e), (f), (h), (i), (j), (l), (m), 7(a), (b), (c), 8(b), (d), (e), 9, 10, 11(b), 12, 12(b), 13(a), (b), (c), (d), 14, 15, 16, 18, 19(a), (b), 20.

**Reason for Proposed Amendment:** To provide clarity and consistency of the use of terms 'Club' and 'Association' throughout the document.

#### **Proposed Amendments to Section 4 Committee:**

a) Replacement of the term 'publicity' with 'media' in Clause 4(a)ii 'Other Elected Officials'.

**Current Wording:** Publicity and Communications Officer **Proposed New Wording:** Media and Communications Officer

**Reason for Proposed Amendment:** Amendment of terminology aligns NSWMA Committee position title with position description

#### **Proposed Amendment:**

b) Inclusion of new text regarding limitation of terms for Executive Committee positions in Clause 4(b)

**Current Wording: N/A** 

**Proposed New Wording:** No person may serve any more than eight (8) years in each of the positions of President, Vice President, Secretary or Treasurer. There is no limit to the number of years for which other elected committee members may hold office.

**Reason for Proposed Amendment:** Amendment aligns the limitations of terms for Executive Committee positions with the current Constitution (2016) of the AMA Board. This approach will also encourage new members to serve on the NSWMA Committee.

#### **Proposed Amendment:**

c) Inclusion of new text regarding the number of Committee members required for a quorum, and the use of technology for the conduct of Committee meetings. Addition affects Clause 4(c).

**Current Wording**: A quorum for a meeting of the Committee is six, one of whom shall be the President or Vice-President.

**Proposed New Wording**: A quorum for a meeting of the Committee is six (6), one of whom shall be the President or Vice-President. If the number of committee members is less that the number required to make a quorum (i.e. less than 6), then the existing committee members may appoint enough Association members to establish a quorum.

Committee meetings can be held at 2 or more venues using any technology the committee approves. Whatever technology is used, it must give each committee member a reasonable opportunity to participate.

Committee members who participate at a committee meeting using such technology have the same rights as members who are present at the meeting, including voting rights.

**Reason for Proposed Amendment:** The use of technology enables the NSWMA Committee to conduct Committee meetings that are more convenient and easier to attend for more Committee members. New text in the Constitution updates the document with current practices.

- d) Proposed additional wording related to obligations of committee members
- i) Elected or appointed committee members shall:
  - (a) exercise care and diligence in undertaking their NSWMA duties and responsibilities;
- (b) act in good faith in the interest of NSWMA and all its members, and shall put NSWMA's interests ahead of their own interest, or the interests of other organisations;
  - (c) retain discretion and not disclose confidential information; and
  - (d) avoid conflicts of interest or act for an improper purpose.
- ii) No committee member shall:
  - (a) improperly exercise powers conferred upon them, or
  - (b) fail to carry out duties properly delegated to them, or
  - (c) act contrary to the Objects, or
- (d) display conduct prejudicial to the good name of NSWMA or the sport of masters athletics, or
- (e) breach the IAAF Code of Ethics.

#### **Proposed Amendments to Section 6 Management:**

a) To include new text regarding the Secretary keeping Committee meeting minutes in written or electronic form and keeping a register of members in written or electronic form. New text is found in Clause 6(h).

#### **Current Wording:**

The Honorary Secretary shall:

(h) Call meetings as provided by the Constitution, keep the minutes of such meetings, and perform such other tasks as the Committee or a General Meeting may instruct. He or she shall also submit to the Annual General Meeting a report on Club activities for the preceding year.

Associated text in Clause 6(I): The Public Officer shall 'keep a register of all Club members and make it available for inspection by any member of the Club' will be removed from this section.

#### **Proposed New Wording:**

The Honorary Secretary shall:

(h) Call meetings as provided by the Constitution, keep the minutes of such meetings, and perform such other tasks as the Committee or a General Meeting may instruct. Minutes can be kept in written or electronic form and the chairperson can sign the minutes of meeting proceedings electronically. He or she shall also submit to the Annual General Meeting a report on Association activities for the preceding year.

The secretary is responsible for keeping the register of members. The association register may also include the email address of an association member. The register can be kept in written or electronic form. If kept in electronic form, a current hard copy has to be made available for any member to inspect at the association's main premises or the official address.

#### **Reason for Proposed Amendment:**

New text aligns Constitution with current practices of the NSWMA Committee and specifically details the use of either written or electronic minutes and member register. Committee documents are held in a central cloud-based server for ease of access by all Committee members and streamlining of processes.

#### **Proposed Amendment:**

xii) To include new text regarding the Treasurer presenting a financial statement at each

Committee meeting in Clause 6(i).

#### **Current Wording:**

The Honorary Treasurer shall:

(i) Collect all monies due to the Club, pay all accounts owed by the Club, and present a financial statement to each General Meeting.

