

AUSTRALIAN MASTERS ATHLETICS & WORLD MASTERS ATHLETICS RECORDS

AMAI Club Records compiled by Records Officer, Clyde Riddoch, 14 Joan Street, Sunshine West Vic 3020, Tel: 03 9363 2515

Mobile: 0439 902 907, Email: clyderiddoch@msn.com

12-Jul-12

MEN						WOMEN					
AGE		NAME	STATE	TIME	DATE	AGE		NAME	STATE	TIME	DATE
60 METRES						60 METRES					
M30	AR	ROBERT VIDLER	VIC	6.96s	2011	W30	AR	FIONA CULLEN	NSW	7.95s	2011
M35	AR	ROBERT VIDLER	VIC	7.21s	2012	W35	AR	JULIE BRIMS	QLD	7.99s	2005
M40	AR	GREG SMITH	NSW	7.19s	2012			KATH HOLLAND	WA	7.4s h	1978
M45	AR	JAYE HANSON	TAS	7.34s	2012	W40	AR	GIANNA MOGENTALE	NSW	7.86s	2007
		MICHAEL WILSON	ACT	7.1s h	1995	W45	AR	JULIE BRIMS	QLD	7.75s	2011
M50	AR	WAYNE COUSINS	QLD	7.40s	2001	W50	AR	MARIE KAY	QLD	8.54s	2011
M55	AR	JOHN WIGHT	QLD	7.41s	2001			MARGARET TAYLOR	ACT	8.3s h	2001
M60	AR	PETER CROMBIE	NSW	7.94s	2006	W55	AR	WENDY SHEAVES-DORAN	QLD	8.82s	2005
M65	AR	ROB MCDONALD	QLD	8.10s	2010	W60	AR	WENDY DORAN	QLD	9.04s	2010
M70	AR	GLEN WILSON	QLD	8.41s	2011	W65	AR	PEGGY MACLIVER	WA	9.43s	2010
M75	AR	HUGH COOGAN	QLD	8.78s	2012	W70	AR	ANNETTE HORSNELL	QLD	9.99s	2008
M80	AR	TOM BROWN	QLD	9.42s	1999	W75	AR	ANN COOPER	SA	10.23s	2007
M85	AR	CHARLIE HANKINS	QLD	10.45s	2001	W80	AR	PAT CARR	WA	12.95s	2012
						W85	AR	MARGARET PROWSE	VIC	17.9s	2007
						W90	AR	MARGARET PROWSE	VIC	25.54s	2012
100 METRES						100 METRES					
M30	AR	BRETT BLANCO	WA	10.88s	2005	W30	AR	MELISSA MEDLICOTT	NSW	11.55s	2000
M35	AR	MATTHEW PILKINGTON	NSW	10.88s	2009	W35	AR	KATH HOLLAND	WA	12.0s	1978
	WR	LINFORD CHRISTIE	GBR	9.97s	1995		WR	MERLENE OTTEY	JAM	10.74s	1996
M40	AR	REG AUSTIN	NSW	10.80s	1977	W40	AR	GIANNA MOGENTALE	NSW	12.26s	2007
	WR	TROY DOUGLAS	NED	10.29s	2003		WR	MERLENE OTTEY	SLO	11.09s	2004
M45	AR	BOB WISHART	VIC	11.2s	1989	W45	AR	JULIE BRIMS	QLD	12.37s	2011
	WR	WILLIE GAULT	USA	10.72s	2006		WR	MERLENE OTTEY	SLO	11.34s	2008
M50	AR	PETER CROMBIE	NSW	11.47s	1981	W50	AR	JULIE FORSTER	NSW	12.64s	2011
	WR	WILLIE GAULT	USA	10.88s	2011		WR	MERLENE OTTEY	SLO	11.67s	2010
M55	AR	BERNIE HOGAN	QLD	11.5s	1976	W55	AR	WENDY EY	SA	13.80s	1993
	WR	WILLIAM COLLINS	USA	11.44s	2008		WR	PHIL RASCHKER	USA	13.30s	2002
M60	AR	BERNIE HOGAN	QLD	12.15s	1981	W60	AR	ANN COOPER	SA	14.40s	1990
	WR	RON TAYLOR	GBR	11.70s	1995		WR	INGRID MEIER	GER	13.75s	2008
M65	AR	MALCOLM PIRIE	QLD	12.62s	1994	W65	AR	ANN COOPER	SA	14.85s	1995
	AR	PETER CROMBIE	NSW	12.62s	2010		WR	NADINE O'CONNOR	USA	14.10s	2007
	WR	STEPHEN ROBBINS	USA	12.37s	2008	W70	AR	ANN COOPER	SA	15.72s	1999
M70	AR	BOB WISHART	VIC	13.28s	2012		WR	KATHY BERGEN	USA	14.76s	2010
	WR	BOBBY WHILDON	USA	12.77s	2005	W75	AR	ANN COOPER	SA	16.09s	2005
M75	AR	HUGH COOGAN	QLD	13.86s	2012		WR	PAULA SCHNEIDERHAN	GER	15.91s	1997
	WR	BRUNO KIMMEL	GER	13.54s	2009	W80	AR	GWEN DAVIDSON	VIC	19.93s	2003
M80	AR	LEO COFFEY	VIC	15.27s	2011		WR	HANNA GELBRICH	GER	18.42s	1993
	WR	PAYTON JORDAN	USA	14.35s	1997	W85	AR	MARGARET PROWSE	VIC	34.53s	2007
M85	AR	CHARLIE BOOTH	VIC	16.98s	1989		WR	NORA WEDEMO	SWE	19.83s	1999
	WR	SUDA GICHI	JPN	16.16s	1998		WR	MITSU MORITA	JPN	19.83s	2008
M90	AR	HARRY GATHERCOLE	QLD	19.99s	1997	W90	AR	MARGARET PROWSE	VIC	43.22	2012
	WR	FREDERICO FISCHER	BRA	17.53s	2007		WR	NORA WEDEMO	SWE	23.18s	2003
M95	AR	CHARLIE BOOTH	VIC	28.57s	2002	W95	WR	KATSUKO IWAKI	JPN	35.48s	
	WR	FREDRICH MAHLO	GER	21.44s	2007						
M100	AR	LES AMEY	QLD	58.29s	2000						
	WR	HIDEKICHI MIYAZAKI	JPN	29.83s	2010						
200 METRES						200 METRES					
M30	AR	JAY STONE	NSW	21.84s	2012	W30	AR	MELISSA MEDLICOTT	NSW	23.4s	2000
M35	AR	PETER O'DWYER	VIC	21.98s	2002	W35	AR	KATH HOLLAND	WA	24.6s	1978
	WR	LINFORD CHRISTIE	GBR	20.11s	1995		WR	MERLENE OTTEY	JAM	21.93s	1995
M40	AR	REG AUSTIN	NSW	21.9s	1977	W40	AR	KYLIE STRONG	NSW	25.10s	2007
	WR	TROY DOUGLAS	NED	20.64s	2003		WR	MERLENE OTTEY	SLO	22.72s	2004
M45	AR	REG AUSTIN	NSW	22.40s	1983	W45	AR	JULIE BRIMS	QLD	25.21s	2011
	WR	WILLIE GAULT	USA	21.80s	2008		WR	MERLENE OTTEY	SLO	23.82s	2006
M50	AR	REG AUSTIN	NSW	23.1s	1987	W50	AR	MARGE ALLISON	NSW	26.4s	1995
	WR	WILLIE GAULT	USA	22.44s	2011		WR	MERLENE OTTEY	SLO	24.33s	2007
M55	AR	HAL THOMAS	SA	24.02s	1992	W55	AR	WENDY SHEAVES-DORAN	QLD	28.08s	2005
	WR	WILLIAM COLLINS	USA	23.36s	2006		WR	INGRID MEIER	GER	27.26s	2003
M60	AR	PETER CROMBIE	NSW	24.83s	2005	W60	AR	ANN COOPER	SA	29.8s	1991
	WR	RON TAYLOR	GBR	24.00s	1995		AR	MARGE ALLISON	QLD	30.03s	2005
M65	AR	BERNIE HOGAN	QLD	25.6s	1985		WR	PHIL RASCHKER	USA	28.54s	2007
	AR	PETER CROMBIE	NSW	25.67s	2010	W65	AR	MARGE ALLISON	QLD	31.40s	2011
	WR	STEPHEN ROBBINS	USA	25.20s	2008		WR	NADINE O'CONNOR	USA	29.37s	2007
M70	AR	HUGH COOGAN	QLD	26.84s	2005	W70	AR	ANN COOPER	SA	32.83s	1999
	WR	GUIDO MUELLER	GER	26.48s	2009		WR	MARGARET PETERS	NZL	31.45s	2004
M75	AR	HUGH COOGAN	QLD	28.44s	2011	W75	AR	ANN COOPER	SA	33.6s	2004
	WR	WOLFGANG REUTER	GER	27.97s	2005		WR	PAULA SCHNEIDERHAN	GER	34.40s	1997
M80	AR	MIKE JOHNSTON	VIC	31.82s	2002	W80	AR	MARION SKARRATT	TAS	46.44s	2001
	WR	HIROO TANAKA	JPN	30.78s	2011		WR	MORITA MITSU	JPN	40.78s	2003
M85	AR	MIKE JOHNSTON	VIC	35.79s	2007	W85	AR	MARGARET PROWSE	VIC	76.8s	2005
	WR	UGO SANSONETTI	ITA	34.24s	2004		WR	MITSU MORITA	JPN	45.65s	2008
M90	AR	HARRY GATHERCOLE	QLD	44.24s	1997	W90	AR	MARGARET PROWSE	VIC	97.22s	2011

	WR	FREDERICO FISCHER	BRA	38.57s	2007		WR	OLGA KOTELKO	CAN	56.46s	2009
M95	WR	FREDRICH MAHLO	GER	48.69s	2007	W95	WR	KUTSUKO IWAKI	JPN	88.02s	2010
M100	WR	PHILLIP RABINOWITZ	RSA	77.59s	2004						
400 METRES						400 METRES					
M30	AR	MARK ROSENBERG	NSW	48.35s	1994	W30	AR	GLENDA DOUGLASS	NSW	55.5s	1996
M35	AR	JEFF KING	ACT	48.2s	2000	W35	AR	KATH HOLLAND	WA	56.0s	1978
	WR	IBRAHIMA WADE	FRA	45.76s	2004		WR	AURELIA PENTON	CUBA	50.56s	1978
M40	AR	ROBERT MCCUBBIN	VIC	49.33s	2004	W40	AR	MARIE KAYE	NSW	56.18s	2003
	WR	ENRICO SARACENI	ITA	47.81s	2004		WR	SARA MONTECINOS	CHL	53.68s	1994
M45	AR	REG AUSTIN	NSW	50.61s	1983	W45	AR	JAN HYNES	QLD	57.8s	1989
	WR	KHALID MULAZIM	USA	50.18s	2011		AR	BARBARA BLURTON	VIC	57.91s	1995
M50	AR	REG AUSTIN	NSW	51.81s	1987		WR	MARIE LANDE MATHIEU	PUR	56.15s	2003
	WR	FRED SOWERBY	USA	51.39s	1999	W50	AR	MARGE ALLISON	NSW	58.51s	1995
M55	AR	COLIN MCCURRY	VIC	55.08s	2003		WR	MARIE LANDE MATHIEU	PUR	57.66s	2007
	WR	CHARLES ALLIE	USA	52.24s	2003	W55	AR	BARBARA BLURTON	WA	63.3s	2005
M60	AR	PETER CROMBIE	NSW	56.85s	2005		WR	CAROLYN POWELL	GBR	61.90s	2009
	WR	RALPH ROMAIN	TRI	53.88s	1995	W60	AR	ANNE STOBAUS	VIC	67.30s	2001
M65	AR	COLIN BUYERS	QLD	58.90s	2007		WR	PHIL RASCHKER	USA	66.69s	2007
	WR	GUIDO MUELLER	GER	56.37s	2004	W65	AR	MARGE ALLISON	QLD	70.64s	2010
M70	AR	HUGH COOGAN	QLD	60.77s	2006		WR	DIANE PALMASON	CAN	68.21s	2003
	WR	GUIDO MUELLER	GER	59.34s	2009	W70	AR	ANNE STOBAUS	VIC	76.63s	2011
M75	AR	HUGH COOGAN	QLD	64.10s	2011		WR	ANNE STOBAUS	AUS	76.63s	2011
	WR	HUGH COOGAN	AUS	64.10s	2011	W75	AR	CORY COLLINS	ACT	90.69s	2012
M80	AR	MIKE JOHNSTON	VIC	72.85s	2002		WR	JEAN DAPRANO	USA	82.59s	2011
	WR	HIROO TANAKA	JPN	70.27s	2011	W80	AR	SHIRLEY BRASHER	TAS	2m 06.15s	2009
M85	AR	MIKE JOHNSTON	VIC	85.99s	2007		WR	POLLY CLARKE	USA	1m 40.45s	1990
	WR	LUCAS NEL	RS	80.47	2010	W85	AR	MARGARET PROWSE	VIC	2m 51.21s	2006
M90	AR	ALEX PITTENDRICH	QLD	117.78s	1997		WR	NINA NAUMENKO	RUS	1m 49.46s	2011
	WR	UGO SANSONETTI	ITA	95.04s	2009	W90	AR	MARGARET PROWSE	VIC	3m 36.47s	2011
M95	AR	ALEX PITTENDRICH	QLD	2m 50.1s	2001		WR	OLGA KOTELKO	CAN	2m 50.28s	2009
	WR	ERWIN JASKULSKI	AUT	2m 38.64s	2000						
M100	WR	ERWIN JASKULSKI	AUT	3m 41s	2003						
800 METRES						800 METRES					
M30	AR	SCOTT TAMBLIN	WA	1m 51.81s	2010	W30	AR	JUDY DALY	SA	2m 07.4s	1978
M35	AR	ROBERT MCCUBBIN	VIC	1m 53.10s	2003	W35	AR	JUDY DALY	SA	2m 11.5s	1986
	WR	JOHNNY GRAY	USA	1m 43.36s	1995		WR	LYUBOV GURINA	RUS	1m 56.53s	1994
M40	AR	ROBERT MCCUBBIN	VIC	1m 51.56s	2004	W40	AR	SUZY COLE	TAS	2m10.48s	2010
	WR	JIM SORENSEN	USA	1m 50.34s	2007		WR	Y. PODKOPAYEVA	RUS	1m 59.25s	1994
M45	AR	ALAN BRADFORD	QLD	1m 58.6s	1987	W45	AR	JEANETTE FLYNN	QLD	2m 13.13s	1999
	WR	SALADIN ALLAH	USA	1m 54.18s	2005		WR	Y. PODKOPAYEVA	RUS	2m 02.82s	1998
M50	AR	ALAN BRADFORD	QLD	2m 00.40s	1989	W50	AR	JEANETTE FLYNN	QLD	2m 16.05s	2005
	WR	NOLAN SHAHEED	USA	1m 58.65s	2000		WR	JEANETTE FLYNN	AUS	2m 16.05s	2005
M55	AR	TOM ROBERTS	VIC	2m 05.07s	1989	W55	AR	JEANETTE FLYNN	QLD	2m 21.98s	2007
	WR	STAN IMMELMAN	RSA	2m 03.7s	2001		WR	JEANETTE FLYNN	AUS	2m 21.98s	2007
M60	AR	ALAN BRADFORD	QLD	2m 10.42s	1999	W60	AR	ANNE STOBAUS	VIC	2m 40.28s	2001
	WR	NOLAN SHAHEED	USA	2m 08.56s	2011		WR	SABRA HARVEY	USA	2m 34.66s	2009
M65	AR	DAVID CARR	WA	2m 19.5s	1998	W65	AR	MARGE ALLISON	QLD	2m 55.36s	2010
	WR	EARL FEE	CAN	2m 14.33s	1995		WR	DIANE PALMASON	CAN	2m 41.81s	2003
M70	AR	DAVID CARR	WA	2m 25.14s	2003	W70	AR	ANNE STOBAUS	VIC	3m 03.94s	2011
	WR	EARL FEE	CAN	2m 20.52s	1999		WR	ELFRIEDE HODAPP	GER	2m 59.55s	2006
M75	AR	DAVID CARR	WA	2m 34.3s	2007	W75	AR	CORY COLLINS	ACT	3m 54.65s	2012
	WR	DAVID CARR	AUS	2m 34.3s	2007		WR	JEANNE DAPRANO	USA	3m 07.35s	2011
M80	AR	MIKE JOHNSTON	VIC	3m 05.6s	2002	W80	AR	MARION SKARRATT	TAS	4m 20.88s	2001
	WR	EARL FEE	CAN	2m 48.95s	2009		WR	NINA NAUMENKO	RUS	3m 45.00s	2005
M85	AR	MIKE JOHNSTON	VIC	3m 34.5s	2007	W85	AR	MARGARET PROWSE	VIC	6m 35.91s	2006
	WR	YOSHIMITSU MIYAUCHI	JPN	3m 21.23s	2009		WR	ROSARIO IGLESIAS	MEX	5m 00.58s	1997
M90	AR	ALEX PITTENDRICH	QLD	4m 28.2s	1997	W90	AR	unclaimed			
	WR	HOLGOR JOSEFSSON	SWE	4m 04.85s	2009		WR	ROSARIO IGLESIAS	MEX	6m 59.18s	2001
M95	WR	HERB KIRK	USA	6m 02.94s	1991						
1500 METRES						1500 METRES					
M30	AR	GLENN RITCHIE	NSW	3m 41.48s	1996	W30	AR	MARCIA SHEER	SA	4m 25.0s	1992
M35	AR	GERARD RYAN	ACT	3m 55.43s	1996	W35	AR	BELINDA MARTIN	NSW	4m 21.03s	2011
	WR	BERNARD LAGAT	USA	3m 32.51s	2010		WR	MARICICA PUICA	ROM	3m 57.73s	1983
M40	AR	ALBIE THOMAS	NSW	3m 55.4s	1975	W40	AR	SUZY COLE	TAS	4m 31.63s	2012
	WR	VYACHESLAV SHAVUNIN	RUS	3m 42.65s	2010		WR	Y. PODKOPAYEVA	RUS	3m 59.78s	1994
M45	AR	ROBERT SCHWERKOLT	VIC	4m 00.2s	2011	W45	AR	JEANETTE FLYNN	QLD	4m 33.29s	1997
	WR	JESUS BORREGO	ESP	3m 52.43s	2008		WR	Y. PODKOPAYEVA	RUS	4m 05.44s	1998
M50	AR	TOM ROBERTS	VIC	4m 05.2s	1984	W50	AR	JEANETTE FLYNN	QLD	4m 42.00s	2005
	WR	TOM ROBERTS	AUS	4m 05.2s	1984		WR	GITTE KARLSHOJ	DEN	4m 40.7s	2009
M55	AR	KEITH BATEMAN	NSW	4m 12.35s	2011	W55	AR	ANN HOLCOMBE	VIC	5m 00.1s	2002
	WR	KEITH BATEMAN	AUS	4m 12.35s	2011		WR	CAROLYN OXTON	GBR	4m 57.4s	1998
M60	AR	JOHN GILMOUR	WA	4m 29.0s	1979	W60	AR	JAN MORREY	VIC	5m 36.93s	2000
	WR	NOLAN SHAHEED	USA	4m 24.00s	2011		WR	SABRA HARVEY	USA	5m 12.27s	2010
M65	AR	JACK RYAN	VIC	4m 41.82s	1987	W65	AR	LAVINIA PETRIE	VIC	5m 56.1s	2010
	WR	SIMON HERLAAR	HOL	4m 39.87s	1994		WR	LYDIA RITTER	GER	5m 43.61s	2004
M70	AR	DAVID CARR	WA	5m 05.2s	2003	W70	AR	LORRAINE LOPES	WA	6m 29.49s	2012
	WR	RON ROBERTSON	NZL	4m 52.95s	2011		WR	RIMMA VASINA	RUS	6m 00.50s	2011
M75	AR	DAVID CARR	WA	5m 28.1s	2007	W75	AR	SHIRLEY BRASHER	TAS	7m 57.83s	2002

