

**J & J Trophy**

(Highest point score at Throws Pentathlon State Championship)

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| 2007/08 |  |  |  |
| 2008/09 | Stuart Gyngell |  |  |
| 2009/10 | Ron Simcock |  |  |
| 2010/11 | Ron Simcock | M75 |  |
| 2011/12 | Keith James | M70 |  |
| 2012/13 | Gabriele Watts | W45 |  |
| 2013/14 | Caroline Layt | W45 |  |
| 2014/15 | Mary Thomas | W70 | 4031pts |
| 2016 | Ron Simcock | M80 |  |
| 2017 | Gavin Murray | M60 |  |
| 2018 | Jill Taylor | W60 |  |
| 2019 | Gabriele Watts | W50 |  |
| 2020 | Mary Thomas | W75 |  |
| 2021 |  |  |  |
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