#### **Proposed New Wording:**

The Honorary Treasurer shall:

(i) Collect all monies due to the Association, pay all accounts owed by the Association, and present a financial statement to each Committee Meeting and General Meeting

#### **Reason for Proposed Amendment:**

With regular updates at all Committee Meetings on the financial reports from the Treasurer the NSWMA Committee will be better informed of the current financial position of the Association.

#### **Proposed Amendments to Section 7 Meetings:**

a) To include new text regarding the ability of members to send requests for general meetings electronically. New text affects Clause 7(b).

#### **Current Wording:**

A Special General Meeting may be convened by resolution of the Committee, or by the President on the written requisition of not fewer than seven members of the Club. The Honorary Secretary shall, within seven days of receiving the requisition, give 21 days' notice to members of the Special General Meeting to be convened and the business to be considered. The agenda of the meeting shall be confined to the purpose for which the meeting was called.

#### **Proposed New Wording:**

A Special General Meeting may be convened by resolution of the Committee, or by the President on the written requisition of not fewer than seven members of the Association. Members have the option to make and send their request electronically for a general meeting to be held. The Honorary Secretary shall, within seven days of receiving the requisition, give 21 days' notice to members of the Special General Meeting to be convened and the business to be considered. The agenda of the meeting shall be confined to the purpose for which the meeting was called.

#### **Reason for Proposed Amendment:**

Updating of Constitution to include use of current technologies for communication.

#### **Proposed Amendment:**

b) To replace term 'audited' with 'reviewed' and 'auditor' with 'reviewer' in regard to the Committee's financial reports. Replaced text affects Clause 7(d)I, (d)ii and 10.

#### **Current Wording:**

The business of the Annual General Meeting which takes precedence over all other business shall be:

- i. To confirm the minutes of the previous Annual General Meeting.
- ii. To receive the annual report and the audited financial statement.
- iii. To elect the Committee and the Auditor, and any other officers provided for in the Constitution. At least once in each financial year the accounts of the Association shall be examined by an Auditor appointed at the Annual General Meeting.

#### **Proposed New Wording:**

The business of the Annual General Meeting which takes precedence over all other business shall be:

- i. To confirm the minutes of the previous Annual General Meeting.
- ii. To receive the annual report and the reviewed financial statement.
- iii. To elect the Committee and the Reviewer, and any other officers provided for in the Constitution. At least once in each financial year the accounts of the Association shall be examined by a Reviewer

appointed at the Annual General Meeting.

#### Reason for Proposed Amendment:

As NSWMA is a Tier 2 organisation, it is not required that the financial records be audited. Instead, they can be reviewed by someone of appropriate skill and knowledge.

#### **Proposed Amendments to Section 8 Meeting Procedure**

To include new text regarding the use of technology for voting at general meetings, change in constitution for allowance of proxy voting, appointment and validity of proxies. New text affects Clause 8(e)ii, (e) iii, (f), (g), (h), (i).

#### **Current Wording:**

ii. A matter requiring decision at a General Meeting of the Club shall be determined by a show of hands unless a poll is demanded.

iii. Voting by proxy is not allowed.

#### **Proposed New Wording:**

- ii. A matter requiring decision at a General Meeting of the Association shall be determined by a show of hands unless a poll is demanded. A resolution put to a vote at a general meeting being held using technology can be decided using a suitable method that the committee determines.
- iii. Voting by proxy is allowed.
- iv. The Chair may exercise a casting vote in addition to a personal vote.
- (f) Appointment of proxies
- i. Each voting member (as applicable) may appoint another person as proxy to attend in his or her place at a General Meeting
- ii. A proxy may vote on behalf of no more than 3 Voting Members.
- (g) A voting member appointing a proxy:
- i. Must ensure it is done in writing, communicated electronically or on paper
- ii. May specify the manner in which the proxy is to vote in respect of a particular resolution and may indicate the proxy is not entitled to vote on any other resolution
- iii. Must ensure it is received by the Secretary no later than 7 days prior to the General Meeting.
- (h) Incomplete proxy
- (i) Where the proxy appointment does not specify the name of a proxy, the appointment will be taken to be given in favour of the Chairperson of the meeting.

#### Reason for Proposed Amendment:

Updating of Constitution to align with Athletics NSW proxy voting process.

#### Proposed Amendment to Section 21 Amendment of the Constitution

To include new text regarding the use of electronic ballots to determine future amendments to the NSWMA Constitution in Clause 21 'Amendment of the Constitution'

#### **Current Wording:**

This Constitution may be amended by a threequarters majority of members casting a vote in a postal ballot, or by three-quarters majority of members present at a General Meeting for which notice of the proposed amendment(s) has been given.

#### **Proposed New Wording:**

This Constitution may be amended by a threequarters majority of members casting a vote in a postal ballot, or by three-quarters majority of members present at a General Meeting for which notice of the proposed amendment(s) has been given. Electronic ballots can be conducted to determine any amendment as decided by the committee.

#### Reason for Proposed Amendment:

Updating of Constitution to include use of current technologies for communication.