	WR	SHICHIRO MIDORIKAWA	JPN	5m 22.40s	2007		WR	ELFRIEDE HODAPP	GER	6m 34.22s	2010
M80	AR	BOB LEWIS	VIC	6m 34.57s	2008	W80	AR	SHIRLEY BRASHER	TAS	9m 34.52s	2007
	WR	ED WHITLOCK	CAN	5m 48.93s	2011		WR	MELITTA CZERWENKA-NAGE	GER	7m 25.50s	2010
M85	AR	PETER BROWNBILL	VIC	7m 53s	2004	W85	AR	MARGARET PROWSE	VIC	12m 33.4s	2007
	WR	YOSHIMITSU MIYAUCHI	JPN	6m 51.32s	2009		WR	NINA NAUMENKO	RUS	8m 51.67s	2011
M90	AR	PETER BROWNBILL	VIC	9m 32s	2008						
	WR	HOLGER JOSEFSSON	SWE	8m 07.17s	2009						
M95	WR	PETTER GREEN	NOR	12m 57.7s	2007						
M100	AR	LES AMEY	QLD	16m 46.4s	2000						
	WR	LES AMEY	AUS	16m 46.4s	2000						
1 MILE						1 MILE					
M30	AR	BRENDAN WHELAN	QLD	4m 25.25s	2006	W30	AR	SUE HOBSON	ACT	4m 48s	1989
M35	AR	GREG VANDER SANDEN	WA	4m 28s	1996	W35	AR	JUDY DALEY	SA	4m 50.08s	1982
	WR	BERNARD LAGAT	USA	3m 51.38s	2011		WR	MARICICA PUICA	ROM	4m 17.33s	1985
M40	AR	TONY MURRAY	ACT	4m 12.56s	1988	W40	AR	JENNY BRICHACEK	ACT	4m 59.91s	2006
	WR	VYACHESLAV SHAVUNIN	RUS	4m 01.62s	2010		WR	Y. PODKOPAYEVA	RUS	4m 23.78s	1993
M45	AR	ROBERT SCHWERKOLT	VIC	4m 27.70s	2012	W45	AR	JEANETTE FLYNN	QLD	5m 07.95s	1997
	WR	TONY YOUNG	USA	4m 16.09s	2008		WR	Y. PODKOPAYEVA	RUS	4m 48.42s	1997
M50	AR	TOM ROBERTS	VIC	4m 30.06s	1987	W50	AR	JEANETTE FLYNN	QLD	5m 13.6s	2004
	WR	NOLAN SHAHEED	USA	4m 27.9s	2000		WR	GITTE KARLSHOJ	DEN	5m 00.59s	2010
M55	AR	KEITH BATEMAN	NSW	4m 35.04s	2010	W55	AR	JEANETTE FLYNN	QLD	5m 27.57s	2006
	WR	KEITH BATEMAN	AUS	4m 35.04s	2010		WR	JEANETTE FLYNN	AUS	5m 27.57s	2006
M60	AR	JOHN GILMOUR	WA	4m 57.1s	1980	W60	AR	LAVINIA PETRIE	VIC	6m 05.7s	2004
	WR	TONY MCMANUS	NZL	4m 51.85s	2012		WR	GERDA VAN KOOTEN	NED	5m 48.94s	1999
M65	AR	JACK RYAN	VIC	5m 05.61s	1987	W65	AR	THERESIA BAIRD	VIC	6m 30.37ss	2007
	WR	DEREK TURNBULL	NZL	4m 56.4s	1992		WR	MARIE-LOUISE MICHELSON	USA	6m 16.28s	2007
M70	AR	JOHN WARREN	NSW	5m 39.38s	2009	W70	AR	LORRAINE LOPES	WA	7m 14.5s	2011
	WR	JOOP RUTER	NED	5m 19.75s	2003		WR	JEANNE DAPRANO	USA	6m 47.91s	2007
M75	AR	DAVID CARR	WA	6m 04.2s	2007	W75	AR	CORRIE DEGROOT	VIC	8m 59.4s	2003
	WR	ED WHITLOCK	CAN	5m 41.80s	2006		WR	HELLY VISSER	CAN	7m 47.4s	2011
M80	AR	NORM PEARCE	QLD	7m 24.os	2006	W80	AR	AILSA CREE	NSW	13m 02.06s	2010
	WR	JOSEPH KING	USA	7m 09.60s	2008		WR	GERRY DAVIDSON	USA	9m 00.52s	2001
M85	AR	PETER KENNEDY	WA	14m 35.9s	2006	W85	AR	MARGARET PROWSE	VIC	13m 34.3s	2007
	WR	JOSEF GALIA	GER	8m 04.7s	1985		WR	GERRY DAVIDSON	USA	11m 03.11s	2006
M90	AR	PETER BROWNBILL	VIC	10m 30.9s	2008						
	WR	PETER BROWNBILL	AUS	10m 30.9s	2008						
M95	WR	HERB KIRK	USA	14m 48.2s	1990						
3,000 METRES						3,000 METRES					
M30	AR	DAVID LEWIS	NSW	8m 33.7s	1990	W30	AR	SUE HOBSON	ACT	9m 05.93s	1989
M35	AR	GEOFF MOORE	ACT	8m 47.3s	1984	W35	AR	BELINDA MARTIN	NSW	9m 18.51s	2011
	WR	BERNARD LAGAT	USA	7m 29.00s	2010		WR	MARICICA PUICA	ROM	8m 27.83s	1985
M40	AR	TONY MURRAY	ACT	8m 36s	1987	W40	AR	ELAINE COOPER	ACT	9m 54s	2000
	WR	VYACHESLAV SHAVUNIN	RUS	8m 02.54s	2010		WR	JOYCE SMITH	GBR	9m 11.2s	1978
M45	AR	ROBERT SCHWERKOLT	VIC	8m 49.0s	2011	W45	AR	GLENDA BANAGHAN	QLD	10m 11.04s	2009
	WR	NIGEL GATES	GBR	8m 27.7s	1998		WR	Y. PODKOPAYEVA	RUS	9m 17.27s	1997
M50	AR	KEITH BATEMAN	NSW	8m 59.62	2009	W50	AR	ROBYN BASMAN	NSW	10m 30.27s	2011
	WR	CHRISTIAN GEFFREY	FRA	8m 41.2s	2007		WR	GITTE KARLSHOJ	DEN	9m 47.20s	2009
M55	AR	KEITH BATEMAN	NSW	8m 56.80s	2010	W55	AR	KATHY SOUTHGATE	ACT	11m 12.51s	2012
	WR	KEITH BATEMAN	AUS	8m 56.80s	2010		WR	SANDRA BRANNEY	GBR	10m 13.8s	2009
M60	AR	JOHN GILMOUR	WA	9m 41.2s	1980	W60	AR	LAVINIA PETRIE	VIC	11m 58.9s	2003
	WR	ADRIAAN HEIJDENS	NED	9m 29.47s	2002		WR	BERNADINE PORTENSKI	NZL	11m 00.10ss	2011
M65	AR	JOHN GILMOUR	WA	10m 10.2s	1984	W65	AR	THERESIA BAIRD	VIC	12m 07.18s	2007
	WR	DEREK TURNBULL	NZL	9m 47.4s	1992		WR	THERESIA BAIRD	AUS	12m 07.18s	2007
M70	AR	PETER SANDERY	SA	11m 11.25s	2011	W70	AR	SANDY BRUNNER	SA	13m 21.93s	2012
	WR	SIEM HERLAAR	NED	10m 42.40s	1999		WR	SANDY BRUNNER	AUS	13m 21.93s	2012
M75	AR	DAVID CARR	WA	12m 18.3s	2007	W75	AR	LORNA THOMPSON	QLD	17m 46.0s	2002
	WR	ED WHITLOCK	CAN	11m 10.43s	2006		WR	YOKO NAKANO	JPN	14m 05.77s	2011
M80	AR	IRWIN BARRETT-LENNARD	WA	14m 16.8s	2009	W80	AR	LORNA THOMPSON	QLD	20m 28.81s	2007
	WR	ED WHITLOCK	CAN	12m 13.56s	2011		WR	MELITTA CZERWENKA-NAGE	GER	15m 34.64s	2010
M85	AR	PETER KENNEDY	WA	28m 17.5s	2006	W85	AR	MARGARET PROWSE	VIC	26m 21.8s	2007
	WR	JULIAN BERNAL MEDINA	ESP	14m 13.4s	2005		WR	IVY GRANSTROM	CAN	24m 08.62s	1998
M90	AR	EDDIE GAMBLE	VIC	24m 28.6s	2005						
	WR	PETTER GREEN	NOR	18m 36s	2002						
M95	WR	PETTER GREEN	NOR	26m 17.4s	2007						
5,000 METRES						5,000 METRES					
M30	AR	DAVID LEWIS	NSW	14m 51.80s	1989	W30	AR	SUSAN HOBSON	ACT	16m 25.7s	1989
M35	AR	GARRY HAND	ACT	14m 36.8s	1985	W35	AR	BELINDA MARTIN	NSW	16m 12.12s	2011
	WR	BERNARD LAGAT	USA	12m 53.60s	2011		WR	EDITH MASAI	KEN	14m 33.52s	2006
M40	AR	STEVE AUSTIN	VIC	14m 01.7s	1991	W40	AR	JOANNE COWAN	NSW	17m 00.65s	1998
	WR	MOHAMMED EZZHER	FRA	13m 43.15s	2000		WR	ELENA FIDATOV	ROM	15m 20.59s	2000
M45	AR	STEVE AUSTIN	VIC	14m 59.0s	1997	W45	AR	DOT BROWNE	VIC	17m 33.3s	1986
	WR	LUCIEN RAULT	FRA	14m 23.6s	1982		WR	NICOLE LEVEQUE	FRA	15m 55.71s	1996
M50	AR	COLIN O'BRIEN	VIC	15m 49.4s	1997	W50	AR	BRONWEN CARDY	VIC	17m 44.75s	2002
	WR	DAVID REES	GBR	14m 53.2s	2003		WR	GITTE KARLSHOJ	DEN	16m 51.17s	2009
M55	AR	KEITH BATEMAN	NSW	15m 29.7s	2011	W55	AR	JEAN ALBURY	VIC	18m 49.0s	1985
	WR	KEITH BATEMAN	AUS	15m 29.7s	2011		WR	SANDRA BRANNEY	GBR	17m 52.82s	2009
M60	AR	JOHN GILMOUR	WA	16m 33.3s	1980	W60	AR	THERESIA BAIRD	VIC	19m 21.3s	2001
	WR	ADRIAAN HEIJDENS	NED	16m 12.57s	1999		WR	BERNADINE PORTENSKI	NZL	18m 51.13s	2010

M65	AR	JOHN GILMOUR	WA	17m 25.3s	1985	W65	AR	THERESIA BAIRD	VIC	20m 42.5s	2007
	WR	DEREK TURNBULL	NZ	16m 38.8s	1992		WR	MARIE-LOUISE MICHELSON	USA	20m 27.08s	2007
M70	AR	JOHN GILMOUR	WA	18m 46.62s	1989	W70	AR	SANDY BRUNNER	SA	23m 02.20s	2012
	WR	RON ROBERTSON	NZL	18m 15.53s	2011		WR	CECILIA MORRISON	GBR	22m 06.02s	2010
M75	AR	RANDALL HUGHES	VIC	20m 18.04s	1999	W75	AR	SHIRLEY YOUNG	VIC	27m 56.65s	2005
	WR	ED WHITLOCK	CAN	19m 07.02s	2006		WR	M. CZARWENKA-NAGEL	GER	24m 32.98s	2006
M80	AR	IRWIN BARRETT-LENNARD	WA	23m 57.6s	2009	W80	AR	LORNA THOMPSON	QLD	36m 05.23s	2008
	WR	ED WHITLOCK	CAN	20m 58.12s	2011		WR	NINA NAUMENKO	RUS	26m 56.10s	2005
M85	AR	PETER BROWNBILL	VIC	29m 24.79s	2004	W85	AR	MARGARET PROWSE	VIC	45m 33.2s	2007
	WR	GORDON PORTEOUS	GBR	24m 51.7s	1999		WR	MATSUE NISHIYAMA	JPN	37m 02.30s	1993
M90	AR	PETER BROWNBILL	VIC	36m 52.1s	2008						
	WR	GORDON PORTEOUS	GBR	31m 25.45s	2004						
M95	WR	FRANK LEVINE	USA	50m 10.56s	2009						
10,000 METRES						10,000 METRES					
M30	AR	GLENN RITCHIE	NSW	31m 06.5s	1995	W30	AR	BILLINDA SCHIPP	NSW	35m 07.4s	2008
M35	AR	ERIC COYLE	TAS	29m 58.5s	1985	W35	AR	DESIREE LETHERBY	SA	34m 34.4s	1981
	WR	HAILE GEVRSELAASSIE	ETH	26m 51.20s	2008		WR	HELENA JAVORNIK	SLO	31m 06.63s	2004
M40	AR	STEVE AUSTIN	VIC	29m 23.1s	1991	W40	AR	DOT BROWNE	VIC	35m 30.5s	1985
	WR	MARTTI VAINIO	FIN	28m 30.88s	1991		WR	ALLA ZHILYAYEVA	RUS	31m 40.97s	2009
M45	AR	JAMES HARRISON	NSW	31m 43.17s	2009	W45	AR	BRONWEN CARDY	VIC	36m 06.26s	2001
	WR	ANTONIO VILLANUEVA	MEX	30m 02.56s	1987		WR	EVY PALM	SWE	32m 34.06s	1988
M50	AR	RON PETERS	QLD	32m 54.8s	2003	W50	AR	ANTOINETTE SHAW	WA	37m 31.9s	2000
	WR	PETER DE VOCHT	BEL	30m 55.16s	2010		WR	FIONA MATHESON	GBR	35m 05.7s	2011
M55	AR	KEITH BATEMAN	NSW	31m 51.86s	2011	W55	AR	BRONWEN CARDY	VIC	37m 50.93s	2007
	WR	KEITH BATEMAN	AUS	31m 51.86s	2011		WR	SANDRA BRANNEY	GBR	37m 09.4s	2006
M60	AR	JOHN GILMOUR	WA	34m 23.0s	1980	W60	AR	THERESIA BAIRD	VIC	39m 21.1s	2001
	WR	LUCIANO ACQUARONE	ITA	34m 14.88s	1991		WR	BERNADINE PORTENSKI	NZL	39m 04.23ss	2010
M65	AR	JOHN GILMOUR	WA	36m 11.0s	1984	W65	AR	THERESIA BAIRD	VIC	42m 07.1s	2007
	WR	DEREK TURNBULL	NZ	34m 42.2s	1992		WR	THERESIA BAIRD	AUS	42m 07.1s	2007
M70	AR	JOHN GILMOUR	WA	38m 26.0s	1989	W70	AR	SANDY BRUNNER	SA	48m 31.23s	2012
	WR	ED WHITLOCK	CAN	38m 04.13s	2001		WR	MARIE-LOUISE MICHELSON	USA	46m 38.5s	2012
M75	AR	RANDALL HUGHES	VIC	43m 05.41s	2000	W75	AR	SHIRLEY YOUNG	VIC	56m 59s	2005
	WR	ED WHITLOCK	CAN	39m 25.16s	2006		WR	M. CZARWENKA-NAGEL	GER	50m 00.93s	2005
M80	AR	BILL BURRIDGE	NSW	50m 23.45s	2006	W80	AR	unclaimed			
	WR	ED WHITLOCK	CAN	42m 39.95s	2011		WR	NINA NAUMENKO	RUS	58m 24.70s	2005
M85	AR	KEN MATCHETT	VIC	60m 52.92s	2007	W85	AR	unclaimed			
	WR	MAX RASCHKE	GER	52m 50.80s	1993		WR	IVY GRANSTROM	CAN	86m 55.70s	1998
M90	WR	GORDON PORTEOUS	GBR	69m 27.5s	2004						
ONE HOUR RUN (currently not listed by WMA)						ONE HOUR RUN (currently not listed by WMA)					
M30	AR	ADRIAN SHEPPARD	ACT	17,296	2001	W30	AR	CAROL EY	ACT	15,705	1991
M35	AR	PHIL GARVIN	ACT	18,790	1986	W35	AR	ANNETTE PERKINS	ACT	15,552	1985
	WR	GASTON ROELANTS	BEL	20,774	1972		WR	CATHERINA SEGERS	BEL	16,521	1999
M40	AR	TREVOR JACOBS	ACT	17,819	1992	W40	AR	JACKIE FAIRWEATHER	ACT	16,056	2008
	WR	JOZEF EYCKMANS	BEL	19,149	1996		WR	GERDA MARIE DEHAES	BEL	15,844	1996
M45	AR	FRANK GREEN	ACT	17,759	1985	W45	AR	JENNY DOWIE	VIC	14,827	2004
	WR	ALAIN MIMOUN	FRA	18,862	1966		WR	INEKE STOFMEEL	NED	15,288	2004
M50	AR	MIKE MCAVOY	VIC	16,900	1988	W50	AR	STACEY VAN DUEREN	VIC	15,142	2010
	WR	ALAIN MIMOUN	FRA	18,576	1971		WR	GREET WARNAAR	NED	15,052	1993
M55	AR	JOHN GILMOUR	WA	17,186	1974	W55	AR	BRONWEN CARDY	VIC	15,323	2007
	WR	JOHN VAN DER WANSEM	HOL	17,394	2005		WR	ROS TABOR	GBR	14,275	2004
M60	AR	JOHN GILMOUR	WA	16,854	1979	W60	AR	LAVINIA PETRIE	VIC	13,823	2003
	WR	JOHN GILMOUR	AUS	16,854	1979		WR	LAVINIA PETRIE	AUS	13,823	2003
M65	AR	JOHN GILMOUR	WA	15,892	1984	W65	AR	LAVINIA PETRIE	VIC	13,640	2011
	WR	JOHN GILMOUR	AUS	15,892	1984		WR	BERTHILIA DE PRETER	BEL	12,467	1996
M70	AR	JOHN GILMOUR	WA	15,474	1989	W70	AR	ROWENA BARKER	VIC	11,410	2003
	WR	JOHN GILMOUR	AUS	15,474	1989		WR	BERTHILIA DE PRETER	BEL	11,425	1999
M75	AR	BOB LEWIS	VIC	13,038	2003	W75	AR	CORRIE DE GROOT	VIC	10,050	2003
	WR	EDWARD BENHAM	USA	13,699	1983		WR	CORRIE DE GROOT	AUS	10,050	2003
M80	AR	BOB LEWIS	VIC	10,850	2008	W80	AR	MARGARET PROWSE	VIC	5,840	2004
	WR	PAUL SPANGLER	USA	12,130	1980		WR	MARY AMES	USA	7,049	1987
M85	WR	PAUL SPANGLER	USA	10,088	1984	W85	AR	MARGARET PROWSE	VIC	6,469	2007
HALF MARATHON (BEST ON RECORD, not listed by WMA)						HALF MARATHON (BEST ON RECORD, not listed by WMA)					
M30	AR	BRIAN SIMMONS	VIC	66m 44s	1990	W30	AR	KATE SEIBOLD-CROSBIE	VIC	77m 45s	2005
M35	AR	JOHN MEAGHER	VIC	67m 05.24s	2002	W35	AR	SUSAN HOBSON	ACT	70m 31s	1997
	WR	PAUL TERGAT	KEN	59m 10s	2005		WR	EDITH MASAI	KEN	67m 16s	2006
M40	AR	GARRY HAND	ACT	68m 01s	1986	W40	AR	SUSAN HOBSON	ACT	73m 27s	1999
	WR	JOHN CAMPBELL	NZL	62m 28s	1990		WR	HELENA JAVORNIK	SLO	70m 32s	2007
	WR	NELSON CHIRCHIR	KEN	62m 28s	1996	W45	AR	BEV LUCAS	SA	77m 39s	1991
M45	AR	HANK STOFFERS	WA	70m 17s	1988		WR	EVY PALM	SWE	71m 18s	1988
	WR	JOSE ANDRADE	POR	63m 57s	2003	W50	AR	BEV LUCAS	SA	77m 52s	1996
M50	AR	RON PETERS	QLD	71m 32s	2003		WR	TATYANA POZDNYAKOVA	UKR	76m 07s	2006
	WR	DAVID MARTIN REES	GBR	66m 42s	2003	W55	AR	BRONWEN CARDY	VIC	85m 10s	2007
M55	AR	RON PETERS	QLD	72m 19s	2009		WR	SHIRLEY MATSON	USA	83m 09s	1996
	WR	JIM O'NEIL	USA	69m 17s	1993	W60	AR	THERESIA BAIRD	VIC	86m 16s	2001
M60	AR	JOHN GILMOUR	WA	77m 03s	1980		WR	THERESIA BAIRD	AUS	86m 16s	2001
	WR	MANUEL ROSALES TOUZA	ESP	74m 18s	1996	W65	AR	LAVINIA PETRIE	VIC	97m 53s	2009
M65	AR	JOHN GILMOUR	WA	77m 17s	1985		WR	RONA FREDERIKS	GER	97m 46s	2005
	WR	WIL VAN DER LEE	NED	77m 13s	1997	W70	AR	ROWENA BARKER	VIC	112m 25.62s	2002

M70	AR	JOHN GILMOUR	WA	81m 41s	1989		WR	JUNE MACHALA	USA	102m 18s	2001
	WR	JOHN GILMOUR	AUS	81m 41s	1989	W75	AR	CORRIE DE GROOT	VIC	131m 15s	2004
M75	AR	TONY BERRY	VIC	93m 51s	2010		WR	BETTY JEAN MCHUGH	CAN	113m 58s	2003
	WR	WARREN UTES	USA	90m 19s	1997	W80	AR	NORMA WALLETT	ACT	137m 25s	2010
M80	AR	BOB HORMAN	QLD	106m 00s	2000		WR	UNI WILMANN	NOR	134m 31s	2000
	WR	JOHN KESTON	USA	99m 28s	1995						
M85	AR	BOB HORMAN	QLD	125m 11s	2004						
	WR	GEORG GABRIEL	GER	120m 05s	2006						
M90	WR	FAUJA SINGH	IND	158m 55s	2002						
MARATHON (BEST ON RECORD)						MARATHON (BEST ON RECORD)					
M30	AR	BRIAN SIMMONS	VIC	2:26:20	1990	W30	AR	KATE SEIBOLD-CROSBIE	VIC	2:44:11	2005
M35	AR	GARRY HAND	ACT	2:20:15	1985	W35	AR	KAREN GOBBY	WA	2:36:42	1991
	WR	HAILE GEBRESELASSIE	ETH	2:03:59	2008		WR	LYUDMILA PETROVA	RUS	2:21:29	2006
M40	AR	GARY HAND	ACT	2:19:00	1987	W40	AR	DOT BROWNE	VIC	2:41:25	1983
	WR	ANDRES ESPINOSA	MEX	2:08:46	2003		WR	PRISCILLA WELCH	GBR	2:26:51	1987
M45	AR	BILL RAIMOND	NSW	2:25:51	1982	W45	AR	BEV LUCAS	SA	2:43:45	1995
	WR	KJELL-ERIK STAHL	SWE	2:15:51	1991		WR	TATIANA POZDNIKOVA	UKR	2:29:00	2002
M50	AR	PETER KALLIO	ACT	2:30:52	1987	W50	AR	BEV LUCAS	SA	2:44:12	1997
	WR	TITUS MAMABOLA	SAF	2:19:29	1991		WR	EDELTRAUD POHL	FRG	2:48:47	1988
M55	AR	RON PETERS	QLD	2:37:27	2009	W55	AR	JEAN ALBURY	VIC	3:09:14	1984
	WR	PIET VAN ALPHEN	NED	2:25:56	1986		WR	RAY BAYMILLER	USA	2:52:14	1998
M60	AR	JOHN GILMOUR	WA	2:41:07	1981	W60	AR	MARIE O'DONOVAN	NSW	3:20:28	1993
	WR	YOSHIHISA HOSAKA	JPN	2:36:30	2009		WR	BARBARA MILLER	USA	3:14:50	1999
M65	AR	COL MCLEOD	QLD	2:54:41	2003	W65	AR	LAVINIA PETRIE	VIC	3:28:24	2010
	WR	DEREK TURNBULL	NZL	2:41:57	1992		WR	LIESELOTTE SCHULTZ	GER	3:28:10	1985
M70	AR	JOHN GILMOUR	WA	3:03:04	1989	W70	AR	SHIRLEY YOUNG	VIC	4:03:52	2001
	WR	ED WHITLOCK	CAN	2:54:48	2004		WR	GINETTE BEDARD	USA	3:46:18	2005
M75	AR	RANDALL HUGHES	VIC	3:40:47	1999	W75	AR	SHIRLEY YOUNG	VIC	4:36:46	2005
	WR	ED WHITLOCK	CAN	3:04:54	2007		WR	GIVEN MCFARLEN	CAN	3:57:30	2009
M80	AR	ROBERT HORMAN	QLD	3:39:18	1998	W80	AR	NORMA WALLETT	ACT	5:31:53	2010
	WR	ED WHITLOCK	CAN	3:25:43	2011		WR	HELEN KLEIN	USA	4:49:50	2004
M85	AR	ROBERT HORMAN	QLD	4:34:55	2004	W85	AR	unclaimed			
	WR	ROBERT HORMAN	AUS	4:34:55	2004		WR	IDA MINTZ	USA	6:53:50	1990
						W90	WR	MAVIS LINDGREN	USA	8:53:08	1997
3,000 STEEPLECHASE						2,000 STEEPLECHASE					30" from 2000
M30	AR	SCOTT MCTAGGART	ACT	9m 05.44s	2007	W30	AR	KATE SEIBOLD-CROSBIE	VIC	7m 08.7s	2005
M35	AR	JEFF BRODERICK	VIC	8m 53.57s	1992	W35	AR	ELAINE COOPER	ACT	7m 07.0s	1999
	WR	SIMON VROEMEN	NED	8m 04.95s	2004		WR	LESLIE LEHANE	USA	6m 30.83s	1998
M40	AR	JEFF BRODERICK	VIC	9m 10.2s	1995	W40	AR	ELAINE COOPER	ACT	7m 06.6s	2000
	WR	ANDRES CAROSI	ITA	8m 38.40s	2004		WR	LISA RYAN	USA	6m 49.58s	2011
M45	AR	JEFF BRODERICK	VIC	9m 24.4s	2000	W45	AR	ANTOINETTE SHAW	WA	8m 02.4s	1993
	WR	NILS UNDERSAKOR	NOR	9m 16.1s	1984		WR	LISA VALLE	USA	6m 58.89s	2011
M50	AR	ALAN BRADFORD	QLD	9m 51.62s	1989	W50	AR	LOUISE FAIRFAX	TAS	7m 55.74s	2003
	WR	NILS UNDERSAKOR	NOR	9m 38.8s	1989		WR	MARGARET ORMAN	NZL	7m 43.99s	1993
M55	AR	ALAN BRADFORD	QLD	10m 14.0s	1994	W55	AR	ANTOINETTE SHAW	WA	8m 23.96s	2003
	WR	RON ROBERTSON	NZL	9m 55.05s	1997		WR	MARGARET ORMAN	NZL	7m 58.43s	1997
2,000 STEEPLECHASE					30" from 2000	2,000 STEEPLECHASE					30" from 2000
M60	AR	ALAN BRADFORD	QLD	6m 54.31s	1999	W60	AR	JAN MORREY	VIC	8m 52.30s	2000
	WR	RON ROBERTSON	NZL	6m 30.21s	2001		WR	MARIE MICHELSON	USA	8m 47.61s	2002
M65	AR	ALAN BRADFORD	QLD	7m 18.2s	2004	W65	AR	ANNE LANG	SA	10m 42.65s	2012
	WR	RON ROBERTSON	NZL	7m 18.10s	2008		WR	MARIE MICHELSON	USA	9m 00.2s	2008
M70	AR	PETER SANDERY	SA	8m 16.57s	2011	W70	AR	SHIRLEY BRASHER	TAS	11m 24.25s	2000
	WR	RON ROBERTSON	NZL	7m 10.03s	2011		WR	ANNE MARTIN	GBR	10m 49.22s	2008
M75	AR	DAVID CARR	WA	8m 56.59s	2008	W75	WR	ANNE MARTIN	GBR	11m 40.62s	2011
	WR	DAVID CARR	AUS	8m 56.59s	2008						
M80	AR	RAD LEOVIC	ACT	11m 17.54s	2008						
	WR	SOICHI TAMOI	JPN	10m 01.18s	2003						
M85	AR	KEN MATCHETT	VIC	13m 23.05	2007						
	WR	SOICHI TAMOI	JPN	11m 36.93s	2008						
110 METRE HURDLES					.991m	100 METRE HURDLES					.840m
M30	AR	GREG EYEARS	NSW	14.13s	2012	W30	AR	EILEEN HINDLE	WA	14.3s	1983
M35	AR	TERRY BALDWIN	VIC	15.10s	1998	W35	AR	EILEEN HINDLE	WA	14.5s	1985
	WR	COLIN JACKSON	GBR	13.11s	2002		WR	LUDMILLA ENGQUIST	SWE	12.47s	1999
M40	AR	CONRAD BURGE	ACT	15.68s	1991						
	WR	DAVID ASHFORD	USA	13.73s	2003	80 METRES HURDLES					.762m
M45	AR	HARRY GILES	QLD	15.5s	1990	W40	AR	GLYNIS CEARNS	QLD	11.66s	2001
	WR	KARL SMITH	JAM	14.41s	2006		WR	MONICA PELLEGRINELLI	SUI	11.24s	2005
100 METRES HURDLES					.914m	W45	AR	MARIE KAY	QLD	12.32s	2009
M50	AR	TED BARNARD	VIC	15.03s	1995		WR	CHRISTINE MULLER	SUI	11.51s	2004
	AR	MICK STEVENSON	TAS	15.2s	1991	W50	AR	SALLY STAGLES	NSW	12.86s	2011
	WR	WALT BUTLER	USA	13.57s	1991		WR	CHRISTINE MULLER	SUI	12.08s	2009
M55	AR	MICK STEVENSON	TAS	15.53s	1997	W55	AR	BRENDA PARKINSON	SA	13.94s	1992
	WR	HERBERT KREINER	AUT	14.25s	2010		WR	HELGI LAMP	EST	12.31s	1999
100 METRES HURDLES					.840m	80 METRES HURDLES					.686m from 2000
M60	AR	MICK STEVENSON	TAS	15.86s	2001	W60	AR	UNA LUND	QLD	14.24s	2001
	WR	THADDEUS WILSON	USA	14.37s	2011		WR	PHIL RASCHKER	USA	13.26s	2007
M65	AR	MICK STEVENSON	TAS	16.42s	2005	W65	AR	MARGE ALLISON	QLD	15.11s	2009
	WR	ROLF GEESE	GER	15.47s	2009			EDITH GRAFF	BEL	14.03s	2008