#### **AMA Notices of Motion and Special Resolution**

**MOTION 1** ONESPORT The AMA council endorses the AMA Board finalising a, 'OneSport' agreement with AA that has the following principles:

1. All Masters Athletes to be registered with 'Athletics' through their open State Association, through payment of a nominal fee for each member. Currently all States comply with the exception of Vic and ACT, and most pay a \$10 fee. 2. All such registered athletes are eligible for any competition or championships subject to meeting age requirement. 3. AA will provide AMA with the complete national database of athletes over 30 for the purpose of verifying championship entrants and compiling statistics on participation of masters in athletics. 4. AMA will become a direct Associate of AA, and be involved where relevant in AA national level strategy and operational discussions. 5. AA will include key AMA national and international dates on the AA national calendar. AMA will provide content to AA regarding events and notable performances, with AA to utilise as part of its website and media communications.

Note 1 - Neither AA nor AMA has any intention that AMA will become a part of AA. There will be no changes to the way in which AMA is managed by the Board. No changes to the AMA constitution are planned, as a result of this AMA/AA agreement. Note 2 - The specific mechanism for achieving Note 1 above, in terms of possible changes to master's club registration forms, is to be agreed to at a State level.

See the enclosed document outlining key points from the current draft agreement.

**MOTION 2** AMA CHAMPIONSHIPS The AMA Council support the AMA Board recommendation of an AMA sub-committee developing optimal programmes for the National Championships, using Perth and Melbourne LOC reports and feedback from the 2019 survey. The approved programme will be mandatory, with only minor variations permitted. The sub-committee scope will include non-stadia and multi-event Championships.

**MOTION 3** AMA TRUST FUND The AMA Council supports the AMA Board recommendation for \$100,000 of current AMA Funding to be allocated for funding projects by States and Territories. This will occur on exhaustion of Perth WMAC Trust funds and the closing of that account. The same rules as applied to Perth WMAC Funding will apply to the \$100,000 AMA Fund. Management of the fund will transfer from the current Trust Board to the AMA Board.

**SPECIAL RESOLUTION** Proposed Special Resolution: The AMA Council agree to the Constitution of Australian Masters Athletics Inc. being amended by deleting Section 4(i) subpoint three and in its place insert the following –

ACT Masters Athletics Club Inc

#### AA/AMA AGREEMENT - KEY POINTS

**Principles** Consolidate Australian Athletics membership across Australia in to a single system Obtain a more complete view of athletics participation membership across Australia

All Masters athletes must be a member of their respective state/territory Member Association. Fees vary amongst Member Associations, but the majority have a "base" or "basic" level membership, which for many is a \$10 annual fee. As part of the registration process AMA will move towards all online, and if possible the system

will split the registration with a registration fee going to the State Open body, the capitation fee going directly to AMA, and the remainder to the Masters Club.

Currently, AMA requires Masters age athletes to be a member of a State Masters Club to be eligible to participate in the National and International Championship events. Under this proposal, where a Masters age participant elects to join a regular affiliated club (instead of a Masters Club) during the membership sign up process, AMA will allow all Masters age athletes to compete at National and International events without payment of a capitation fee to AMA. For example, a 36 year old athlete elects to joins the Adelaide Harriers Athletics Club and Athletics SA. This athlete will be regarded as a registered member of the sport of athletics and AMA will allow this athlete to be eligible for participation in National and International Masters events.

Under this agreement, AA, via its Member Associations, (through the national database), will provide AMA with data relating to all registered athletes aged 30 and over. This data will be provided around relevant Masters Championships events.

This data will only be used by AMA for the following purposes: - To verify entries to Regional, National, and World Masters Championship events - To compile statistics of the participation of Masters athletes in athletics (this will be de-identified data)

#### **Benefit**

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- All Masters athletes will be housed in one centralised database
- The Masters Club / Association will have all of its participant information housed in a single location that is accessible at any time of the day from any location where there's an internet connection
- AMA will have a complete view of the Masters athlete population. Athletics Australia will be able to provide additional deidentified data as requested
- AMA's process for age verification for international events would be streamlined
- Barriers for Masters age athletes wanting to compete in Regional, National and International Masters events will be removed, resulting in a likely increase in participation and associated AMA revenue through event entry fees

**Australian Masters Athletics and Athletics Australia Relationship** AMA have flagged a desire to engage with AA at a strategic level and that they would welcome involvement where relevant in AA national level strategy and operational discussions and attendance at relevant events. AA agree that this is important and would be a positive step. With this in mind, a possible course of action includes:

- AA to offer AMA Associate Membership of Athletics Australia (note that AA will recommend this to its Member Associations for approval at the next AGM in October 2019)
- AMA invited to send a representative to strategic forums and meetings as appropriate
- AMA President (or representative) invited to AA event VIP functions
- AMA to invite AA representatives to AMA events/functions.

#### Other

- · AA to include key AMA national and international dates on the AA national calendar
- AMA to provide content to AA regarding events and notable performances, with AA to utilise as part of its communications