80 METRES HURDLES				.762m		W70	AR	ANNA ZEITZEN	TAS	20.5s	2003
M65	AR	RICHARD TREMBATH	VIC	13.4s	2007		WR	ASTA LARSSON	SWE	16.10s	2004
M70	AR	MICK STEVENSON	TAS	14.13s	2011	W75	AR	unclaimed			
	WR	ARNO HAMAEEKERS	GER	12.96s	2010		WR	FLORENCE MEILER	USA	18.63s	2009
M75	AR	DON CHAMBERS	VIC	15.34s	2012	W80	AR	unclaimed			
	WR	JAMES STOOKEY	USA	13.62s	2005		WR	JOHNNYE VALIEN	USA	24.34s	2005
80 METRES HURDLES				.686m							
M80	AR	FRED O'CONNOR	NSW	18.64s	2005						
	WR	MELVIN LARSEN	USA	14.75s	2005						
M85	AR	VIC YOUNGER	QLD	26.65s	2000						
	WR	KIZO KIMURA	JPN	18.06s	1996						
M90	AR	VIC YOUNGER	VIC	44.4s	2003						
	WR	RALPH MAXWELL	USA	21.62s	2011						
400 METRES HURDLES				.914m		400 METRES HURDLES				.762m	
M30	AR	CAMERON YORKE	WA	53.76s	2010	W30	AR	GLENDA DOUGLASS	NSW	61.6s	1996
M35	AR	MICHAEL EDWARDS	WA	53.79s	1992	W35	A R	STACEY QUITZAW	NSW	62.3s	1996
	WR	DANNY MCFARLANE	JAM	48.13s	2009		WR	MARINA STEPANOVA	URS	52.94s	1986
M40	AR	NOEL CLOUGH	VIC	54.3s	1982	W40	AR	JAN HYNES	QLD	62.80s	1987
	WR	JAMES KING	USA	52.76s	1989		WR	BARBARA GAHLING	GER	58.35s	2007
M45	AR	HARRY GILES	QLD	58.02s	1989	W45	AR	JAN HYNES	QLD	64.09s	1994
	WR	GUIDO MUELLER	FRG	55.18s	1986		WR	BARBARA GAHLING	GER	62.85s	2010
400 METRES HURDLES				.840m		300 METRES HURDLES				.762m	
M50	AR	JOHN GORDON	NSW	60.22s	1997	W50	AR	JAN HYNES	QLD	45.8s	1994
	WR	HOWARD MOSCROP	GBR	56.56s	2008		WR	CHRISTINE MULLER	SUI	45.05s	2008
M55	AR	RICHARD TREMBATH	VIC	62.60s	1999	W55	AR	MARGE ALLISON	NSW	51.71s	2003
	WR	GUIDO MUELLER	GER	58.92s	1995		WR	PHIL RASCHKER	USA	49.14s	2002
300 METRES HURDLES				.840m							
M50	AR	MICK STEVENSON	TAS	43.58s	1991						
M55	AR	RICHARD TREMBATH	VIC	44.0s	1999						
300 METRES HURDLES				.762m		300 METRES HURDLES				.686m from 2000	
M60	AR	RICHARD TREMBATH	VIC	45.19s	2003	W60	AR	MARGE ALLISON	QLD	51.64s	2005
	WR	GUIDO MUELLER	FRG	42.31s	1999		WR	MARGE ALLISON	AUS	51.64s	2005
M65	AR	MICK STEVENSON	TAS	47.69s	2005	W65	AR	MARGE ALLISON	QLD	54.06s	2011
	WR	GUIDO MUELLER	GER	43.89s	2004		WR	MARGE ALLISON	AUS	54.06s	2011
300 METRES HURDLES				.686m		W70	AR	ANNA ZEITZEN	TAS	96.1s	2003
M70	AR	MICK STEVENSON	TAS	51.64s	2011		WR	FLORENCE MEILOR	USA	67.16s	2004
	WR	GUIDO MUELLER	GER	45.24s	2009	W75	AR	unclaimed			
M75	AR	FRED O'CONNOR	NSW	56.29s	1999		WR	JOHNNYE VALIEN	USA	89.00s	2001
	WR	EARL FEE	CAN	52.91s	2005						
M80	AR	FRED O'CONNOR	NSW	66.33s	2004	200 METRES HURDLES				.686m from 2009	
	WR	DAN BULKLEY	USA	62.61s	1999	W70	AR	RUTH JOHNSON	WA	48.04s	2012
M85	AR	VIC YOUNGER	QLD	119.8s	1998		WR	NORIKO NAKAMURA	JPN	39.26s	2009
	WR	HUGO A DELGADO FLORES	PER	67.99s	2009						
M90	WR	ILMARI KOPPINEN	FIN	121.71s	2008						
200 METRES HURDLES				.686m							
M80	AR	OSMO MILLRIDGE	NSW	44.11s	2012						
	WR	EARL FEE	CAN	36.95s	2010						
M85	WR	HUGO A DELGADO FLORES	PER	45.13s	2011						
M90	WR	RALPH MAXWELL	USA	51.31s	2010						
1,500 METRES WALK						1,500 METRES WALK					
M30	AR	CLYDE RIDDOCH	VIC	6m 11s	1983	W30	AR	SUE COOK	ACT	6m 40s	1990
M35	AR	STEVE HAUSFELD	ACT	6m 00.3s	1988	W35	AR	SHARON SCHNYDER	VIC	6m 47s	2000
M40	AR	DAVE THOMPSON	ACT	5m 58.9s	1986	W40	AR	HEATHER MCDONALD	VIC	6m 45s	1990
M45	AR	PAUL KENNEDY	VIC	6m 14.29s	2003	W45	AR	HEATHER MCDONALD	VIC	6m 49s	1996
M50	AR	ANDREW JAMIESON	VIC	6m 21.1s	1999	W50	AR	LYNETTE VENTRIS	WA	6m 45.8s	2007
M55	AR	MURRAY DICKINSON	VIC	6m 44.1s	1995	W55	AR	LYNETTE VENTRIS	WA	7m 00.30s	2011
M60	AR	ANDREW JAMIESON	VIC	6m 52.50s	2008	W60	AR	HEATHER CARR	VIC	7m 18.50	2010
M65	AR	ANDREW JAMIESON	VIC	6m 52.56s	2012	W65	AR	BRENDA RILEY	VIC	7m 48.2s	2005
M70	AR	RALPH BENNETT	VIC	8m 00.40s	2012	W70	AR	JEAN ALBURY	TAS	8m 24s	2000
M75	AR	BOB GARDINER	VIC	7m 57.44s	2011	W75	AR	JEAN KNOX	VIC	9m 55s	2002
M80	AR	OSMO MILLRIDGE	NSW	9m 54.62s	2012	W80	AR	LORNA THOMPSON	QLD	11m 12.83s	2008
M85	AR	RICHARD KEATINGE	QLD	11m 07s	2008	W85	AR	HEATHER LEE	NSW	11m 36.90s	2012
M90	AR	PETER KENNEDY	WA	16m 11.60s	2010						
2,000 METRES WALK						2,000 METRES WALK					
M30	AR	ANDREW JACHNO	ACT	8m 43s	1994	W30	AR	MIRIAM HARDING	ACT	9m 44s	1988
M35	AR	ROSS REID	VIC	8m 36s	1994	W35	AR	KELLY RUDDICK	VIC	8m 42.2s	2011
M40	AR	DAVE THOMPSON	ACT	8m 07s	1986	W40	AR	LYN VENTRIS	WA	9m 05.7s	2001
M45	AR	PAUL KENNEDY	VIC	8m 22.77s	2004	W45	AR	LYN VENTRIS	WA	9m 08.6s	2006
M50	AR	ANDREW JAMIESON	VIC	8m 33s	2000	W50	AR	PAM TINDAL	VIC	9m 35.7s	2011
M55	AR	ANDREW JAMIESON	VIC	8m 47.7s	2003	W55	AR	HEATHER CARR	VIC	9m 57.5s	2006
M60	AR	ANDREW JAMIESON	VIC	9m 13.5s	2010	W60	AR	HEATHER CARR	VIC	9m 54.9s	2010
M65	AR	ANDREW JAMIESON	VIC	9m 33.5s	2011	W65	AR	GWEN STEED	VIC	11m 27s	2009
M70	AR	DICK HORSLEY	WA	11m 04s	1983	W70	AR	JAN MORREY	VIC	12m 41.1s	2010
M75	AR	STAN JONES	WA	13m 19.2s	2005	W75	AR	GLENICE SHANAHAN	WA	16m 31s	2000
M80	AR	STAN JONES	WA	13m 25.7s	2006						
M85	AR	FRANK HANSFORD-MILLER	WA	25m 14.8s	2002						
3,000 METRES WALK (WORLD BESTS ONLY)						3,000 METRES WALK (WORLD BESTS ONLY)					

M30	AR	IGNACIO JIMENEZ	QLD	12m 45.81s	1996	W30	AR	KAREN ISELIN	QLD	13m 55.8s	1989
M35	AR	WILLI SAWALL	VIC	11m 28.2s	1980	W35	AR	ANNE MANNING	NSW	12m 43.2s	1995
	WB	DAVID SMITH	AUS	11m 16.38s	1992		WB	KERRY JUNNA-SAXBY	AUS	12m 02.39	1997
M40	AR	WILLI SAWALL	VIC	11m 28.21s	1982	W40	AR	LYNETTE VENTRIS	WA	14m 05.7s	2001
	WB	WILLI SAWALL	AUS	11m 28.21s	1982		WB	S. GRIESBACH	FRA	13m 19.7s	1987
M45	AR	PAUL KENNEDY	VIC	12m 50.2s	2003	W45	AR	LYNETTE VENTRIS	WA	13m 57.43s	2002
	WB	GARY LITTLE	NZL	12m 06s	1991		WB	LYNETTE VENTRIS	AUS	13m 57.43s	2002
M50	AR	ANDREW JAMIESON	VIC	12m 59.5s	2000	W50	AR	LYNETTE VENTRIS	WA	13m 54.3s	2007
	WB	GARY LITTLE	NZL	12m 18s	1993		WB	LYNETTE VENTRIS	AUS	13m 54.3s	2007
M55	AR	ANDREW JAMIESON	VIC	13m 21.7s	2003	W55	AR	LYNETTE VENTRIS	WA	14m 16.41s	2012
	WB	WILLI SAWALL	AUS	12m 44s	1996		WB	LYNETTE VENTRIS	AUS	14m 16.41s	2012
M60	AR	ANDREW JAMIESON	VIC	13m 24.07s	2007	W60	AR	HEATHER CARR	VIC	15m 21.94s	2011
	WB	MOROTTI GRAZIANO	ITA	13m 15.11s	2011		WB	HEATHER CARR	AUS	15m 21.94s	2011
M65	AR	ANDREW JAMIESON	VIC	14m 20.10s	2012	W65	AR	BRENDA RILEY	VIC	16m 22.1s	2006
	WB	ANDREW JAMIESON	AUS	14m 20.10s	2012		WB	BRENDA RILEY	AUS	16m 22.1s	2006
M70	AR	TOM DAINTRY	VIC	15m 51.0s	1982	W70	AR	JAN MORREY	VIC	19m 15.6s	2010
	WB	ARTHUR THOMSON	GBR	15m 15.24s	2006		WB	BRITTA TIBBLING	SWE	18m 05s	1989
M75	AR	BOB GARDINER	VIC	17m 01.00	2011	W75	AR	LORNA THOMPSON	QLD	20m 42.15s	2002
	WB	JAMES GRIMWADE	GBR	16m 19.5s	1987		WB	M.GORDON	SWE	20m 41s	2000
M80	AR	TOM DAINTRY	VIC	18m 44s	1992	W80	AR	LORNA THOMPSON	QLD	22m 15.42s	2008
	WB	JAMES GRIMWADE	GBR	17m 41.4s	1993		WB	AINA ENGBERG	SWE	21m 08.2s	2003
M85	AR	GUS THEOBALD	VIC	19m 31.0s	1982	W85	AR	NANCE JEFFREYS	VIC	27m 36.0s	1994
	WR	GUS THEOBALD	AUS	19m 31.0s	1982		WB	F.BENNO-CARIS	USA	27m 11.02s	2004
M90	AR	GUS THEOBALD	VIC	21m 21.3s	1987						
	WR	GUS THEOBALD	AUS	21m 21.3s	1987						
5,000 METRES WALK						5,000 METRES WALK					
M30	AR	IGNACIO JIMENEZ	QLD	21m 38.52s	1996	W30	AR	LORRAINE JACHNO	ACT	22m 17.32s	1990
M35	AR	DAVID SMITH	QLD	19m 53s	1994	W35	AR	ANNE MANNING	NSW	21m 37.5s	1996
	WR	M. DAMILANO	ITA	18m 30.43s	1992		WR	ELISABETTA PERRONNE	ITA	20m 12.41s	2003
M40	AR	WILLI SAWALL	VIC	19m 45.65s	1984	W40	AR	LYNETTE VENTRIS	WA	23m 24.5s	2001
	WR	WILLI SAWALL	AUS	19m 45.65s	1984		WR	S. GRIESBACH	FRA	22m 49.4s	1987
M45	AR	DAVID SMITH	QLD	22m 30.1s	2001	W45	AR	LYNETTE VENTRIS	WA	23m 42.4s	2005
	WR	GARY LITTLE	NZL	20m 54.4s	1991		WR	LYNETTE VENTRIS	AUS	23m 42.4s	2005
M50	AR	ANDREW JAMIESON	VIC	22m 19.3s	2001	W50	AR	LYNETTE VENTRIS	WA	23m 37.78s	2007
	WR	GARY LITTLE	NZL	21m 01s	1992		WR	LYNETTE VENTRIS	AUS	23m 37.78s	2007
M55	AR	ANDREW JAMIESON	VIC	22m 40.11s	2001	W55	AR	LYNETTE VENTRIS	WA	23m 57.90s	2012
	WR	WILLI SAWALL	AUS	22m 11.5s	1997		WR	LYNETTE VENTRIS	AUS	23m 57.90s	2012
M60	AR	ANDREW JAMIESON	VIC	22m 38.7s	2007	W60	AR	HEATHER CARR	VIC	26m 10.22s	2011
	WR	ANDREW JAMIESON	AUS	22m 38.7s	2007		WR	HEATHER CARR	AUS	26m 10.22s	2011
M65	AR	ANDREW JAMIESON	VIC	24m 14.04s	2012	W65	AR	BRENDA RILEY	VIC	27m 19.1s	2006
	WR	ANDREW JAMIESON	AUS	24m 14.04s	2012		WR	BRENDA RILEY	AUS	27m 19.1s	2006
M70	AR	TOM DAINTRY	VIC	27m 01.8s	1982	W70	AR	JEAN ALBURY	TAS	29m 42.75s	2000
	WR	ARTHUR THOMSON	GBR	26m 01.52s	2006		WR	BRITTA TIBBLING	SWE	29m 16s	1991
M75	AR	TOM DAINTRY	VIC	28m 02.26s	1987	W75	AR	LORNA THOMPSON	QLD	34m 40.70s	2002
	WR	JAMES GRIMWADE	GBR	27m 40s	1987		WR	BRITTA TIBBLING	SWE	32m 44.76s	1993
M80	AR	GUS THEOBALD	VIC	30m 42.0s	1977	W80	AR	LORNA THOMPSON	QLD	38m 54.73s	2007
	WR	JAMES GRIMWADE	GBR	29m 24.1s	1992		WR	BRITTA TIBBLING	SWE	34m 48.49s	1999
M85	AR	GUS THEOBALD	VIC	33m 14.2s	1982	W85	AR	HEATHER LEE	NSW	41m 25.35s	2012
	WR	GUS THEOBALD	AUS	33m 15.0s	1982		WR	AINA ENGBERG	SWE	40m 13.37s	2008
M90	AR	GUS THEOBALD	VIC	35m 10s	1987	W90	WB	MARIA RAMIREZ BAUTISTA	MEX	49m 25.20s	2007
	WR	GUS THEOBALD	AUS	35m 10s	1987						
10k ROAD WALK (BEST ON RECORD)						10k ROAD WALK (BEST ON RECORD)					
M30	AB	IGNACIO JIMENEZ	QLD	46m 30s	1995	W30	AB	SUE COOK	ACT	46m 51s	1990
M35	AB	DAVID SMITH	QLD	41m 53s	1994	W35	AB	ANNE MANNING	NSW	44m 28s	1995
	WB	ROBERT KORZENIOWSKI	POL	38m 39s	2004		WB	KJERSTI PLATZER	NOR	41m 41s	2009
M40	AB	MARK DONAHOO	VIC	43m 47.9s	1999	W40	AB	LYNETTE VENTRIS	WA	47m 25s	2001
	WB	WILLI SAWALL	AUS	40m 08s	1982		WB	S. GRIESBACH	FRA	47m 02s	1990
M45	AB	MARK DONAHOO	VIC	46m 40.4s	2003	W45	AB	LYNETTE VENTRIS	WA	46m 35.65s	2002
	WB	WILLI SAWALL	AUS	42m 18.0s	1988		WB	LYNETTE VENTRIS	AUS	46m 35.65s	2002
M50	AB	ANDREW JAMIESON	VIC	45m 41s	1999	W50	AB	LYNETTE VENTRIS	WA	48m 27s	2007
	WB	GARY LITTLE	NZL	42m 20s	1992		WB	LYNETTE VENTRIS	AUS	48m 27s	2007
M55	AB	ANDREW JAMIESON	VIC	46m 32.8s	2005	W55	AB	LYNETTE VENTRIS	WA	49m 59s	2012
	WB	GRANZIANO MORETTI	ITA	46m 32s	2010		WB	LYNETTE VENTRIS	AUS	49m 59s	2012
M60	AB	ANDREW JAMIESON	VIC	46m 22.1s	2007	W60	AB	HEATHER CARR	VIC	53m 56.6s	2010
	WB	ANDREW JAMIESON	AUS	46m 22.1s	2007		WB	HEATHER CARR	AUS	53m 56.6s	2010
M65	AB	ANDREW JAMIESON	VIC	48m 38.5s	2012	W65	AB	BRENDA RILEY	VIC	55m 32s	2005
	WB	ANDREW JAMIESON	AUS	48m 38.5s	2012		WB	BRENDA RILEY	AUS	55m 32s	2005
M70	AB	TOM DAINTRY	VIC	54m 17s	1981	W70	AB	JEAN ALBURY	TAS	62m 31s	2000
	WB	ARTHUR THOMSON	GBR	54m	2007		WB	BRITTA TIBBLING	SWE	60m 18s	1988
M75	AB	BOB GARDINER	VIC	59m 55s	2012	W75	AB	LORNA THOMPSON	QLD	72m 49s	2002
	WB	JAMES GRIMWADE	GBR	55m 01s	1993		WB	BRITTA TIBBLING	SWE	67m 46s	1993
M80	AB	TOM DAINTRY	VIC	64m 23s	1993	W80	AB	NANCE JEFFREYS	VIC	77m 32s	1989
	WB	JAMES GRIMWADE	GBR	61m 25.4s	1993		WB	AINA ENGBERG	SWE	74m 12s	2004
M85	AB	RICHARD KEATINGE	QLD	78m 52s	2008	W85	AB	HEATHER LEE	NSW	84m 06s	2012
	WB	GUENTER CIESIELSKI	GER	76m 12s	2012		WB	AINA ENGBERG	SWE	78m 06s	2008
M90	AB	GUS THEOBALD	VIC	77m 52s	1990	W90	WB	MARIA RAMIREZ BAUTISTA	MEX	1h 38m 07s	2007
	WB	GUS THEOBALD	AUS	77m 52s	1990						
20k ROAD WALK (BEST ON RECORD)						20k ROAD WALK (BEST ON RECORD)					

M30	AB	IGNACIO JIMENEZ	QLD	1h 38m 02s	1997	W30	AB	JUSTIJANA ROSEMAN	VIC	1h 56m 56s	2007
M35	AB	WILLI SAWALL	VIC	1h 24m 05s	1980	W35	AB	ANNE MANNING	NSW	1h 36m 04s	1995
	WB	VLADIMIR ANDREYEV	RUS	1h 18m 44s	2004		WB	TAMARA KOVALENKO	RUS	1h 25m 49s	2000
M40	AB	WILLI SAWALL	VIC	1h 21m 36s	1982	W40	AB	LYNETTE VENTRIS	WA	1h 39m 26s	2001
	WB	WILLI SAWALL	AUS	1h 21m 36s	1982		WB	MARIA G MENDOZA	MEX	1h 33m 04s	2005
M45	AB	WILLI SAWALL	VIC	1h 33m 59s	1987	W45	AB	LYNETTE VENTRIS	WA	1h 34m 44s	2001
	WB	WILLI SAWALL	AUS	1h 25m 03s	1988		WB	LYNETTE VENTRIS	AUS	1h 34m 44s	2001
M50	AB	ANDREW JAMIESON	VIC	1h 34m 38s	1999	W50	AB	LYNETTE VENTRIS	WA	1h 39m 51s	2011
	WB	GARY LITTLE	NZL	1h 26m 32s	1992		WB	LYNETTE VENTRIS	AUS	1h 39m 51s	2011
M55	AB	ANDREW JAMIESON	VIC	1h 35m 13s	2001	W55	AB	HEATHER CARR	VIC	1h 54m 17s	2006
	WB	GRANZIANO MOROTTI	ITA	1h 33m 38s	2006		WB	WALTRAUD SEILER	GER	1h 53m 45s	1996
M60	AB	ANDREW JAMIESON	VIC	1h 35m 39s	2008	W60	AB	HEATHER CARR	VIC	1h 56m 18s	2011
	WB	ANDREW JAMIESON	AUS	1h 35m 39s	2008		WB	SANDRA BROWN	GBR	1h 55m 34s	2009
M65	AB	ANDREW JAMIESON	VIC	1h 41m 27s	2011	W65	AB	BRENDA RILEY	VIC	1h 57m 39s	2006
	WB	ANDREW JAMIESON	AUS	1h 41m 27s	2011		WB	BRENDA RILEY	AUS	1h 57m 39s	2006
M70	AB	RALPH BENNETT	VIC	1h 57m 35s	2012	W70	AB	JOAN PURCELL	QLD	2h 30m 05.39s	2011
	WB	ARTHUR THOMSON	GBR	1h 52m 47s	2008		WB	LOUISE WALTERS	USA	2h 12m 27s	2010
M75	AB	TOM DAINTRY	VIC	1h 59m 20s	1986	W75	AB	unclaimed			
	WB	JAMES GRIMWADE	GBR	1h 55m 19s	1987		WB	U. THUNE	GER	2h 39m 46s	1997
M80	AB	GUS THEOBALD	VIC	2h 11m 55s	1977	W80	AB	unclaimed			
	WB	JAMES GRIMWADE	GBR	2h 04m 49s	1992		WB	J. LUTHER	GER	3h 25m 09s	1996
M85	AB	GUS THEOBALD	VIC	2h 26m 07s	1982						
	WB	JAMES GRIMWADE	GBR	2h 24m 00s	1982						
M90	AB	GUS THEOBALD	VIC	2h 34m 01s	1987						
	WB	GUS THEOBALD	AUS	2h 34m 01s	1987						
M95	WB	P. RABINOWITZ	RSA	2h 48m 19s	1999						
30k ROAD WALK (BEST ON RECORD)			Currently not listed by WMA			30k ROAD WALK (BEST ON RECORD)			Currently not listed by WMA		
M30	AB	DAVID SMITH	VIC	2h 05m 59s	1986						
M35	AB	unclaimed									
	WB	MAURIZIO DAMILANO	ITA	2h 06m 14s	1992						
M40	AB	WILLI SAWALL	VIC	2h 08m 0.4s	1982						
	WB	GERMAN SKURYGIN	RUS	2h 06m 34s	2004						
M45	AB	WILLI SAWALL	VIC	2h 19m 40s	1987						
	WB	GARY LITTLE	NZL	2h 18m 41s	1991						
M50	AB	ANDREW JAMIESON	VIC	2h 31m 20s	1999						
	WB	GARY LITTLE	NZL	2h 18m 14s	1992						
M55	AB	ANDREW JAMIESON	VIC	2h 32m 05s	2003	W55	AB	BARBARA CAIN	SA	3h 31m 15s	2005
	WB	GRANZIANO MOROTTI	ITA	2h 29m 34s	2006						
M60	AB	ANDREW JAMIESON	VIC	2h 28m 55s	2009	W60	AB	HEATHER CARR	VIC	3h 19m 01s	2011
	WB	ANDREW JAMIESON	AUS	2h 28m 55s	2009						
M65	AB	ANDREW JAMIESON	VIC	2h 39m 25s	2011	W65	AB	VAL CHESTERTON	ACT	4h 09m 52s	2006
	WB	GERHARD WEIDNER	GER	2h 51m 29s	2001						
M70	AB	BOB CHAPMAN	ACT	3h 36m 18s	2005	W70	AB	VAL CHESTERTON	ACT	4h 27m 59s	2010
	WB	ARTHUR THOMSON	GBR	2h 52m 47s	2006						
M75	WB	CHARLES COLMAN	GBR	3h 20m 38s	1996						
M80	WB	JAMES GRIMWADE	GBR	3h 24m 40s	1996						
50k ROAD WALK (BEST ON RECORD)						50k ROAD WALK (BEST ON RECORD)					
M30	AB	SIMON BAKER	VIC	3h 43m 13s	1989	W30	AB	unclaimed			
M35	AB	WILLI SAWALL	VIC	3h 46m 34s	1980	W35	AB	LISA WILSON	ACT	5h 23m 08s	2004
	WB	R.KORSZENIOWSKI	POL	3h 36m 03s	2003		WB	L.MILLEN	GBR	5h 01m 52s	1983
M40	AB	WILLI SAWALL	VIC	3h 59m 48s	1986	W40	AB	MARLENE STANWAY	VIC	5h 52m 03s	1982
	WB	J.MARIN	ESP	3h 49m 06s	1992		WB	S.BROWN	GBR	4h 50m 51s	1992
M45	AB	PETER BENNETT	QLD	4h 49m 28s	2001	W45	AB	unclaimed			
	WB	GERHARD WEIDNER	FRG	4h 00m 49s	1980		WB	S.BROWN	GBR	4h 56m 27s	1994
M50	AB	WILLI SAWALL	VIC	4h 12s 57s	1992	W50	AB	unclaimed			
	WB	GERHARD WEIDNER	GER	4h 14m 37s	1983		WB	S.BROSNAHAN	USA	5h 21m 52s	2002
M55	AB	ANDREW JAMIESON	VIC	4h 46m 44s	2004	W55	AB	LIZ FELDMAN	VIC	5h 45m 08s	2004
	WB	GRAZIANO MORETTI	ITA	4h 23m 34s	2007		WB	LIZ FELDMAN	AUS	5h 45m 08s	2004
M60	AB	ANDREW JAMIESON	VIC	4h 23m 16s	2008	W60	AB	LIZ FELDMAN	VIC	6h 05m 43s	2011
	WB	ANDREW JAMIESON	AUS	4h 23m 16s	2008		WB	LIZ FELDMAN	AUS	6h 05m 43s	2011
M65	AB	BOB CHAPMAN	ACT	5h 59m 06s	2002	W65	AB	VAL CHESTERTON	ACT	7h 07m 53s	2006
	WB	LEON JASIONOWSKI	USA	5h 11m 22s	2010		WB	DARLENE BACKLUND	USA	6h 26m 44s	2010
M70	AB	BOB CHAPMAN	ACT	6h 07m 53s	2004						
	WB	ARTHUR THOMSON	GBR	5h 15m 40s	2007						
M75	WB	JAMES GRIMWADE	GBR	5h 19m 34s	1987						
M80	WB	KOOS VAN RIJN	NED	7h 04m 02s	2008						
HIGH JUMP						HIGH JUMP					
M30	AR	MATT MCEWEN	QLD	1.97m	2003	W30	AR	LYNETTE SMITH	NSW	1.66m	2005
M35	AR	CLAYTON TOMPKINS	NSW	1.93m	1992	W35	AR	DEANN MAYFIELD	QLD	1.73m	1999
	WR	DRAGUTIN TOPIC	SRB	2.31m	2009		WR	INGA BABAKOVA	UKR	2.01m	2003
M40	AR	GRAEME MORRISH	VIC	1.95m	1982	W40	AR	DEANN MAYFIELD	QLD	1.71m	2002
	WR	DRAGUTIN TOPIC	SRB	2.24m	2011		WR	JULIA MACHIN	GBR	1.78m	2010
M45	AR	DAVID HOYLE	VIC	1.87m	2011	W45	AR	DEANN MAYFIELD	QLD	1.63m	2009
	WR	SEGATEL MARCO	ITA	2.04m	2007		WR	DEBBIE BRILL	CAN	1.76m	1999
M50	AR	CLAYTON TOMPKINS	NSW	1.75m	2003	W50	AR	DEANN MAYFIELD	QLD	1.52m	2012
	WR	THOMAS ZACHARAS	GER	1.98m	1997		WR	DEBBIE BRILL	CAN	1.60m	2004
M55	AR	JOHN HUNT	ACT	1.74m	1997	W55	AR	DAPHNE PIRIE	QLD	1.35m	1987
	WR	THOMAS ZACHARAS	GER	1.84m	2006		AR	MARGARET TAYLOR	ACT	1.35m	2003

M60	AR	JOHN HUNT	ACT	1.57m	2002		WR	FLORENCE PICAUT	FRA	1.55m	2008
	WR	THOMAS ZACHARAS	GER	1.80m	2007	W60	AR	MARGARET TAYLOR	ACT	1.30m	2009
M65	AR	ALAN ROLFE	QLD	1.47m	1994		WR	WEIA REINBOUD	NED	1.47m	2010
M65	AR	TOM HANCOCK	VIC	1.47m	2002	W65	AR	MARGE ALLISON	QLD	1.27m	2009
	WR	PHIL FEHLEN	USA	1.66m	2000		WR	URSULA STELLING	GER	1.37m	2006
M70	AR	ALAN ROLFE	QLD	1.41m	1999	W70	AR	GWEN DAVIDSON	VIC	1.16m	1993
	WR	CARL-ERIK SARNDAL	SWE	1.59m	2007		WR	KATHY BERGEN	USA	1.30m	2010
M75	AR	GORDON GOURLAY	VIC	1.33m	2005	W75	AR	GWEN DAVIDSON	VIC	1.12m	1999
	WR	ESKO KOLHONEN	FIN	1.44m	1989		WR	ROSEMARY CHRIMES	GBR	1.17m	2010
M80	AR	VIC YOUNGER	QLD	1.19m	1994	W80	AR	unclaimed			
	WR	RICHARD LOWERY	USA	1.37m	2011		WR	CHRISTEL HAPP	GER	1.06m	2010
M85	AR	VIC YOUNGER	QLD	1.10m	1999	W85	AR	unclaimed			
	WR	EMMERICH ZENSCH	AUT	1.22m	2005		WR	OLGA KOTELKO	CAN	0.94m	2004
M90	AR	VIC YOUNGER	VIC	0.95m	2004	W90	WR	OLGA KOTELKO	CAN	0.82m	2009
	WR	DONALD PELLMAN	USA	1.11m	2005						
M95	WR	DONALD PELLMAN	USA	0.99m	2011						
LONG JUMP						LONG JUMP					
M30	AR	SHANE HAIR	WA	7.43m	2006	W30	AR	ROSEMARY CLARKE	ACT	5.65m	1994
M35	AR	RUSSELL SARAH	VIC	6.82m	1983	W35	AR	JAN HYNES	QLD	5.89m	1983
	WR	LARRY MYRICKS	USA	8.50m	1991		WR	HEIKE DRECHSLER	GER	6.99m	2000
	WR	CARL LEWIS	USA	8.50m	1996	W40	AR	GLYNIS CEARNS	QLD	5.77m	2001
M40	AR	MURRAY TOLBERT	WA	6.67m	1990		WR	TATYANA TER-MESROBIAN	RUS	6.55m	2008
	WR	AARON SAMPSON	USA	7.68m	2002	W45	AR	MARIE KAY	QLD	5.52m	2008
M45	AR	MURRAY TOLBERT	WA	6.49m	1992		WR	KARIN VON RIEWEL	GER	5.59m	1997
	WR	TAPANI TAAVITSAINEN	FIN	7.27m	1990	W50	AR	MARIE KAY	QLD	5.41m	2010
M50	AR	MURRAY TOLBERT	WA	6.11m	1998		WR	MARIE KAY	AUS	5.41m	2010
	WR	TAPANI TAAVITSAINEN	FIN	6.84m	1994	W55	AR	MARGARET TAYLOR	ACT	4.57m	2003
M55	AR	MURRAY TOLBERT	WA	5.89m	2001		WR	C. SCHMALBRUCH	GER	5.01m	1993
	WR	STIG BACKLUND	FIN	6.35m	1995	W60	AR	MARGARET TAYLOR	ACT	4.38m	2008
M60	AR	DON FRASER	ACT	5.45m	1999		WR	C. SCHMALBRUCH	GER	4.75m	1997
	WR	TOM PATSALIS	USA	6.07m	1982	W65	AR	PAT CARR	WA	3.85m	1998
M65	AR	DON FRASER	ACT	5.13m	2005		WR	C. SCHMALBRUCH	GER	4.64m	2002
	WR	LOTHAR FISCHER	GER	5.47m	2001	W70	AR	GWEN DAVIDSON	VIC	3.51m	1993
	WR	LAMBERTO BORANGA	ITA	5.47m	2008		AR	PAT CARR	WA	3.51m	2002
M70	AR	MIKE JOHNSTON	VIC	4.75m	1991		WR	CHRISTIANE SCHMALBRUCH	GER	4.16m	2007
	WR	MELVIN LARSEN	USA	5.19m	1994	W75	AR	PAT CARR	WA	3.23m	2007
M75	AR	DAVID CLIVE	WA	4.42m	2012		WR	PAULA SCHNEIDERHAN	GER	3.77m	1997
	WR	SABURO ISHIGAMI	JPN	4.83m	2005	W80	AR	RUTH FRITH	NSW	2.40m	1990
M80	AR	FRED O'CONNOR	NSW	3.60m	2004		WR	CHRISTEL HAPP	GER	3.05m	2010
	WR	SABURO ISHIGAMI	JPN	4.36m	2006	W85	AR	RUTH FRITH	NSW	2.19m	1995
M85	AR	VIC YOUNGER	QLD	3.17m	1999		WR	MASAKO HASEGAWA	JPN	2.54m	2011
	WR	GUDMUND SKRIVERVIK	NOR	3.77m	2006	W90	WR	OLGA KOTELKO	CAN	1.77m	2009
M90	AR	VIC YOUNGER	VIC	2.53m	2003						
	WR	DONALD PELLMAN	USA	3.26m	2005						
M95	AR	ALEX PITTENDRICH	QLD	1.67m	2001						
	WR	GIUSEPPE OTTAVIANI	ITA	2.14m	2011						
POLE VAULT						POLE VAULT					
M30	AR	MATT MCEWEN	QLD	4.90m	2004	W30	AR	IRIE HILL	VIC	4.00m	2002
M35	AR	ROB HILL	VIC	4.81m	2009	W35	AR	IRIE HILL	VIC	4.20m	2006
	WR	JEFF HARTWIG	USA	5.86m	2004		WR	STACY DRAGILA	USA	4.55m	2009
M40	AR	ROB HILL	QLD	4.80m	2010	W40	AR	IRIE HILL	VIC	3.85m	2010
	WR	JEFF HARTWIG	USA	5.70m	2008		WR	DORIS AUER	AUT	4.10m	2011
M45	AR	KEN PRIESTLEY	VIC	3.92m	1984	W45	AR	DAWN HARTIGAN	VIC	3.50m	2002
	WR	LARRY JESSEE	USA	5.10m	1997		WR	DAWN HARTIGAN	AUS	3.50m	2002
M50	AR	BRUCE ARNOLD	QLD	3.71m	2006		WR	CARLA FORCELLINI	ITA	3.50m	2005
	WR	GARY HUNTER	USA	4.75m	2007		WR	BRIGETTE VAN DER KAMP	NED	3.50m	2006
M55	AR	PHILLIP CARRERO	NSW	3.65m	2007	W50	AR	DAWN HARTIGAN	VIC	3.40m	2007
	WR	WOLFGANG RITTE	GER	4.60m	2008		WR	DAWN HARTIGAN	AUS	3.40m	2007
M60	AR	PHILLIP CARRERO	NSW	3.40m	2012	W55	AR	DAWN HARTIGAN	VIC	3.20m	2012
	WR	JOHN ALTENDORF	USA	4.04m	2010		WR	DAWN HARTIGAN	AUS	3.20m	2012
M65	AR	ROB BARCLAY	VIC	3.20m	2004	W60	AR	WILMA PERKINS	QLD	2.33m	2010
	WR	JOHN ALTENDORF	USA	3.89m	2011		WR	NADINE O'CONNOR	USA	3.12m	2006
M70	AR	GARVIN BROWN	QLD	3.14m	2000	W65	AR	VAL CHESTERTON	ACT	1.50m	2005
	WR	ROBERT BROWN	GBR	3.31m	2002		WR	NADINE O'CONNOR	USA	3.19m	2009
M75	AR	GARVIN BROWN	QLD	2.85m	2003	W70	AR	VAL CHESTERTON	ACT	1.35m	2010
	WR	BUD HELD	USA	3.00m	2006		WR	NADINE O'CONNOR	USA	2.80m	2012
M80	AR	FRED O'CONNOR	NSW	1.90m	2004	W75	AR	unclaimed			
	WR	BUD HELD	USA	2.75m	2008		WR	FLORENCE MEILER	USA	2.03m	2010
M85	AR	VIC YOUNGER	QLD	1.74m	2000	W80	AR	unclaimed			
	WR	CAROL JOHNSTON	USA	2.24m	1997		WR	JOHNNYE VALIEN	USA	1.40m	2005
M90	AR	VIC YOUNGER	VIC	1.42m	2003		WR	CHRISTEL HAPP	GER	1.40m	2010
	WR	RALPH MAXWELL	USA	1.43m	2011	W85	WR	JOHNNYE VALIEN	USA	1.25m	2011
TRIPLE JUMP						TRIPLE JUMP					
M30	AR	SHANE HAIR	WA	14.25m	2006	W30	AR	MAREE BUGEJA	QLD	11.68m	2005
M35	AR	RUSSELL SARAH	VIC	14.63m	1981	W35	AR	EILEEN HINDLE	WA	11.57m	1987
	WR	JONATHON EDWARDS	GBR	17.92m	2001		WR	INESSA KRAVETZ	UKR	14.51m	2003
M40	AR	RUSSELL SARAH	VIC	14.14m	1987	W40	AR	GLYNIS CEARNS	QLD	11.45m	2001
	WR	RAY KIMBLE	USA	16.58m	1993		WR	KATALIN DEAK	HUN	13.05m	2009

[illegible]

M80	AR	SYDNEY COLEMAN	WA	29.56m	1996	W80	AR	GWEN DAVIDSON	VIC	15.59m	2003
	WR	OSMO RENVALL	FIN	37.86m	1991		AR	RAEMA MCMILLAN	WA	*17.29m	2008
M85	AR	FELIKS JEKABSONS	QLD	25.28m	2008		WR	RACHEL HANSSENS	BEL	21.34m	2003
	WR	KAUKO JOUPPILA	FIN	33.10m	2006	W85	AR	RUTH FRITH	NSW	13.92m	1998
M90	AR	JOHN FRASER	VIC	19.72m	2005		WR	NORA KUTTI	EST	15.68m	2007
	WR	DONALD PELLMAN	USA	27.93m	2005	W90	AR	RUTH FRITH	NSW	12.10m	2000
M95	AR	unclaimed					WR	OLGA KOTELKO	CAN	13.92m	2009
	WR	DONALD PELLMAN	USA	18.21m	2011	W95	AR	RUTH FRITH	QLD	9.85m	2004
M100	WR	TAKASHI SHIMOKAWARA	JPN	10.72m	2007		AR	RUTH FRITH	QLD	*10.90m	2006
							WR	GABRE GABIC	ITA	12.86m	2010
						W100	AR	RUTH FRITH	QLD	*9.30m	2011
							WR	RUTH FRITH	AUS	*9.30m	2011

M85	AR	VIC YOUNGER	QLD	21.98m	2000	W90	AR	RUTH FRITH	NSW	10.51m	2002
	WR	KLAUS LANGER	GER	31.72m	2002		WR	OLGA KOTELKO	CAN	13.54m	2009
M90	AR	VIC YOUNGER	VIC	17.01m	2003	W95	AR	RUTH FRITH	QLD	9.03m	2006
	WR	HELGE LONNROTH	FIN	23.87m	2007		WR	RUTH FRITH	AUS	9.03m	2006
M95	WR	TRENT LANE	USA	20.80m	2005	W100	AR	RUTH FRITH	QLD	6.43m	2009
M100	WR	TAKASHI SHIMOKAWARA	JPN	12.42m	2007		WR	RUTH FRITH	AUS	6.43m	2009
WEIGHT THROW				15.88kg		WEIGHT THROW				9.072kg	
M30	AR	DAVID ALLAN	QLD	17.05m	2005	W30	AR	KARYNE DI MARCO	NSW	18.57m	2008
M35	AR	RUSSELL DEVINE	VIC	17.76m	2004	W35	AR	BYRONY GLASS	WA	17.29m	2012
	WR	JURIY TAMM	FIN	25.17m	1992		WR	KIRSI KORO	FIN	17.04m	2011
M40	AR	HANS LOTZ	VIC	16.60m	1992	W40	AR	JAYNE HARDY	ACT	14.62m	2003
	WR	RALF JOSSA	GER	20.98m	2007		WR	ONEITHEA LEWIS	USA	19.09m	2002
M45	AR	BOB WAGNER	QLD	16.11m	2004	W45	AR	CHRIS SCHULTZ	VIC	13.57m	1997
	WR	VASILIOS MANGANAS	GRE	18.92m	2001		WR	ONEITHEA LEWIS	USA	17.88m	2005
WEIGHT THROW				11.34kg		WEIGHT THROW				7.258kg	
M50	AR	BOB WAGNER	QLD	19.78m	2006	W50	AR	MARJA-LEENA PARVIAINEN	NSW	16.54m	1997
	WR	JUD LOGAN	USA	24.24m	2009		WR	ONEITHEA LEWIS	USA	18.76m	2011
M55	AR	GRAEME ROSE	VIC	17.84m	1999	W55	AR	MARJA-LEENA PARVIAINEN	NSW	15.15m	2002
	WR	ARILD BUSTERUD	NOR	21.29m	2004		WR	EVAUN B. WILLIAMS	GBR	17.02m	1994
WEIGHT THROW				9.072kg		WEIGHT THROW				5.449kg	
M60	AR	GRAEME ROSE	VIC	19.03m	2006	W60	AR	HELEN SEARLE	NSW	17.52m	2000
	WR	ARILD BUSTERUD	NOR	24.20m	2008		WR	INGE FALDAGER	DEN	17.84m	2008
M65	AR	WIM VAN WEENEN	VIC	18.57m	1997	W65	AR	HELEN SEARLE	QLD	16.44m	2004
	WR	ARNE LOTHE	NOR	20.53m	2003		WR	HELEN SEARLE	AUS	16.44m	2004
WEIGHT THROW				7.258kg		W70	AR	HELEN SEARLE	QLD	13.94m	2009
M70	AR	WIM VAN WEENEN	VIC	17.96m	2002		WR	JUTTA SCHAEFER	GER	15.00m	2004
	WR	ARNE LOTHE	NOR	20.85m	2008					*4kg from 10/2004	
M75	AR	WIM VAN WEENEN	VIC	15.98m	2009	W75	AR	GWEN DAVIDSON	VIC	10.30m	1998
	WR	ROBERT WARD	USA	18.26m	2008		AR	VAL WORRELL	VIC	*11.57m	2010
WEIGHT THROW				5.449kg			WR	SUSSANNA WISSINGER	GER	12.65m	2010
M80	AR	WIM VAN WEENEN	VIC	16.58m	2012	W80	AR	GWEN DAVIDSON	VIC	8.80m	2003
	WR	RICHARD RZEKEK	GBR	17.09m	2011		AR	RAEMA MCMILLAN	WA	*9.33m	2008
M85	AR	JOHN FRASER	VIC	12.99m	2000		WR	JUSTINA SCHIRMER	GER	10.27m	2010
	WR	ERIK ERIKSSON	FIN	15.34m	2008	W85	AR	RUTH FRITH	NSW	7.78m	1995
M90	AR	JOHN FRASER	VIC	10.11m	2005		WR	RUTH FRITH	AUS	7.78m	1995
	WR	TORGEIR BRANDVOLD	NOR	10.59m	2004	W90	AR	RUTH FRITH	NSW	6.19m	2001
M95	AR	unclaimed					WR	OLGA KOTELKO	CAN	7.90m	2010
	WR	TRENT LANE	USA	7.56m	2006	W95	AR	RUTH FRITH	QLD	5.16m	2006
							AR	RUTH FRITH	QLD	*6.23m	2005
							WR	GABRE GABRIC	ITA	4.69m	2011
						W100	AR	RUTH FRITH	QLD	*4.88m	2009
							WR	RUTH FRITH	AUS	*4.68m	2011
561b HEAVY WEIGHT						561b HEAVY WEIGHT					
M30	AR	GREZEGORZ URBANOWIC	WA	7.74m	2011	W30	AR	KARYNE DI MARCO	NSW	4.07m	2008
M35	AR	DARRON HAWORTH	QLD	10.94m	2008	W35	AR	TATIANA SUDARIKOVA	NSW	4.30m	2011
M40	AR	GRANT EDWARDS	ACT	10.82m	2007	W40	AR	JAYNE HARDY	ACT	4.72m	2003
M45	AR	GRANT EDWARDS	ACT	10.24m	2007	W45	AR	JAYNE HARDY	ACT	4.33m	2008
M50	AR	GEOFF CRUMPTON	ACT	7.79m	2007	W50	AR	LESLEY DAWSON	SA	3.53m	2009
M55	AR	LAJOS JONI	NSW	7.87m	2012	W55	AR	JUDY CORAM	VIC	3.32m	2005
M60	AR	ROGER GLASS	VIC	7.49m	2011	W60	AR	RAYLEA RUDOV	ACT	3.27m	2007
M65	AR	WIM VAN WEENEN	VIC	6.18m	2001	W65	AR	RAYLEA RUDOV	ACT	3.24m	2008
M70	AR	WIM VAN WEENEN	VIC	5.84m	2006	W70	AR	FRAN HARRIS	ACT	2.36m	2011
M75	AR	WIM VAN WEENEN	VIC	5.05m	2009	W75	AR	STELLA SABERTON	ACT	1.97m	2005
M80	AR	HARRY WYNHOVEN	VIC	3.67m	2009						
M85	AR	FELIX JEKABSONS	QLD	3.07m	2007						
1001b HEAVY WEIGHT						1001b HEAVY WEIGHT					
M30	AR	GREZEGORZ URBANOWIC	WA	3.97m	2011	W30	AR	KARYNE DI MARCO	NSW	2.51m	2009
M35	AR	DARRON HAWORTH	QLD	5.57m	2008	W35	AR	TATIANA SUDARIKOVA	NSW	2.22m	2011
M40	AR	GRANT EDWARDS	ACT	4.94m	2007	W40	AR	JAYNE HARDY	ACT	2.24m	2007
M45	AR	GRANT EDWARDS	ACT	4.38m	2007	W45	AR	JAYNE HARDY	ACT	2.27m	2008
M50	AR	GEOFF CRUMPTON	ACT	4.22m	2008	W50	AR	LESLEY DAWSON	SA	1.72m	2009
M55	AR	GEOFF CRUMPTON	ACT	4.02m	2011	W55	AR	JILL TAYLOR	NSW	1.62m	2011
M60	AR	ROGER GLASS	VIC	3.68m	2011	W60	AR	TRISH THOMAS	ACT	1.61m	2007
M65	AR	BILL BINKS	VIC	3.09m	2006	W65	AR	JAN BANENS	ACT	1.40m	2008
M70	AR	WIM VAN WEENEN	VIC	2.74m	2006	W70	AR	FRAN HARRIS	ACT	1.37m	2011
M75	AR	HARRY WYNHOVEN	VIC	1.99m	2005						
M80	AR	HARRY WYNHOVEN	VIC	1.80m	2009						
M85	AR	FELIX JEKABSONS	QLD	1.66m	2007						
THROWS PENTATHLON (2010 Tables)				*new specs from 11/2005		THROWS PENTATHLON (2010 Tables)				*new specs from 11/2005	
M30	AR	GRAHAM HICKS	VIC	3444	2008	W30	AR	BYRONY GLASS	WA	3831	2009
M35	AR	DARRON HAWORTH	QLD	3672	2008	W35	AR	CHRIS SCHULTZ	VIC	3795	1987
	WR	OLAV JENSSEN	NOR	4133	1999		WR	CHRISTI MCCAHILL	NZL	3730	2001
M40	AR	STUART GYNGELL	NSW	3946	2006	W40	AR	JAYNE HARDY	ACT	3929	2003
	WR	STEVE WHYTE	GBR	4366	2005		WR	ONEITHEA LEWIS	USA	4841	2003
M45	AR	STUART GYNGELL	NSW	4199	2009	W45	AR	CHRIS SCHULTZ	VIC	4174	1997
	WR	VASILIS MANGANAS	GRE	4575	2001		WR	ONEITHEA LEWIS	USA	4752	2005
M50	AR	GRAEME ROSE	VIC	4037	1995	W50	AR	CHRIS SCHULTZ	VIC	4371	2001

	WR	TOM O JENSEN	DEN	4500	2011		WR	ONEITHEA LEWIS	USA	4800	2010
M55	AR	GRAEME ROSE	VIC	4174	1999	W55	AR	MARY THOMAS	NSW	4285	1999
	WR	ARILD BUSTERUD	NOR	4777	2003		WR	MARGARETTA TOMANEK	BEL	4581	2005
M60	AR	GRAEME ROSE	VIC	4242	2006	W60	AR	HELEN SEARLE	NSW	4789	2000
	WR	ARILD BUSTERUD	NOR	4955	2010		WR	HELEN SEARLE	AUS	4789	2000
M65	AR	GRAEME ROSE	VIC	4325	2009	W65	AR	HELEN SEARLE	QLD	5013	2005
	WR	PAUL ECONOMIDES	USA	5044	2010		WR	EVAUN WILLIAMS	GBR	5313	2006
M70	AR	KEITH JAMES	NSW	4122	2012	W70	AR	HELEN SEARLE	QLD	4800	2009
	WR	BOB WARD	USA	4984	2010		WR	EVAUN WILLIAMS	GBR	5683	2008
M75	AR	TOM HANCOCK	VIC	4290	2011	W75	AR	HEATHER DOHERTY	QLD	*4053	2009
	WR	CARMELO RADO	ITA	4979	2008		AR	HEATHER DOHERTY	QLD	*3979	2012
	WR	ROBERT WARD	USA	4979	2004		WR	SUSSANNA WISSINGER	GER	4924	2010
M80	AR	WIM VAN WEENEN	VIC	3862	2012	W80	AR	GWEN DAVIDSON	VIC	3935	2003
	WR	HARVEY LEWELLEN	USA	4797	2009		AR	RAEMA MCMILLAN	WA	*3862	2005
M85	AR	FELIKS JEKABSONS	QLD	*3897	2008		WR	RACHEL HANSSSENS	BEL	4788	2011
	WR	ERIK ERIKSSON	FIN	4773	2008	W85	AR	RUTH FRITH	AUS	3977	1995
M90	AR	JOHN FRASER	VIC	4005	2005		WR	OLGA KOTELKO	CAN	4211	2004
	WR	JOHN FRASER	AUS	3864	2005	W90	AR	RUTH FRITH	NSW	4337	2000
M95	WR	TRENT LANE	USA	3998	2005		WR	OLGA KOTELKO	CAN	4287	2009
						W95	AR	RUTH FRITH	QLD	*4539	2005
							WR	GABRE GABRIC	ITA	3989	2011
						W100	AR	RUTH FRITH	QLD	*5743	2009
							WR	RUTH FRITH	AUS	*5570	2010
PENTATHLON (2010 Tables) LJ, Javelin, 200m, Discus, 1500m						PENTATHLON (2010 Tables) 100m, Shot, Long Jump, Javelin, 800m					
M30	AR	WARREN EVANS	QLD	3275	2003	W30	AR	LYNETTE SMITH	NSW	2463	2004
M35	AR	TERRY BALDWIN	VIC	3494	1998			*WILMA PERKINS	QLD	2864	1984
	WR	FRANZ MAYR	GER	3669	1991	W35	AR	LEONIE HOFFMAN	QLD	2852	2012
M40	AR	JUSTIN HANRAHAN	VIC	3277	2012			*WILMA PERKINS	QLD	3110	1986
	WR	MATTIAS SUNNEBORN	SWE	3937	2011	W40	AR	LYNETTE SMITH	NSW	2838	2011
M45	AR	LLOYD MITCHELSON	NSW	3864	1985			*JAN HYNES	QLD	3601	1986
	WR	MICHAEL JANUESY	USA	3724	2003	W45	AR	LISA CROUCH	QLD	3572	2009
M50	AR	TERRY HICKS	VIC	3566	2005	W50	AR	CHRISTINE SHAW	NSW	3129	2012
	WR	GEORG WERTHNER	AUT	3834	2006	W55	AR	WILMA PERKINS	QLD	3932	2004
M55	AR	DON FRASER	ACT	3619	1994	W60	AR	MARGARET TAYLOR	ACT	3394	2009
	WR	WIM THREELS	NED	3804	2008	W65	AR	PEGGY MACLIVER	WA	3494	2012
M60	AR	RUDI HOCHREITER	VIC	3858	1987	W70	AR	JAN MORREY	VIC	3052	2011
	WR	DIETER BARTZSCH	GER	4340	2000	W75	AR	SHIRLEY BRASHER	TAS	2339	2002
M65	AR	RUDI HOCHREITER	VIC	3798	1992	W80	AR	SHIRLEY BRASHER	TAS	2227	2008
	WR	ROGER KROOSMA	NOR	3944	2009			*Pre-2000 with old Javelin			
M70	AR	MIKE JOHNSTON	VIC	3816	1991	OLD PENTATHLON Long Jump, Javelin, 200m, Discus, 800m (2010 Tables)					
	WR	GERHARD TILMANN	GER	3755	2009	W30	AR	LYNETTE SMITH	NSW	3255	2005
M75	AR	DAVID CARR	WA	3284	2008	W35	AR	PETA BIRD	NSW	3101	1995
	WR	EDMUND SEIB	GER	3733	2002	W40	AR	JAN HYNES	QLD	3546	1987
M80	AR	FRED O'CONNOR	NSW	3247	2004	W45	AR	JAN HYNES	QLD	3720	1991
	WR	KAZIMIERZ BULEZYNZKI	POL	3646	2010	W50	AR	UNA LUND	QLD	3698	1991
M85	AR	MAURICE DAUPHINET	QLD	2770	2011	W55	AR	WILMA PERKINS	QLD	3430	2005
	WR	JAN KONARIK	CZE	3003	2002	W60	AR	PEGGY MACLIVER	WA	3161	2007
M90	AR	VIC YOUNGER	VIC	1884	2003	W65	AR	JOYCE BANNISTER	ACT	3263	1991
	WR	RALPH MAXWELL	USA	2629	2010	W70	AR	GWEN DAVIDSON	VIC	3065	1993
						W75	AR	PAT CARR	WA	2506	2007
						W80	AR	SHIRLEY BRASHER	TAS	2510	2008
DECATHLON (2010 WMA Tables)			M80 3kg Shot from 11/2005			HEPTATHLON (2010 WMA Tables)					
M30	AR	MATT MCEWEN	QLD	7705	2003	W30	AR	LYNETTE SMITH	NSW	3886	2005
M35	AR	GEOFF GIBBONS	TAS	6413	2012	W35	AR	MARIE KAY	NSW	4939	1999
	WR	LEV LOBODIN	RUS	8558	2004		WR	SABINE BRAUN	GER	6860	2002
M40	AR	MARK JEFFERY	WA	6036	2011	W40	AR	MARIE KAY	NSW	5609	2001
	WR	KIP JANVRIN	USA	8542	2005		WR	SONIA DEL PRETE	FRA	5843	2010
M45	AR	JOHN GORDON	NSW	6446	1993	W45	AR	MARIE KAY	QLD	6006	2009
	WR	GEORG WERTHNER	AUT	7480	2008		WR	MARIE KAY	AUS	6006	2009
M50	AR	TERRY HICKS	VIC	6167	2004	W50	AR	MARIE KAY	QLD	6202	2011
	WR	HUBERT INDRA	ITA	7556	2007		WR	MARIE KAY	AUS	6202	2011
M55	AR	TERRY HICKS	VIC	5928	2009	W55	AR	WILMA PERKINS	QLD	5200	2005
	WR	WILLIAM MURRAY	USA	7773	2009		WR	RITA HANSCOM	USA	6057	2009
M60	AR	RUDI HOCHREITER	VIC	6911	1989	W60	AR	MARJ ALLISON	QLD	5076	2008
	WR	ROLF GEESE	GER	8107	2005		WR	PHIL RASCHKER	USA	6341	2007
M65	AR	DON FRASER	ACT	6746	2005	W65	AR	MARGE ALLISON	QLD	5305	2010
	WR	ROLF GEESE	GER	7837	2009		WR	MARIANNE MAIER	GER	5870	2009
M70	AR	DON FRASER	ACT	6503	2009	W70	AR	unclaimed			
	WR	PHIL SHIPP	USA	7731	2005		WR	ERICA SAUER	GER	5352	2011
M75	AR	FRED O'CONNOR	NSW	6793	1999	W75	AR	unclaimed			
	WR	ROBERT HEWITT	USA	7954	2008		WR	CHRISTEL DONLEY	USA	5416	2010
M80	AR	FRED O'CONNOR	NSW	5593	2006	W80	AR	unclaimed			
	WR	DENNIS SULLIVAN	USA	6904	2006		WR	JOHNNYE VALIEN	USA	4623	2005
M85	AR	VIC YOUNGER	QLD	4705	1999						
	WR	PEKKA PENTTILA	FIN	6671	2010						
M90	AR	VIC YOUNGER	VIC	3217	2003						
	WR	RALPH MAXWELL	USA	7069	2011						

M30	AR	Steve Jones, Kevin Matthews, Robert Barbaro, Michael Rutter		ACT	45.25s	Canberra	1998
M30	AR	Richard Rodgers, Travis Venema, Aaron McMahon, Graham Scully		QLD	45.25s	Brisbane	2011
M35	AR	Leigh Phelan 36, Robert Lehmann 40, Geoffrey Pittman 38, Robbie Vidler 3		VIC	44.02s	Albert Park	2012
	WR	Ho, Dussett, Pittman, Sneer		USA	41.89s	Sacramento	2011
M40	AR	Ricky Irvine VIC, Peter Durham SA, Kealy, Peter Crombie NSW			43.69s	Melbourne	1987
	WR	Strong, Stephen, Berry, Gault		USA	42.20s	Irvine	2004
M45	AR	Martin Lynch NSW, Philip Lyons NSW, James Furlong QLD, Arch Moore QLD			45.35s	Brisbane	2001
	WR	Ross, Franklyn, Oliver, Peters		GBR	43.42s	Gateshead	1999
M50	AR	Ross Kent VIC, Roy Fearnall WA, Fred Turner NSW, Peter Crombie NSW			46.12s	Buffalo	1995
	WR	Frey, James, Fulton, Barnwell		USA	44.77s	Philadelphia	2009
M55	AR	Heinz Steinmann QLD, Neville McIntyre NSW, Fred Turner NSW, John Wight QLD			47.46s	Brisbane	2001
	WR	Franklyn, Walcott, Ross, Oliver		GBR	46.16s	Riccione	2007
M60	AR	David Clive WA, Bernie Condon NSW, Hugh Coogan QLD, Reg Austin NSW			48.95s	Durban	1997
	WR			USA	47.93s	Sacramento	2010
M65	AR	Col Buyers QLD, Heinz Steinmann QLD, Rob McDonald QLD, Neville McIntyre NSW			50.5s	Adelaide	2009
	WR	Beckering, Scheidt, Hamaekers, Lenk		GER	50.13s	San Sebastian	2005
M70	AR	Norman Richards WA, David Clive WA, Robert Cozens, Hugh Coogan QLD			54.45s	Riccione	2007
	WR	Sims, Bennett, Colbert, Lida		USA	51.96s	Philadelphia	2008
M75	AR	Maurice Dauphinat QLD, Mike Johnston VIC, Syd Elks VIC, Fred O'Connor NSW			61.25s	Brisbane	2001
	WR			GER	56.75s	Lahti	2009
M80	AR	Leo Coffey 82 VIC, George Harrod 82 QLD, Hugh Thomsen 81 QLD, Richard Hughes 80 NSW			68.43s	Albert Park	2012
	WR	Albrecht, Breder, Herbst, Schumacher		GER	61.83s	Arhus	2004
M85	AR	Andy Smith VIC, Leonard Foulser NSW, Eddie Gamble VIC, Vic Younger VIC			99.73s	Brisbane	2001
	WR	Eble, Mahlo, Muller, Mulhe		GER	77.55s	Potsdam	2002
		4X100m RELAYS WOMEN					
W30	AR	Julie Forster, Kylie Strong, Ranell Hobson, Gianna Mogentale	NSW		48.86s	Hobart	2007
W35	AR	Ranell Hobson NSW, Julie Brims Qld, Kylie Strong NSW, Gianna Mogentale NSW			47.74s	Blacktown	2008
	WR	Ranell Hobson NSW, Julie Brims Qld, Kylie Strong NSW, Gianna Mogentale NSW	AUS		47.74s	Blacktown	2008
W40	AR	Gianna Mogentale NSW, Julie Brims QLD, Jaqualine Bezuidenhout NSW, Kylie Strong NSW			48.01s	Lahti	2009
	WR	Gianna Mogentale NSW, Julie Brims QLD, Jaqualine Bezuidenhout NSW, Kylie Strong NSW			48.01s	Lahti	2009
W45	AR	Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale NSW			48.92s	Brisbane	2011
	WR	Giola Motti NSW, Julie Brims QLD, Julie Forster NSW, Gianna Mogentale NSW	AUS		48.92s	Brisbane	2011
W50	AR	Wilma Perkins QLD, Hazel McDonnell QLD, Judy Casey NSW, Kathryn Heagney VIC			53.74s	Southport	2000
	WR	Powell, Horder, McClelland, Godsell		GBR	51.50s		2008
W55	AR	June Reeves VIC, Marge Allison NSW, Peggy MacIver WA, Susan Hanek TAS			57.64s	Brisbane	2001
	WR	Schmalbrucht, Reichert, Strasdas, Hoffmann		GER	55.18s	Buffalo	1995
W60	AR	Diana Allen VIC, Annette Horsnell QLD, Jan Morrey VIC, Una Lund QLD			59.48s	Brisbane	2001
	WR	Schmalbrucht, Reichert, Hoffman, Hoffman		GER	55.77s	Jyvaskyla	2000
W65	AR	Marge Allison 66 QLD, Peggy MacIver 67 WA, Anne Stobaus 70 VIC, Valmai Padget 67			63.83s	Sacramento	2011
	WR	Schmalbruch, Mahnke, Kimmel, Hofman		GER	60.38s	Arhus	2004
W70	AR	Anne Young, Consie Larmour, Alison Ide, Cory Collins		ACT	83.45s	Canberra	2006
	WR	Schuele, Schneiderhan, Haule, Mangler		GER	66.05s	Miyazaki	1993
W75	AR	Cory Collins 75, Anne Young 76, Gwen Gleeson 82, Consie Larmour 76		ACT	91.76s	Canberra	2011
	WR			USA	70.19s	Sacramento	2011
W80	AR	unclaimed					
	WR	Buschhaus, Kotelko, McLeod, Smith	CAN		1m 49.15s	Price George	2008
		4X400m RELAYS MEN					
M30	AR	Warren Evans, Grant Barton, David Hill, Bruce Hill		QLD	3m 35.4s	Brisbane	2003
M35	AR	Andrew Wilcox 42 VIC, Leigh Phelan 35 VIC, Andrew Keane 41 QLD, Krzysztof Wardecki 43 NSW			3m 32.05s	Sacramento	2011
	WR	Sterling, Drummond, Gardner, Thomas		USA	3m 19.90s	San Sebastian	2005
M40	AR	Ricky Dunbar VIC, Barrie Milligan VIC, N.C.Orange, Reg Austin NSW			3m 26.86s	Christchurch	1981
	WR	Allah, Morning, Gonera, Blackwell		USA	3m 20.83s	Philadelphia	2001
M45	AR	Paul Critchley NSW, Barrie Kernaghan WA, Bernie Crealy WA, Fred Turner NSW			3m 33.26s	Melbourne	1987
	WR			USA	3m 24.84s	Sacramento	2011
M50	AR	Roy Fearnall WA, Keith Martin WA, Fred Turner NSW, Peter Crombie NSW			3m 37.86s	Buffalo	1995
	WR			USA	3m 31.76s	Sacramento	2011
M55	AR	John Cooper QLD, Mike Stevenson TAS, Richard Trembath VIC, Fred Turner NSW			3m 48.87s	Durban	1997
	WR	Allie, Haywood, Collins, Grant		USA	3m 40.62s	Philadelphia	2010
M60	AR	John Lamb 61 ACT, Alan Carey 60 NSW, Geoff Sims 62 ACT, Stuart Haywood 61 NSW			3m 59.3s	Canberra	2011
	WR	Adamson, Stewart, Johnson, Colbert		USA	3m 53.87s	Gateshead	1999
M65	AR	Colin Buyers 66 QLD, Heinz Steinmann 66 QLD, Tony Ireland 67 NSW, Neville McIntyre 66 NSW			4m 02.62s	Adelaide	2009
	WR	Colin Buyers 66 QLD, Heinz Steinmann 66 QLD, Tony Ireland 67 NSW, Neville McIntyre 66 NSW			4m 02.62s	Adelaide	2009
M70	AR	Hugh Coogan 75 QLD, Barrie Kernaghan 71 WA, Michael Stevenson 70 TAS, David Carr 79 WA			4m 29.57s	Sacramento	2011
	WR	Scheidt, Nehren, Klaus, Muller		GER	4m 17.47s	Lahti	2009
M75	AR	Tom Hishon QLD, Max McKay NSW, Fred O'Connor NSW, Mike Johnston VIC			5m 16.77s	Gateshead	1999
	WR	Konopka, Müller, Selzer, Reuter		GER	5m 01.51s	Poznan	2005
M80	AR	Irwin Barrett-Lennard 82 WA, George Harrod 82 QLD, Leo Coffey 82 VIC, Richard Hughes 80 NSW			6m 00.65s	Albert Park	2012
	WR	Miura, Aiki, Yabe, Watanabe		JPN	6m 00.03s	Okinawa	1998
M85	AR	Andy Smith VIC, Leonard Foulser NSW, Eddie Gamble VIC, Vic Younger VIC			10m 32.60s	Brisbane	2001
	WR	Saukkosaari, Rantio, Koppinen, Lillqvist		FIN	8m 43.75s	Lahti	2009
		4X400m RELAYS WOMEN					
W30	AR	Lynette Smith, Ranell Hobson, Julie Forster, Gianna Mogentale	NSW		4m 14.96s	Hobart	2007
W35	AR	Jennifer Clancy NSW, Jennifer Baldwin VIC, Gianna Mogentale NSW, Cherie Smee NSW			4m 02.04s	Brisbane	2001
	WR	Mitchell, Mathews, Beadhall, Gabriel		GER	3m 50.80s	Gateshead	1999
W40	AR	Bronwen Loizou VIC, Marie Kay NSW, Leanne Smith QLD, Glynis Cearns QLD			3m 57.28s	Brisbane	2001
	WR	Roberts, Henderson, Brooker, Miles-Clark		USA	3m 56.27s	Philadelphia	2008
W45	AR	Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims Qld			4m 01.22s	Brisbane	2011
	WR	Julie Forster NSW, Giola Motti NSW, Gianna Mogentale NSW, Julie Brims	AUS		4m 01.22s	Brisbane	2011

[illegible]

MEN							WOMEN		# World Record			
60 METRES							60 METRES					
M40	AR	Kris Wardecki	NSW	7.40s		2010	W35	AR	Ranell Hobson	NSW	8.17s	2010
M45	AR	Stephen Jones	QLD	7.57s		2010	W40	AR	Julie Brims	QLD	8.05s	2010
M50	AR	Colin Pocklington	VIC	7.88s		2010	W45	AR	Janet Naylon	NSW	8.91s	2012
M55	AR	John Fienieg	NSW	8.44s		2010	W50	AR	Marie Kay	QLD	8.33s	2012
M60	AR	Peter Crombie	NSW	7.98s		2006	W55	AR	Kathy Heagney	VIC	9.27s	2010
M65	AR	Peter Crombie	NSW	8.35s		2010	W60	AR	Kathy Heagney	VIC	9.17s	2012
M70	AR	Don Chambers	VIC	8.95s		2010	W65	AR	Noreen Parrish	QLD	9.88s	2008
M80	AR	Radovan Leovic	ACT	11.51s		2010	W70	AR	Noreen Parrish	QLD	10.31s	2012
200 METRES							200 METRES					
M35	AR	Glenn Stephens	VIC	24.00s		2006	W35	AR	Ranell Hobson	NSW	28.67s	2010
M40	AR	Ken Telfer	ACT	23.90s		2008	W40	AR	Julie Brims	QLD	26.83s	2010
M45	AR	Stephen Jones	QLD	25.63s		2010	W45	AR	#Marie Kay	QLD	25.85s	2008
M50	AR	Colin Pocklington	VIC	26.13s		2010	W50	AR	Marie Kay	QLD	27.21s	2012
M55	AR	Peter Crombie	NSW	25.30s		2004	W55	AR	Kathy Heagney	VIC	31.01s	2010
M60	AR	Peter Crombie	NSW	25.59s		2006	W60	AR	Kathy Heagney	VIC	30.60s	2012
M65	AR	Peter Crombie	NSW	26.95s		2010	W65	AR	Marge Allison	QLD	31.79s	2010
M70	AR	Don Chambers	VIC	31.00s		2010	W70	AR	Noreen Parrish	QLD	35.86s	2012
M80	AR	Radovan Leovic	ACT	41.82s		2010						
400 METRES							400 METRES					
M35	AR	Glenn Stephens	VIC	52.94s		2006	W40	AR	Marie Kay	NSW	61.58s	2004
M40	AR	Ken Telfer	ACT	52.99s		2008	W45	AR	#Marie Kay	QLD	56.99s	2008
M55	AR	Peter Crombie	NSW	57.04s		2004	W50	AR	Marie Kay	QLD	62.96s	2010
M60	AR	Peter Crombie	NSW	57.62s		2006	W55	AR	Kathy Heagney	VIC	70.74s	2010
M65	AR	Peter Crombie	NSW	62.35s		2010	W60	AR	Kathy Heagney	VIC	70.35s	2012
M70	AR	Ken Daniels	QLD	74.45s		2010	W65	AR	Marge Allison	QLD	74.05s	2010
M80	AR	Rad Leovic	ACT	88.33s		2008	W70	AR	Noreen Parrish	QLD	88.74s	2012
800 METRES							800 METRES					
M30	AR	Brendan Whelan	QLD	2m 04.24s		2008	W40	AR	Amanda Coombe	TAS	2m 33.31s	2010
M50	AR	Stuart Paterson	NSW	2m 18.25s		2008	W45	AR	Marie Kay	NSW	2m 39.79s	2006
M55	AR	Peter Hawes	QLD	2m 14.87s		2012	W50	AR	Marie Kay	QLD	2m 46.78s	2010
M60	AR	Neil MacDonald	VIC	2m 16.91s		2004	W55	AR	Kathy Heagney	VIC	2m 52.28s	2010
M65	AR	Peter Sandery	SA	2m 30.46s		2008	W60	AR	Kathy Heagney	VIC	2m 47.81s	2012
M70	AR	Peter Sandery	SA	2m 40.11s		2012	W65	AR	Marge Allison	QLD	3m 08.99s	2010
M80	AR	Rad Leovic	ACT	3m 44.71s		2008						
1000 METRES												
M50	AR	Roger Pilkington	ACT	4m 12.78s		2010						
M55	AR	John Fienieg	NSW	3m 43.62s		2012						
M60	AR	Viddy Jermacans	QLD	4m 09.49s		2010						
M70	AR	Ken Daniels	QLD	4m 40.41s		2010						
M80	AR	Rad Leovic	ACT	4m 47.96s		2008						
1500 METRES							1500 METRES					
M45	AR	John Lisiewicz	SA	4m 28.51s		2008	W40	AR	Amanda Coombe	TAS	2m 46.78s	2010
M50	AR	Stuart Paterson	NSW	4m 41.99s		2008						
M55	AR	Kevin Solomon	VIC	4m 27.49s		2004						
M60	AR	Neil MacDonald	VIC	4m 54.17s		2004						
M65	AR	Peter Sandery	SA	5m 07.61s		2008						
M70	AR	Peter Sandery	SA	5m 20.16s		2012						
M80	AR	Rad Leovic	ACT	8m 19.76s		2010						
MILE												
M30	AR	Brendan Whelan	QLD	4m 31.43s		2008						
M55	AR	Robert Pearce	SA	5m 25.02s		2008						
M60	AR	Kevin Solomon	VIC	5m 01.62s		2008						
M65	AR	Peter Sandery	SA	5m 22.70s		2008						
3000 METRES							3000 METRES					
M30	AR	Brendan Whelan	QLD	9m 02.38s		2008						
M45	AR	John Lisiewicz	SA	9m 23.74s		2008						
M50	AR	Roger Pilkington	ACT	12m 24.33s		2012						
M55	AR	Kevin Solomon	VIC	9m 30.32s		2004						
M60	AR	Kevin Solomon	VIC	10m 11.85s		2008						
M65	AR	Peter Sandery	SA	10m 36.54s		2008						
M70	AR	Peter Sandery	SA	11m 16.60s		2012						
M80	AR	Rad Leovic	ACT	15m 56.73s		2008						
60 METRES HURDLES							60 METRES HURDLES					
M55	AR	Steve McGugan	NSW	9.94s		2010	W40	AR	Marie Kay	NSW	9.71s	2004
M60	AR	Conrad Burge	ACT	9.78s		2012	W45	AR	Marie Kay	NSW	9.43s	2006
M70	AR	Don Chambers	VIC	10.54s		2010	W50	AR	Marie Kay	QLD	9.55s	2010
M80	AR	Rad Leovic	ACT	15.33s		2008	W60	AR	Wilma Perkins	QLD	10.81s	2010
							W65	AR	Marge Allison	QLD	11.05s	2010
3000 METRES WALK							3000 METRES WALK					
M40	AR	Stuart Kollmorgen	VIC	13m 41.19s		2012	W55	AR	#Lyn Ventris	WA	14m 51.24s	2012
M50	AR	Mark Donahoo 53	VIC	13m 55.43s		2012	W60	AR	#Heather Carr	VIC	15m 54.75s	2010
M65	AR	#Andrew Jamieson 65	VIC	14m 39.77s		2012	W70	AR	Lynne Schickert	WA	21m 38.23s	2012
HIGH JUMP							HIGH JUMP					
M40	AR	Howard Arbutnot	QLD	1.65m		2010	W40	AR	Irie Hill	VIC	1.52m	2010
M50	AR	Roger Pilkington	ACT	1.32m		2010	W45	AR	Marie Kay	NSW	1.51m	2006
M55	AR	John Fienieg	NSW	1.48m		2012	W50	AR	Marie Kay	QLD	1.51m	2010
M60	AR	Steve McGugan	NSW	1.33m		2012	W60	AR	Wilma Perkins	QLD	1.23m	2012
M70	AR	Ken Daniels	QLD	1.14m		2010	W65	AR	Marge Allison	QLD	1.17m	2010

M80	AR	Rad Leovic	ACT	0.99m	2008							
LONG JUMP						LONG JUMP						
M50	AR	Roger Pilkington	ACT	3.25m	2010	W35	AR	Ranell Hobson	NSW	4.43m	2010	
M55	AR	Viddy Jermacans	QLD	4.99m	2006	W40	AR	Marie Kay	NSW	5.13m	2004	
M60	AR	Viddy Jermacans	QLD	4.27m	2010	W45	AR	Marie Kay	QLD	5.57m	2008	
M70	AR	Don Chambers	VIC	3.93m	2010	W50	AR	Marie Kay	QLD	5.20m	2012	
M80	AR	Rad Leovic	ACT	3.11m	2008	W60	AR	Wilma Perkins	QLD	4.09m	2010	
						W65	AR	Marge Allison	QLD	3.13m	2010	
						W70	AR	Lynne Schickert	WA	2.68m	2012	
TRIPLE JUMP						TRIPLE JUMP						
M55	AR	Viddy Jermacans	QLD	8.88m	2006	W40	AR	Julie Brims	QLD	10.52m	2010	
M60	AR	Viddy Jermacans	QLD	8.11m	2010							
M70	AR	Don Chambers	VIC	8.24m	2010	W70	AR	Lynne Schickert	WA	5.46m	2012	
M80	AR	Rad Leovic	ACT	6.98m	2008							
POLE VAULT						POLE VAULT						
M35	AR	Warren Hill	VIC	3.00m	2004	W40	AR	Irie Hill	VIC	3.65m	2010	
M40	AR	Howard Arbuthnot	QLD	4.40m	2010	W45	AR	Dawn Hartigan	VIC	3.35m	2004	
						W60	AR	Wilma Perkins	QLD	2.40m	2010	
SHOT PUT						SHOT PUT						
M50	AR	Roger Pilkington	ACT	7.13m	2010	W40	AR	Caroline Layt	QLD	9.72m	2010	
M55	AR	Steve McGugan	NSW	8.90m	2010	W45	AR	Marie Kay	NSW	10.02m	2006	
M60	AR	Bob Banens	ACT	11.31m	2010	W50	AR	Marie Kay	QLD	12.30m	2010	
M70	AR	Don Chambers	VIC	9.98m	2010	W60	AR	Wilma Perkins	QLD	8.80m	2012	
M80	AR	Rad Leovic	ACT	7.37m	2008	W65	AR	Jan Banens	ACT	7.60m	2010	
WEIGHT THROW						WEIGHT THROW						
M50	AR	Terrence Gibbs	NSW	14.25m	2007	W40	AR	Caroline Layt	QLD	11.29m	2010	
M55	AR	Terrence Gibbs	NSW	13.90m	2010	W65	AR	Jan Banens	ACT	12.47m	2010	
M60	AR	Bob Banens	ACT	14.44m	2010							
M70	AR	Don Chambers	VIC	12.05m	2010							
M80	AR	Rad Leovic	ACT	7.52m	2010							
56LB WEIGHT THROW												
M50	AR	Terrence Gibbs	NSW	7.08m	2007							
M55	AR	Terrence Gibbs	NSW	7.00m	2010							
PENTATHLON						PENTATHLON						
M50	AR	Roger Pilkington	ACT	1,382 points	2010	W40	AR	Marie Kay	NSW	3,431 points	2004	
(60mH dnf, HJ 1.32m, SP 7.13m, LJ 3.25m, 1000m 4m 12.78s)						(60mH 9.71, HJ 1.45, SP 8.80, LJ 5.13, 800 2:57.32)						
M55	AR	John Fienieg	NSW	2,932 points	2012	W45	AR	#Marie Kay	NSW	4,312 points	2006	
(60mH 11.45s, LJ 4.57m, SP 8.51m, HJ 1.48m, 1000m 3m 43.62s)						(60mH 9.43, HJ 1.51, SP 10.02, LJ 5.41, 800 2:39.79)						
M60	AR	Viddy Jermacans	QLD	2,505	2010	W50	AR	#Marie Kay	QLD	4,758 points	2010	
(60mH 12.51s, HJ 1.28m, SP 8.06m, LJ 4.12m, 1000m 4m 09.49s)						(60mH 9.55, HJ 1.51, SP 12.30, LJ 5.16, 800 2:46.78)						
M70	AR	Don Chambers	VIC	2,990 points	2010	W65	AR	Marge Allison	QLD	3,799 points	2010	
(60mH 10.73s, HJ 1.11m, SP 8.85m, LJ 3.70m, 1000m 5m 00.31s)						(60mH 11.53, HJ 1.17, SP 6.57, LJ 3.13, 800 3:08.99)						
M80	AR	Rad Leovic	ACT	2,883 points	2008							
(60mH 15.33s, LJ 2.91m, SP 7.37m, HJ 0.99m, 1000m 4m 47.96s)												
4 x 200 METRES RELAY						4 x 200 METRES RELAY						
M40	AR	Kris Wardecki 41	NSW	1m 37.56s	2010	W35	AR	Ranell Hobson 37	NSW	2m 08.29s	2010	
		Ken Telfer 42	ACT					Kathy Heagney 59	VIC			
		Stephen Jones 46	QLD					Amanda Coombe 42	TAS			
		Andrew Wilcox 41	VIC					Caroline Layt 44	NSW			
M50	AR	Colin Pocklington 51	VIC	1m 51.99s	2010	W40	AR	Jacqueline Bezuidenhout	NSW	1m 49.98s	2008	
		Robert Pearce 58	SA					Caroline Layt 42	NSW			
		John Fienieg 55	NSW					Janet Naylor	NSW			
		Stuart Paterson 53	NSW					Marie Kay 48	QLD			
M55	AR	Wayne Marriott	NSW	2m 04.87s	2012	W45	AR	Robyn Suttor	NSW	2m 09.05s	2012	
		Stuart Paterson	NSW					Marie Kay	QLD			
		John Fienieg	NSW					Janet Naylor	NSW			
		Peter Sandery	SA					Lyn Ventris	WA			
M60	AR	Bill Carr	VIC	1m 57.95s	2012	W60	AR	Noreen Parrish 68	QLD	2m 15.78s	2010	
		Conrad Burge	ACT					Marge Allison 65	QLD			
		Steve McGugan	NSW					Lesley Hamilton 66	QLD			
		Peter Crombie 67	NSW					Wilma Perkins 60	QLD			